

HOW YOUR CHILD WILL BE EATING LUNCH IN 2020-21, DURING COVID-19

Dear Parents,

With the dining world looking different in 2020, Cater To You has adjusted its food service programs. Safety and Sanitation is of utmost importance to us and the communities that we serve. It is also important to be transparent about our processes and how food will be prepared and delivered to your child safely.

SAFETY AND SANITATION

All Cater To You (CTY) staff have been trained on updated Safety and Sanitation protocols. CTY team members will be required to have their temperature checked when arriving at school, before, and after service. Should a team member register temperature, they will immediately be sent home and the school will be notified. In addition, CTY team members will always be required to wear PPE equipment.

DELIVERIES | INTERNAL FOOD PREPARATION AND TRANSPORTATION

Each delivery for the kitchen will be received outside by a designated CTY team member. Outer boxes will be disinfected before entering the building. Students meals will be prepared on site, in our kitchen space. Team members will be working in socially distant spaces whenever possible. Surfaces will be disinfected before the kitchen opens each day, in between tasks, and again before the kitchen closes each afternoon. Team members will be assigned specific tasks to minimize overlap and contact. For example, a CTY team member will be designated to deliver meals to classrooms each day.

MENUS

We have designed updated menus that are optimal for in-classroom dining. You will be provided our menu cycle in advance (see working sample attached) and will be able to pre-order lunch for the week ahead. Similar to our original dining program, there will be a wide range of options available daily. Each meal will be packaged in an individual disposable container, labeled with ingredients and allergens. Wrapped disposable utensils and a single-serve drink will also be provided. Additionally, snack will be available daily in individual packaging.

For questions or concerns regarding the information enclosed, please email operations@ctyfs.com.



MENU ROTATION

Attached is a sample four-week menu rotation*. These meals lend themselves to easy reheating and are school favorites. Please note that all special dietary concerns and allergies can be accommodated, but must be submitted in writing in advance. * Menu meals and rotation subject to product availability.



Sample Menu Lunch Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ENTRÉE	Baked Ziti	Chicken Quesadilla	Hamburger	BBQ Chicken	Grilled Cheese
VEGETARIAN ENTRÉE	Rotini with Marinara Sauce or Plain Rotini	Cheese Quesadilla	Black Bean Burger	Grilled Tofu BBQ Sauce	Grilled "Cheese" (dairy-free vegan cheese)
ENTRÉE	Quinoa and Cauliflower Meatballs with Marinara Sauce (Can be added to above entrees or as a sandwich)	Fiesta Rice Bowl with Grilled Chicken or Vegetables, Pico, Sour Cream, Cheddar Cheese, Pickled Red Onions	Cheeseburger or Black Bean Burger with Cheese	Quinoa Bowl with BBQ Chicken or BBQ Tofu, Cabbage Slaw and Pickles	Tuna Melt Wrap
ACCOMPANIMENT	Garlic Bread	Black Beans and Rice	Roasted Potatoes Wedges	Mashed Sweet Potatoes	Tomato Soup Cup
ACCOMPANIMENT	String Beans	Roasted Corn	Roasted Tri-Color Cauliflower	Broccoli	Roasted Carrots
DESSERT	Sliced Watermelon	Sliced Melon	Cubed Pineapple	Brownies	Chocolate Chip Cookies
Items Below Offered Daily					
SANDWICHES	Turkey • Ham • Sunbutter and Jelly • Bagel with Cream Cheese				
	Chicken Caesar Wrap • Grilled Vegetable Focaccia • Egg Frittata • Grilled Chicken • Caprese • Tuna Salad				
COMPOSED SALADS	Seasonal Green Salad Kale Caesar Salad with or without Chicken Cobb Salad • Tuna Niçoise Salad • Greek Salad				
GRAB AND GO	Protein Pack: Cubed Chicken, Cubed Cheese, Grapes, Whole Grain Crackers • Crudite: Peppers, Carrots, Cucumbers, Tomatoes with Hummus or Dip • Hardboiled Eggs • Yogurt Parfait • Seasonal Fruit Cup • Plain Pasta				

MENU ROTATION CONTINUED



Sample Menu Lunch Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ENTRÉE	Macaroni and Cheese	Chicken Tenders	BBQ Beef Brisket	Chicken Teriyaki Grain Bowl with Stir Fry Vegetables	Cheese Pizza
VEGETARIAN ENTRÉE	White Bean Chili	Chickpea Nuggets	Barley Risotto with Herb Pesto	Tofu Teriyaki Grain Bowl with Stir Fry Vegetables	Veggie Pizza
ENTRÉE	Pulled Pork Sandwich	Eggplant Tagine	BBQ Shredded Jack Fruit	Miso Glazed Eggplant Grain Bowl with Stir Fry Vegetables	Pepperoni Pizza
ACCOMPANIMENT	Broccoli with Garlic Oil	Oven Baked French Fries	Roasted Vegetables	Fortune Cookie	String Beans
ACCOMPANIMENT	Cole Slaw	Tomato and Cucumber Salad	Sweet Potato Mash	Asian Slaw	Tuna Salad
DESSERT	Sliced Watermelon	Sliced Melon	Cubed Pineapple	Brownies	Chocolate Chip Cookies
Items Below Offered Daily					
SANDWICHES	Turkey • Ham • Sunbutter and Jelly • Bagel with Cream Cheese Chicken Caesar Wrap • Grilled Vegetable Focaccia • Egg Frittata • Grilled Chicken • Caprese • Tuna Salad				
COMPOSED SALADS	Seasonal Green Salad Kale Caesar Salad with or without Chicken Cobb Salad • Tuna Niçoise Salad • Greek Salad				
GRAB AND GO	Protein Pack: Cubed Chicken, Cubed Cheese, Grapes, Whole Grain Crackers • Crudite: Peppers, Carrots, Cucumbers, Tomatoes with Hummus or Dip • Hardboiled Eggs • Yogurt Parfait • Seasonal Fruit Cup • Plain Pasta				



