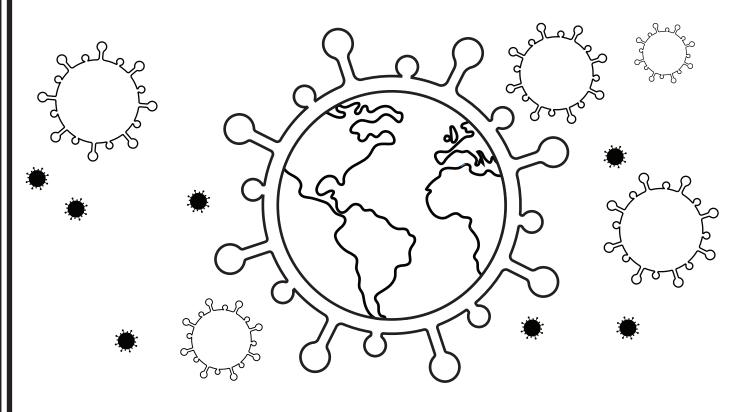
# COVID-19 TIME CAPSULE



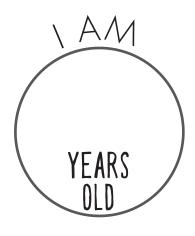
BY:

#### YOU ARE LIVING THROUGH HISTORY RIGHT NOW

#### TAKE A MOMENT TO FILL IN THESE PAGES FOR YOUR FUTURE SELF TO LOOK BACK ON. AND HERE ARE SOME OTHER IDEAS OF THINGS TO INCLUDE:

BACK OIN. AND HERE ARE SOME OTHER	IDLAS OF THINGS TO INCLUDE.
SOME PHOTOS FROM THIS TIME A JOURNAL OF YOUR DAYS LOCAL NEWSPAPER PAGES OR CLIPPING	<ul><li>□ ANY ART WORK YOU CREATED</li><li>□ FAMILY / PET PICTURES</li><li>□ SPECIAL MEMORIES</li></ul>
DRAW A PICTURE OF THE PEOF	PLE YOU ARE SOCIAL DISTANCING WITH HERE

#### VOALL ABOUT ME & V







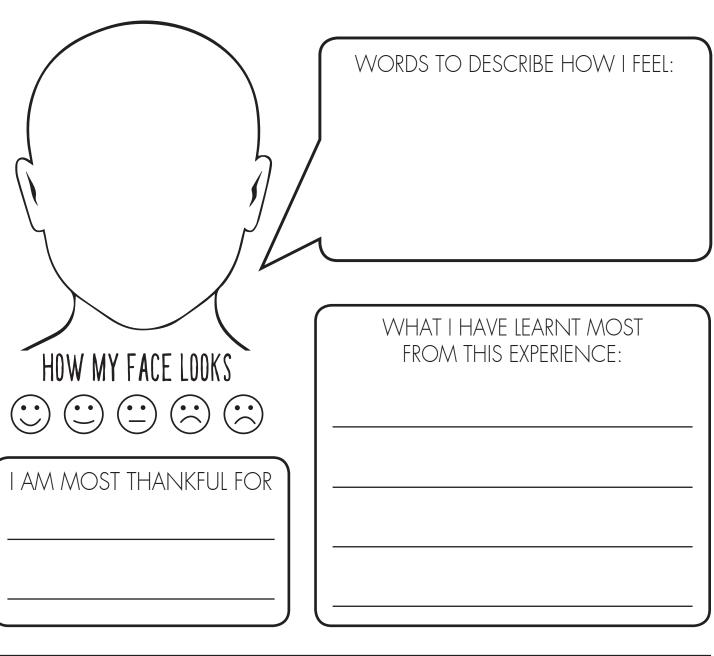


MY FAVOURITES
TOY:
COLOUR:
ANIMAL:
FOOD:
SHOW:
MOVIE:
BOOK:
ACTIVITY:
PLACE:
SONG:

	MY	BEST	FRIEND/S:
_			
_			

	WHEN		GROW	UP	WANT	TO	BE:

#### HOW PM FEELING



## 

#### MY GOMMUNITY



WHERE I AM LIVING DURING THIS TIME:

