



The Garlough Gazette



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Dear Garlough Families,

NO SCHOOL – 5 day weekend !

January 17, 20, 21



Beginning of 3rd Quarter

WOW, unbelievably, we are entering the 3rd quarter of the school year, which means we are officially ½ way through the 2019 – 2020 school year. Reflecting back on the beginning of the school year, what expectations of yours have we met, and what expectations have we NOT met yet? Please feel free to share these expectations with me or your child’s teacher. We are always striving to be the best we can be, and if we are “missing the mark” we definitely want to know! We look forward to your feedback.

CONFERENCES

Our winter conferences are just a couple of weeks away. This is the last scheduled set of conferences for the school year. Now is the time to begin thinking about what questions you want answered from the teacher or what information you want to share with your child’s teacher. If you want to know if your child is performing at grade level, and you are unsure toward the end of the conference, please ask. If your child is achieving below grade level expectations, often the teacher will provide you with a couple ideas that you can do with your child in the car or while you are preparing a meal. It is not always necessary to set aside a specific time to sit down with your child and practice counting for instance. Just make use of time in other situations in a new way.

Important Dates to Remember

- January 17 No School – Teacher Professional Dev
- January 20 No School – MLK Day
- January 21 No School – End of 2nd Quarter
- January 22 Beginning of 3rd Quarter of school
- January 23 Kindergarten Registration 4:30-6pm
- January 27 **STRIVE** this is a 5-day week
- January 29 School Sealants available at school
- January 30 **Conferences 3- 8pm**
- February 3 **STRIVE** this is a 5-day week
- February 4 **Conferences 3 – 8pm**

Phenology Fun

4th Week in January

The first cardinal song is typically heard BEFORE January 20th. A small percentage of Minnesota’s American robins don’t migrate south, they are super-adapters who spend the winter in low swampy areas where they avoid cold winds. They like to feed on crabapple trees in residential areas.

Give Kids a Smile

It is time to call and make your appointment for free dental care through Give Kids a Smile. Call 1-800-543-7709 to get information on participating providers, then call the provider and make an appointment. The free dental care will be provided on Friday and Saturday, February 7th and 8th.

HABITS

Old habits are hard to break. New habits are easier to learn when they are connected to an already established habit. As adults (principal, teacher, parent) we are modeling our habits for our students and children. Do you have a habit of a consistent bedtime, wake up time, night routine or morning routine? If you do, your child probably does too. We know routines at school and in our lives reduces stress, because we know what to expect. I have a very strict routine. I go to bed at 8pm, get up at 4am, go work-out and come to school. If I plan for a change in routine (ie: attending a School Board Meeting or going out to dinner) I know I will be tired, and I can deal with that. If something unexpected happens, (ie: bad traffic) I get stressed out.

If you “drop off” your child for school and don’t like waiting in line, or tend to be late, what small tweek in your routine can you make to get to school a little earlier to avoid the rush or to drop off your child by 7:40am? We continue to strive to have all students in the classroom at 7:45am! Most students would prefer to be at school on time, rather than having to check-in.

As adults, we are modeling for our children and students 24/7. What habits help you as an adult be successful and calm? What habits help your child be successful and calm?