2019 2020 2020 RESILIENCE

RESILIENCE

Foreword from the Director

|rə'zilyəns |

Dear HIS Community and Friends,

Congratulations to all on another successful year at HIS. And what a year it has been! What started out as another year of progress and growth, suddenly became a year of challenging uncertainties and unpredictable futures as the COVID-19 outbreak changed our realities at home, school and around the world.



And yet, together we faced these challenges, we recovered quickly, and we overcame the difficulties together. The theme of this yearbook is 'Resilience,' and over the course of our yearlong journey, we came together as a school community to complete a most remarkable and extraordinary year. This Yearbook tells the story of our initial pursuit of continued excellence, our sudden resolve to overcome new challenges, and a victorious resumption of celebrations and accomplishments to close the year: a fantastic recap from start to finish and a testament of the resilience of the HIS community.

Since 2002, HIS has been an ever-growing school with ever-growing programs and an ever-growing student population. Now into our 18th year, HIS has grown to over 690 students representing over fifty nationalities. Diversity and internationalism at HIS are as strong as ever. As we have grown and diversified, we have learned to face challenges together and embrace the opportunities of being a community-centered school. While COVID-19 may have shut down our campus, we continued to thrive as learners and continued to look for ways to work together. On May 19, 2020, we reopened our HIS campus back to all grade levels. It will be a day we all remember. We had all waited so long for the re-opening but we demonstrated our resilience as we confronted the uncertainties and then came back ready to move forward 'Stronger Together!'

I wish all of our graduates of the Class of 2020 great happiness and continued success in their life pursuits. And I want to thank all of our dedicated teachers, parents, and students for many more wonderful memories. No doubt some of you will be leaving us at the end of this year. I wish you all the best and hope you will find your new home as equally warm and caring as at HIS. For those returning next year, we look forward to celebrating our 19th year in Hangzhou and creating many more memories to come. As always, remember: Once a Dragon, Always a Dragon!

Enjoy the pages that follow and be proud of what you have accomplished this year – the continuing resilience of HIS!

All the Best, Jeffry R. Stubbs HIS Director



Administration |



Jeffry Stubbs Director



Jessamine Koenig Upper School Principal



Patricia Long Upper School Vice Principal



Julie Terry Lower School Principal



Ben Milburn Lower School Vice Principal



John Koski Lower School Vice Principal



Filipe Nogueira
Director of Athletics
& Activities and P.E.



Karl Suits
Director of
Technology



Andrea Stubbs
Director of Admissions &
Community Relations

Lower School Faculty



Tessa Cushman Early Years



Emma John Early Years



Maria Du Pleiss Early Years



Karima Bencheikh Early Years



Jacqueline Cloete
Pre-Kindergarten



Glynis Whitehorn Pre-Kindergarten



Cassie Franklin Pre-Kindergarten



Andrea Edwards
Pre-Kindergarten



Lisa Bistretzan Kindergarten



Sarah Scanzoni Kindergarten



Kellie Kolde Kindergarten



Ruan Cloete Kindergarten



Cilla Giannopoulos Bethany Ragains Grade 1



Grade 1



Faye Little Grade 1



Jacquelynn Williamson Grade 1



Brianna Riani Grade 2



Sean Doohan Grade 2



David Young Grade 2



Kathryn Hester Grade 2



Heather Plotz Grade 3



Jonathan Stringfellow Abbey Ehling Grade 3



Grade 3



Thomas Gilbert Grade 3



Kaitlin Hooper Grade 4



Simon Dobson Grade 4



Bonnie Wilson Grade 4



Cameron Burns Grade 4



Katie Doherty Grade 5



Erin Rocha Grade 5



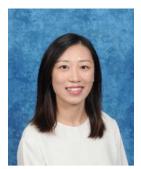
Joanna Burns Grade 5



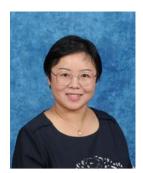
Matthew Cushman Grade 5



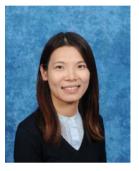
Sam Bateman Head of Mandarin



Melanie Lu Mandarin Lang.