Sample Menu Lunch Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ENTRÉE	Cheese Tortellini with Marinara	Beef Enchilada Casserole	Roast Turkey with Gravy	Chicken Cutlet Milanese	Chicken Pesto and Mozzarella Panini
VEGETARIAN ENTRÉE	Plain Pasta with Broccoli	Vegetable Enchilada Casserole	Portobello Mushroom Steak with Gravy	Creamy 3-Bean Stew	Tomato, Mozzarella and Pesto Panini
ENTRÉE	Meatballs with Marinara Sauce	Vegetarian Stuffed Pepper topped with Cheddar Cheese	Cheese and Black Bean Quesadilla	Vegetarian Farrotto	Lenil Soup
ACCOMPANIMENT	Glazed Carrots	Roasted Corn	Mashed Potatoes	Herbed Orzo	String Beans
ACCOMPANIMENT	Parmesan Garlic Bread	Guacamole, Pico de Gallo, Sour Cream	Broccoli	Roasted Tri-Color Cauliflower	Potato Chips
DESSERT	Sliced Watermelon	Sliced Melon	Cubed Pineapple	Brownies	Chocolate Chip Cookies
Items Below Offered Daily					
SANDWICHES	Turkey • Ham • Sunbutter and Jelly • Bagel with Cream Cheese Chicken Caesar Wrap • Grilled Vegetable Focaccia • Egg Frittata • Grilled Chicken • Caprese • Tuna Salad				
COMPOSED SALADS	Seasonal Green Salad Kale Caesar Salad with or without Chicken Cobb Salad • Tuna Niçoise Salad • Greek Salad				
GRAB AND GO	Protein Pack: Cubed Chicken, Cubed Cheese, Grapes, Whole Grain Crackers • Crudite: Peppers, Carrots, Cucumbers, Tomatoes with Hummus or Dip • Hardboiled Eggs • Yogurt Parfait • Seasonal Fruit Cup • Plain Pasta				

MENU ROTATION CONTINUED



Sample Menu Lunch Week 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ENTRÉE	Manicotti with Marinara Sauce	General Tso's Chicken	Beef and Cheese Burritos	Mediterranean Chicken	Cheese Pizza
VEGETARIAN ENTRÉE	Vegetable Stuffed Pepper	General Tso's Cauliflower	Black Bean & Cheese Burritos	Mediterranean Chick Pea Stew	Vegetable Pizza
ENTRÉE	Plain or Whole Grain Pasta	Vegetarian Fried Rice Bowl	Chicken and Cheese Burritos	Homemade Falafels	Buffalo Chicken Pizza
ACCOMPANIMENT	Sautéed Vegetable Medley	Steamed Broccoli	Guacamole, Pico de Gallo, Sour Cream	Roasted Acorn Squash	Basil, Zucchini & Squash
ACCOMPANIMENT	Garlic Bread	Brown Rice or Asian Apple and Mango Slaw	Tortilla Chips	Pita Bread Tatziki Sauce	Crudité and Dip
SPECIAL SANDWICH OF THE DAY	Chicken Caesar Wrap	Grilled Vegetable Focaccia	Vegetable and Cheese Burritos	Tuna Salad	Caprese Sandwich Tomato - Mozzarella - Basil Pesto
DESSERT	Sliced Watermelon	Sliced Melon	Cubed Pineapple	Brownies	Chocolate Chip Cookies
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SANDWICHES	Turkey • Ham • Sunbutter and Jelly • Bagel with Cream Cheese				
	Chicken Caesar Wrap • Grilled Vegetable Focaccia • Egg Frittata • Grilled Chicken • Caprese • Tuna Salad				
COMPOSED SALADS	Seasonal Green Salad Kale Caesar Salad with or without Chicken Cobb Salad • Tuna Niçoise Salad • Greek Salad				
GRAB AND GO	Protein Pack: Cubed Chicken, Cubed Cheese, Grapes, Whole Grain Crackers • Crudite: Peppers, Carrots, Cucumbers, Tomatoes with Hummus or Dip • Hardboiled Eggs • Yogurt Parfait • Seasonal Fruit Cup • Plain Pasta				