

## Your Son's Health is Important to Us!

### MEDICAL FORMS

A yearly **Preparticipation Physical Evaluation** is required every year. Forms can be found under Medical Forms on the Parents page of [delbarton.org](http://delbarton.org). Please schedule your son's physical exam for the 2020-21 school year **between February 1 and July 1, 2020**. All students in all grades must have all required medical forms uploaded to our health information system, Magnus (along with all financial obligations from 2019-20) completed **before July 1, 2020** to receive 2020-21 class schedules and a Fast Pass link to order textbooks with free shipping.

### SPECIAL NEEDS

If your son has been diagnosed with asthma, diabetes or another condition that requires medication at school, enter this information in **MAGNUS** and upload the Asthma Action Plan or other medical care plan as directed. We recommend that he keep extra medication in the Health Office. Please label all inhalers and medications with your son's name.

### ALLERGIES

If your son has life-threatening allergies, please upload a completed "Food (or other) Allergy Plan" (FARE). We encourage all students with food allergies or special dietary needs to download the free Sage Dining Services app which offers weekly menus, ingredients and nutritional information. Contact Sage Dining Manager Steven Reader at (973) 435-0924 or [S0069@sagedining.com](mailto:S0069@sagedining.com) if your son has special dietary needs not currently met by Delbarton foodservice options. The Daily Menu is posted on our website in the Student Life section under SAGE Dining. Your son must ALWAYS carry both his Epipens/Auvi-Q at school, on field trips and at extracurricular events. In addition, please share MD notes and a back-up Epipen with the Health Office.

### MEDICATIONS

An updated medication request form must be completed and uploaded to MAGNUS for each student every year to cover over-the-counter medications such as Advil and Tylenol. If your son takes a daily medication, please provide the nurse with a sufficient supply.

### INJURIES AND CONCUSSIONS

If your son has an injury or a concussion, please notify the nurse *immediately* and share any MD notes and recommendations. We are eager to help him fully recover. Delbarton carries secondary insurance that may cover costs not covered by your primary insurance. Students on crutches may not go to the cafeteria for lunch, but must eat in the nurse's office.

Thank you for your cooperation, and please do not hesitate to contact me at [dmcauliffe@delbarton.org](mailto:dmcauliffe@delbarton.org) or (973) 538-3231 X3080 if you have any questions or concerns.

Deirdre McAuliffe, RN