

June 2020

## **MEDICATION POLICY REMINDERS**

I want to touch on a few items that need to be addressed for the 2020-2021 school year.

Handling of medications continues to be a top priority in the school Health Center. Please remember the medication policies that have been in effect for the past year.

- 1) <u>Actual medications will not be accepted at the Health Center from parents or</u> students. <u>Written prescriptions</u> must be mailed to the Health Center at least two weeks before the start of the school year. These will be filled by a local pharmacy and billed to the insurance carrier of record for each student; copays will be billed through the student's account or by credit card, at the parents' discretion. Overrides for controlled substances should be discussed with the prescribing physician and the pharmacy here in Watertown.
- 2) The Health Center will not send medications back and forth during holidays and breaks. Students must have a separate supply of the medications at home to cover their time away from Taft. The Health Center will make no exceptions.
- 3) In preparation for summer, please plan to pick up your child's remaining medications and any written prescriptions at the end of this school year. This allows you to have a supply at home for summer and for breaks throughout the upcoming year. Any remaining written prescriptions that have not been picked up in June will be sent home; any remaining actual medications will be destroyed.

Another important issue is current, updated physicals and immunizations. Each student must have a yearly physical, which must be renewed within 13 months of the prior year's physical. Without this, students will not be allowed to participate in any extracurricular activities.

Finally, all students must have health insurance that is recognized by local Connecticut hospitals and physicians.

Thank you for your attention to these matters. If the Health Center can help facilitate compliance with these policies, please do not hesitate to ask.

Have a wonderful break.

Sincerely,

Diane L. Fountas, M.D.

Medical Director, Martin Health Center