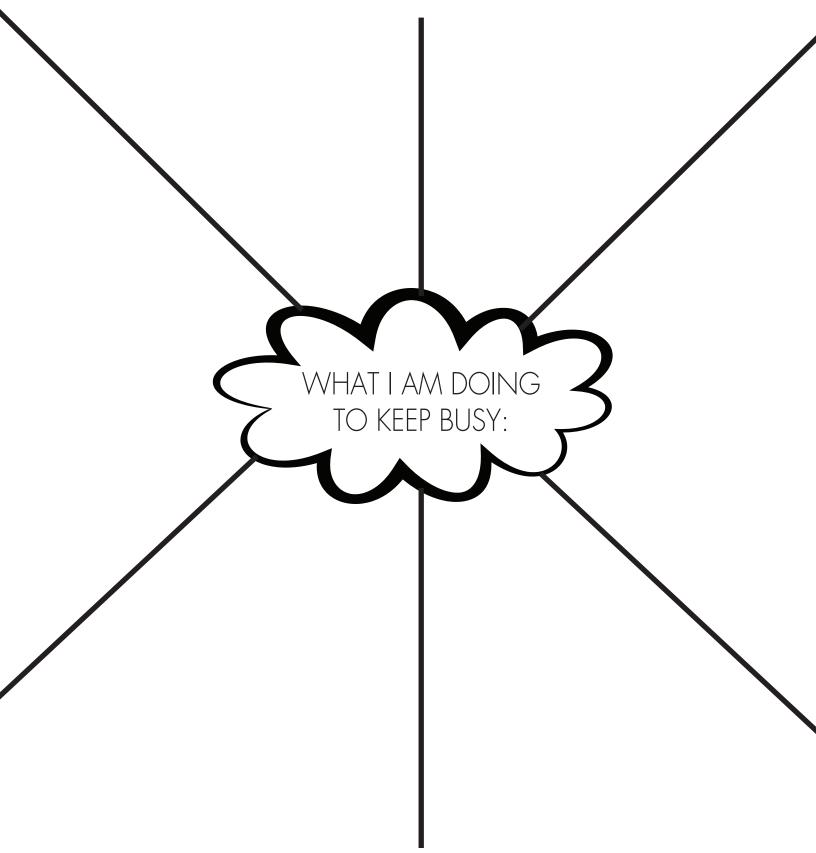


WHAT THINGS ARE YOU DOING TO HELP FEEL CONNECTED/HAVE FUN OUTSIDE (e.g hearts in windows, chalk notes on sidewalk, etc)

HOW ARE YOU CONNECTING WITH OTHERS?



### YOU ARE NOT STUCK AT HOME. YOU ARE SAFE AT HOME!





#### SPECIAL OCCASIONS

WHAT OCCASIONS DID YOU CELEBRATE DURING THIS TIME? WRITE THE LIST DOWN HERE AND WHAT YOU DID TO CELEBRATE (E.G. ST. PATRICK'S DAY, EASTER, BIRTHDAYS, ANNIVERSARIES)

EVENT	DATE	HOW YOU CELEBRATED

#### LETTER TO MYSELF

DEAR,	
LOVE,	

#### INTERVIEW YOUR PARENTS

WHAT HAS BEEN THE BIGGEST CHANGE?

HOW ARE YOU FINDING HOMESCHOOLING?



HOW ARE YOU FEELING?

YOUR TOP 3 MOMENTS FROM THIS EXPERIENCE:

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3.

WHAT ACTIVITIES/HOBBIES HAVE YOU MOST ENJOYED DOING?

WHAT ARE YOU MOST THANKFUL FOR?

WHAT TV SHOW YOU WATCHED : \_\_\_\_\_

YOUR NEW FOUND FAVOURITE INSIDE FAMILY ACTIVITY:

FAVOURITE FOOD TO BAKE:

FAVOURITE TIME OF DAY: \_\_\_\_\_

GOAL/S FOR AFTER THIS:

#### LETTER FROM YOUR PARENTS

D = 4 B	
DEAR,	
LOVE,	