Lily Zhou Mandarin Lang.



Amy Yi Mandarin Lang.



May Peng Mandarin Lang.



Lucia Wu Mandarin Lang.



Louise Zhu Mandarin Lang.



Joy Myers Music



Sherry Li Rhythm & Movement



Jacqueline Caraglior Art



Zoë Woodcock STEAM Coord.



Michelle Dierker Library Media Specialist



Beatriz Lopez Head of ESOL



Patricia Shomo ESOL



Lainie Chandler ESOL



Andrew Lawrence ESOL



Diana Rehfeldt Student Support Coord.



Jennifer Widi Student Support



Barbara Armstrong Speech & Lang. Therapist

Upper School Faculty



Matthew Baxter
Library Media Specialist
& MYP Projects Coord.



Philip Bistretzan
Science



Andrew Brown
Design



Suzanne Brown English Lang. & Lit. and Social Studies



Danielle Bowers English Lang. & Lit.



Marisa Confait English Lang. & Lit.



Aaron Foster Science



Katherine Foster English Lang. B



Andrew Haltom
Social Studies



Kyle Kresge Music



Simon Lamplugh
Mathematics



Mike Long Mathematics



Lily Lin Chinese Lang. B



Maneesha Maingot Student Support



Alex May Mathematics



Nora May Health Education



Ellie Mockler Drama & Visual Arts



Rachel Pekin College Counselor & Student Support



Chaddwick Plotz Social Studies



Andres Sanchez Spanish and French Lang. B



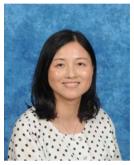
Jamie Sanchez Visual Arts



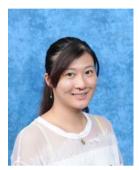
Natalie Stowell English and Spanish Lang. B



Terry Strombeck Social Studies



Jenny Wang Chinese Lang. & Lit.



Vivian Wang Aquatics Instructor



Christopher Widi Science



Jennifer Widi Social Studies



Yoyo Zhang Chinese Lang. B



Amber Zhu Chinese Lang. B

Co-Teachers



Caelyn Chen



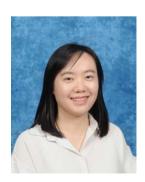
Yolanda Chen



Yanni Liu



Bella Mao



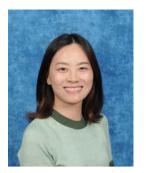
Zoe Qin



Andrea Shen



Misha Sheng



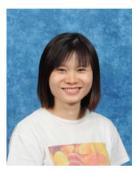
Sunny Sun



Avery Zhang ESOL



Mia Zhou ESOL



Julie Zhu

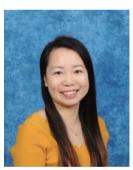
Office Staff



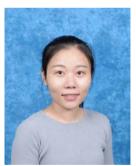
Peggy Pan **Director Secretary**



Kerri Liang Admissions Secretary Lower School Secretary



Lily Fan



Alice Zhang Upper School Secretary



Tracy Zhu Transportation

Teaching Learning Assistants



(From left to right)

Front row: Anna, Ivy, Sissie, Emma, Vicky, Alpha, Eunice Back row: Canny, Summer, Tracy, Cynthia, Amy, Leo, Donal



Cao Guizhen, Han Caixia, Han Yongfu, Han Zhiming, He Guixian, Huang Xueyun, Kong Meijuan, Li Shuangyan, Lu Wenliang, Tang Guolian, Tang Zhongxiang, Wang WeiFang, Xu Guiqing, Xu Yuemi, Yang Honghua, Yang Xiaoxiang, Yu Faiqiao, Yu Liqiao, Yu Liming, Yan Lvlin, Zhang Jinmei, Zou Shufeng

Lower School



A note from Ms. Julie Terry Lower School Principal



When we reflect on this academic year, much of it will feel like a blur, with many of the normal events and happenings taking a backseat while new experiences took their place. We are all going to remember the year 2020, not least because of the challenges we have encountered during the COVID-19 pandemic.

