

Dear Parents,

The Barbers Hill ISD Athletic Department would like to thank you for taking the time to complete the UIL and Barbers Hill ISD required forms to participate in the athletic program. All student athletes 7-12th grade are required to fill out and submit these forms online prior to each school year.

Barbers Hill ISD and the UIL require the parent/legal guardian to complete the following electronic forms. Students that will participate in athletics each school year are required to complete all forms. Parents and students are required to read the UIL forms as they pertain to them.

This year's paperwork will be completed online to make the process convenient for all families. Parents will sign and submit forms electronically through the Rank One Sport program.

The only required form that cannot be electronically submitted is the annual Medical History and possible Physical exam.

Parents will be able to print a physical and medical history during the electronic session. The UIL has changed the rule for Pre Participation Physical Evaluations for the 2020-2021 school year due to Covid-19. If your student participated in athletics in BHISD during the 19-20 school year they MAY not need a physical exam this year.

Incoming 7th grade students and any student without a physical on file from the 19-20 school year will need to complete the medical history and physical exam for participation in athletics.

Returning BH students entering grades 8-12 with a physical on file from the 19-20 school year will fill out the medical history portion of the exam. If your child answers "YES" to any portion of the questions marked 1-6 or the box regarding ECG (electrocardiogram) testing on the form they will need to see a physician, physician assistant, nurse practitioner or chiropractor and have the physical portion completed and signed by the chosen medical practitioner.

Please make sure the parent/guardian and the student sign and date the medical history form at the bottom of the page. The physical must be dated after May 1, 2020.

The physical and medical history will be turned into the athletic trainers at the high school or the coach of your son/daughter at the middle schools before they will be allowed to participate in any athletic activity, including try-outs. All other paperwork must be submitted electronically thru Rank One Sport before they will be allowed to participate.

Barbers Hill will require yearly physical exams after the Covid-19 crises resolves.