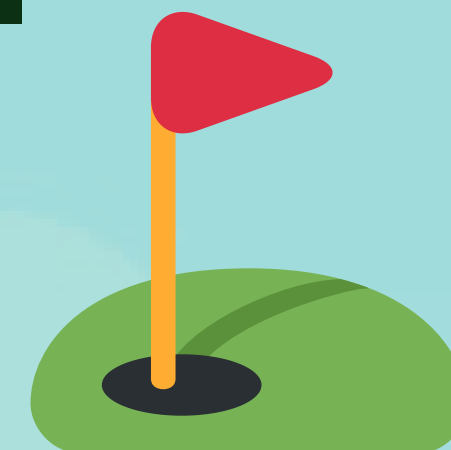




Zone Ball

How to set up?

- Start with marking your teeing off point (an area / line you will hit your shots from).
- Prepare 5 items - these could be for example plastic cones, soft toys, toilet roll, rolled socks etc.
- Put them in a straight line next to each other 2 metres away from your teeing off line.
- Be creative - you can play with a golf club or - a mop, a broom, a tennis racquet, a frying pan, a plastic bottle or whatever you think may be suitable. Use any ball - golf ball, tennis ball, table tennis ball, spongy ball, pair of rolled socks or a paper ball.



How to play?

- Practice by hitting the ball, so it hits your items - one at a time.
- Once you've hit your item run to collect your ball and bring back the object you've just hit.
- Come back to the teeing off line and continue until all the items have been hit.
- This is a putting game, so your ball should roll on the ground.
- If you're using your golf club this should be your putter.

How to compete and score points?

- Get your stopwatch or your timer ready and make sure it measures 2 minutes.
- Stand at your teeing off point ready to go.
- When time starts, start hitting your items. Remember to run and bring back your ball and the object you've hit each time.
- If you've managed to hit all the items before the end of your 2 minutes' slot, run to re-set them up and continue to play.
- You can re-set your objects as many times as you want before the 2 minutes slot ends.
- You get 2 points each time you hit each item. How many points can you score over the period of 2 minutes?
- Use the link next to the video to submit your score!

Safety!



Make sure you are away from any objects that may break and that nobody is standing in front, behind or next to you, so they do not get hit. This is very important, so do not start playing until you've checked!