We have all needed to be resilient this year in many ways; learning how to manage the changes to our routines and expectations; toughing it out when we didn't know what was going to happen; being apart from loved ones, friends and family; and finding new ways to learn, engage and grow.

Resilience is the ability to mentally or emotionally cope with a crisis. Resilience exists when people control their thoughts and behaviours to protect themselves from stress. I have always found that managing expectations is a big part of this process and I have had many conversations with colleagues, friends and family this year about plans, hopes and dreams that have needed to be postponed until a later date.

It is easy to feel down when things don't go your way, but as Einstein once said, "In the middle of difficulty lies opportunity". In order to thrive in or after a crisis, it is important to look for the unexpected opportunities in what seems like a sea of disappointment. Do not underestimate the great things that can come from unexpected events or happenings.

LS







Chen, Hemi Durix, Leo Liu, Aria Liu, Chloe

Milburn, Sienna Raniwala, Kabir Wang, Lancen Wu, Yao-Dong

Xia, Maisie Xie, Jaynean

Liu, David Lohaus, Daniel Paul, Kiara Pieronek, Alena

Qi, Elyn Wang, Yu-Ching Wang, Lucius Xu, William

Zhang, Max



































"It always seems impossible until its done."

Nelson Mandela







Ms. Tessa & Ms. Sunny







Chang, Rachel Chen, Jocelyn Feng, Boysen Hadfield, Eleanor

Kent, Lila Li, Benjamin Li, Hubert Liu, Dylan

Lou, Mike Lu, Felicity Wu, Erin

























"Play is the highest form of research." **Albert Einstein**



Ms. Maria & Ms. Zoe



Bai, Jackson Chen, Evelyn Chen, Vivian Fatima, Manha

Jiang, Aaron Kent, Cora Li, Henry Wu, Steven

Yang, Angela Zhao, Nicole

Not Pictured: Loof Ponce, Luciano

























"While we try to teach our children about life, our children teach us what life is all about ."

Angela Schwindt











A note from Mr. Ben Milburn Lower School Vice Principal



When I first saw that 'resilience' would be the title it immediately made me think about my new interest – running. John Keenan is a running and mental skills coach and explains that "Resilience is withstanding or even thriving on stressors and highlights the four most common issues – and therefore resilience-building opportunities as injury, performance slumps, illness and career transitions."

Already, I have experienced all of these factors to varying degrees and only a few weeks into my training had to pull out of a trail race after my knee seized up. At the time I found this hugely disappointing until I later realized that I had pushed my body to a point that it simply wasn't ready for. After research, mental preparation and better planning in the form of specific exercises, better nutrition and more meticulous goal planning – I was soon back out running and effectively training my body and mind to become more resilient.

Since then I have run nearly 2,000Km without injury and with a much better sense of how to build your body for a physical challenge over time. There are times where I want to get close to that breaking point simply to challenge myself and to become more resilient. Running serves as a great example for me personally but it could be how you approach an academic subject, other sports, challenges or simply some aspect that you want to improve in your life. My advice would be to find somewhere that you can plan it out and see it visually each day so that you can develop belief, strategize how you can accomplish your goal and this will help to prepare you for the moment that you will need to be resilient in order to overcome a challenge and move closer to reaching your goal.

