



SLUH

CROSS COUNTRY

2017 Team Schedule

2016: Conference & District Champions, State Qualifier

Day	Date	Meet	Levels	Location	Time
M.	7/31	First Day of Practice	All	SLUH	8:00am
S.	8/5	Alumni Race	All	SLUH Track	11:00am
W.	8/30	O'Fallon Futures Invitational	B, C	O'Fallon (Milburn)	4:15pm
S.	9/2	Granite City Invitational	V, JV, B/C	Wilson Park	9:10am
S.	9/9	Forest Park XC Festival	V, JV, C	Forest Park	10:05am
S.	9/16	Paul Enke Invitational	V2, JV, C	Sioux Passage	9:00am
S.	9/23	Hancock Invitational	V2, JV, C	Jefferson Barracks	8:30am
S.	9/23	Palatine Invitational	V, JV	Palatine, IL	10:50am
S.	9/30	Parkway West Invitational	V, JV, B, C	Living Word Church	9:00am
S.	10/7	M.C.C. Championship	V, JV, C	Forest Park	9:00am
S.	10/14	Borgia Invitational	V2, JV, C	Big Driver Golf Center	8:30am
F.	10/20	Clayton Invitational	V2, JV	Shaw Park	3:45pm
S.	10/21	District 3 Championship	V	Koch Park	9:00am
W.	10/25	Findley Memorial Invitational	JV, C	Jefferson Barracks	4:15pm
S.	10/28	Sectional 2 Championship	V	Parkway Central H.S.	10:30am
S.	11/4	State Championship	V	Oak Hills (Jeff. City)	12:30pm
Su.	11/12	NXN Regional*	V	Terre Haute, IN	T.B.A.
Tu.	11/14	Team Banquet	ALL	SLUH (Si Commons)	6:00pm

Times listed are for our first race of the day. Coaches will confirm all race times and rosters at least a week in advance. Check Twitter, email, and the team website for further information. Contact the coaches if you aren't receiving team emails.

Head Coach: Joe Porter
Assistant Coaches: Tom Flanagan, Brian Gilmore, Rich Esswein, Michael Swan, Emmett Conlon
President: Mr. David Laughlin
Principal: Fr. Ian Gibbons, S.J.
Athletic Director: Mr. Chris Muskopf
XC Office Hotline: 314-531-0330 ext. 2262
SLUH XC Team Website**: www.sluh.org/athletics/teams/cross-country/
Follow us on Twitter: @sluhxctrack
Follow us on Instagram: sluhxctrack

* The team at the NXN Regional would compete as the St. Louis XC Club and will not be directly affiliated with SLUH.

