St Louis U High Jr. Bills Cross Country
Metro Invitational @ Jeff. Barracks 10-11-96

Name	Level	Place	1 mi time	2 mi time	3.1 mi time	1st mi pace	2nd mi pace	3rd mi pace	Comments
Top Seven									Sunny, 65 degrees
Luke Schulte	V	37	5:21	11:07	17:49	05:21	05:46	06:05	medalist
John Ramsey	V	44	5:24	11:16	18:02	05:24	05:52	06:09	medalist
Scott Lauer	V	47	5:29	11:19	18:05	05:29	05:50	06:09	
Alex Spieser	JV	5	5:35	11:31	18:11	05:35	05:56	06:04	medalist
Tim Blessing	V	54	5:29	11:33	18:15	05:29	06:04	06:05	
Matt Schaefer	V	58	5:35	11:36	18:17	05:35	06:01	06:05	
Matt Crow	JV	7	5:30	11:30	18:22	05:30	06	06:15	medalist
Second Seven									
Ryan Monahan	V	64	5:40	11:38	18:25	05:40	05:58	06:10	
Sean Burns	JV	11	5:39	11:41	18:30	05:39	06:02	06:12	medalist
Greg Leuchtmann	JV	13	5:42	11:43	18:37	05:42	06:01	06:16	medalist
Jon McGinnis	JV	15	5:39	11:38	18:40	05:39	05:59	06:24	medalist
Dan Westlund	C	5	5:37	11:41	18:43	05:37	06:04	06:24	medalist
Ted Snodgrass	C	8	5:40	11:49	18:46	05:40	06:09	06:19	medalist
Murphy O'Brien	C	6	5:44	11:49	18:46	05:44	06:05	06:19	medalist
Add. Finishers									
Matt Nischwitz	V	93	5:43	11:54	18:58	05:43	06:11	06:25	
Phil Kopf	JV	25	5:33	11:50	19:01	05:33	06:17	06:32	medalist
Ben Klein	JV	27	5:39	11:56	19:05	05:39	06:17	06:30	
Ben Caldwell	JV	28	5:56	12:01	19:06	05:56	06:05	06:26	
Eric Grunzinger	JV	33	5:57	12:12	19:11	05:57	06:15	06:21	
Phil Rutterer	JV	36	5:54	12:08	19:15	05:54	06:14	06:28	
John Senn	JV	42	5:45	12:10	19:22	05:45	06:25	06:33	
Tim Huegerich	C	20	5:58	12:20	19:37	05:58	06:22	06:37	medalist
John Ebel	JV	55	5:54	12:18	19:44	05:54	06:24	06:45	
Noah Ruddy	JV	60	5:52	12:24	19:48	05:52	06:32	06:44	
Jon Biscan	JV	73	6:05	12:35	20:04	06:05	06:30	06:48	
Chris Abbott	JV	74	5:52	12:31	20:06	05:52	06:39	06:54	
Dan Graesser	C	35	6:04	12:45	20:14	06:04	06:41	06:48	
Mark Monda	C	38	5:57	12:36	20:21	05:57	06:39	07:03	
Kevin Kovarik	JV	87	6:05	12:49	20:25	06:05	06:44	06:55	
Nick Hilliard	JV	89	6:16	13	20:30	06:16	06:44	06:49	
Matt Solberg	C	43	6:15	13	20:37	06:15	06:45	06:55	medalist
Frank Niesen	JV	107	6:05	13	20:52	06:05	05:55	07:09	
Jim Moran	C	61	6:14	13:06	21:09	06:14	06:52	07:19	medalist
Marty Koehler	JV	118	6:32	13:22	21:09	06:32	06:50	07:05	
Matt Donaldson	JV	119	6:18	13:16	21:13	06:18	06:58	07:14	
David Nischwitz	C	74	6:35	13:36	21:38	06:35	07:01	07:18	
Steve DuMontier	C	81	6:39	13:46	21:59	06:39	07:07	07:28	
Chad Nolan	JV	150	6:50	14:05	22:10	06:50	07:15	07:21	
Tim Ferrell	JV	157	6:42	14:05	22:20	06:42	07:23	07:30	
Hamilton Callison	C	89	6:44	14:02	22:21	06:44	07:18	07:34	
Andy Denny	C	94	6:45	14:08	22:36	06:45	07:23	07:42	
John Zakibe	C	98	7:07	14:28	22:52	07:07	07:21	07:38	
Dan Bedard	C	106	6:42	14:57	23:30	06:42	08:15	07:46	