LS



Every great dream begins with a dreamer. Always remember, you have within you the strength, the patience, and the passion to reach for the stars to change the world." **Harriet Tubman**









Chen, Asher Chin, Vincent Guo, Ammer Kitano, Yuna

Lin, Mark Liu, Alisa Liu, Raymond Milburn, Myla

Padoan, Rocco Pan, Mia Wu, William Xu, Eric

Zhang, Nolan



























"Life is not about how fast you run, or how high you climb, but how well you bounce."

Owl Press



PK Ms. Jackie & Ms. Caelyn



Chang, Liz Chu, Debra Ding, Dingding Dong, Audrey

Dong, Eric Hu, Sean Ichikawa, Ryoma Kim, Sungjin

Luo, Nico Kropanev, Platon Kurata, Sana Tse, Charlotte

Ying, Yangyang Zhao Karlsson, Philip





























"We do not need magic to transform our world.



We carry all the power we need inside ourselves already." JK Rowling



Ms. Glynie & Ms. Avery



Bauer Casasempere, Augusto Cai, Terrence Durix, Eva Haltom, Nolan

Han, Justin Hua, Sophia Kitano, Yuka Lu, Albert

Meng, Grace Qiu, Andrew Xiao, Bo-Wen Zhang, Terry





























"Resilience is all about knowing who you are and relying on our own inner strength."

Unkown





Canon, Emilie Chen, Remy Cushman, Bina Huang, Claire

Huang, Eli Jang, James Liang, Jayden Sanchez, Marcus

Wang, Peter Wu, Alyssa Xu, Terrance Yu, Patrick





























"It's a wonderful thing to be optimistic. It keeps you healthy and it keeps you resilient."

Daniel Kahneman



Ms. Edwards & Ms. Bella





Always remember you are BRAVER than you believe, STRONGER than you seem, SMARTER than you think, and LOVED more than you know.

Winnie the Pooh





A note from Mr. John Koski Lower School Vice Principal



According to Oxford:

re-sil-ience

/rəˈzilyəns/ noun

the capacity to recover quickly from difficulties; toughness.

I have spent quite a bit of time reflecting on the concept of resilience since the Yearbook Committee invited me to write a few words for this year's annual HIS publication. It is such a fitting theme considering the adversity we have encountered this year as individuals, institutions, and even as a species in the face of the COVID-19 pandemic. In times like these, going through a day without witnessing or hearing tales of resilience is rare. Where would I start? What direction to take?

The more I started thinking about it, the more I realized that resilience is more than just a capacity, an attitude, or a characteristic trait. Resilience is essential for life. All livings things must manifest some degree of resilience in order to survive. Just take a peek at the adaptations of plants and animals throughout time! The late Andy Grove, chief executive and chairman of Intel Corporation, summed it up rather well, "Adapt or die."

In times of crisis, examples of resilience abound. However, I believe it is important to remember we all have that capacity at the very foundation of our existence. We must constantly look within ourselves, within our institutions, and within each other and muster the resilience that is part of who we are. In such a way, we can recover from difficulties quickly. We have two choices when faced with challenges. We can freak out or deal. And freaking out is no fun.

LS













Chang, Tim Cheung ,Oia Guo, Grace Huang, Della

Liu, Nicholas Lopez-Ward, Andy Moreno Lejard, Victoria Rui, Emma

Sanchez, Madison Sangaletti, Enea Wang, Ada Wang, Chloe

Wu, Yoyo Wu, Alex Yu, William































"Mistakes are proof you are trying." **Anonymous**





Ms. Lisa & Ms. Joyce



Bonnemaire, Camille Chen, Angela Chen, Chelsea Chen, Emily

Chu, Edith Gaete Flores, Amelia Hiranandani, Reyhaan Li, Kelvin

Li, Sunny Lin, Yihan Liu, Anita Liu, Lucas

Petring, Luke Wakim Prugnard, Alice Wang, Esther































"Do not judge me by my success. Judge me by how many times I fell down and got back up again."

Nelson Mandela



Ms. Sarah & Ms. Julie



Cao, Angeline Chen, Jayden Chen, Roy Chen, Scarlett

Ghazanfari, Nora Guan, Herman Hoarau Mateos, Sofia Hong, Miranda

Lao, Layton Li, Eric Lu Jian, Elisa Wen, Abby

Xu, Bonny Yang, Eran





























"Dwell in possbilities." **Emily Dickenson**



Ms. Kolde & Ms. Misha



Bian, Sydney Chen, Ryan Guo, Kelly Iu, Jayden

Kweon, Sumin Li, Richard Lo, Byron Lu, William

Lu, Yvonne Ma, Zi-Xiong Muzalevskaia, Elizabeta Qi, Madeline

Sheng, Kaela Shin, Erik Zhu, Sophie

Not Pictured: Fu, Nathan



































"It does not matter how slowly you go as long as you do not stop."

Andy Warhol



Mr. Ruan & Ms. Yolanda

















Bouquerel Zheng, Julie Felix Verdugo, Sebastian Grace, Archie Gu, Coco

Hu, Daisy Li Marzi, Nikolai Shaozhu, Kevin Shen, Yolanda

Song, Qi-Yi Wang, Amy Wang Lu, Luis Wang, Yu-Shin

Wawrzuta, Scarlett Yulzari, Nathan Zhou, Zikai































"I get knocked down, but I get up again. You're never gonna keep me down."

Chumbawamba



Ms. Cilla



Bauer Casasempere, Julieta Hong, Lily Jang, Eric Lee, Ryan

Lee, Ted Leonard, Christian Lou, Alice Modi, Aryan

Wang, Charles Wang, Richard Xu, Grace Xu, Olivia

Not Pictured: Ichikawa, Mana



























"Believe you can, and you are halfway there!" **Theodore Roosevelt**



Mrs. Ragains



Burton, Jayden Chinone, Kaito Graffigna Sancho, Naia He, Ellen

Hsieh, Henry Li Marzi, Chiara Liu, Daniel Lohaus, William Ian George

Sakata, Yuma Xue, Caroline Ye, Allen Youm, Avery Jiyoon

Yu, Flynn Yu, Jonathan































"Alone we can do so little. Together we can do so much."

Hellen Keller



Ms. Little



Bagga, Kiaan Chen, Crystal Cushman, Audrey Jiang, Vivian

Leonard, Alexandra Meng, Gabriel Mi, Beck Muehe, Kevin

Nair, Reema Rooney, Sam Shou, Delun Yuan, Fiona

Zhao, Tyrone Zhu, Mia































"Work hard, play harder." **Ms. Jac**



Ms. Jac



















An, Anna Azoulay, Isaac Cai, Emma Chang, Ryan

Ding, Gracie Hawkins, Arthur Jin, Da-Di Li Marzi, Sofia

Li, Heely Liu, Arun Pengsom, Ryyka Shan, Irene

Tsoi, Jessica Wu, Amanda Yang, Ethan Yun, Anne

Zhang, Charles



































"Have courage and be kind."

Cinderella



Miss Riani



Chang, Vanness Chen, Elly Fan, Angel Felix Verdugo, Natalia

Han, Chloe Huang, Henry Lee, Julia Lee, Avery

Lou, William Mao, Jean Michalak, Lotte Shin, Lina

Tang, Henry Tu, Naomi Wu, Cassie Zhu, Felix



"Ar Scáth a chéile a mhaireann na daoine."

"Under the shelter of each other, people live."

Irish Proverb



Mr. Doohan



Chen, Matthew Chen, Emily Dong, Xing-Chen Hong, Astin

Jian, Luna Li, Andy Lu, Lucas Lu, Eachann

Methwani, Yana Qi, Honey Wen, Yoyo Xu, Michael

Xu, Emily Yang, Tiffany Yu, Shuning Zhang, Jason

Zhao, Antonio Zizzo, Tommaso





































"Everyone in our grade 2 community is a teacher and a learner."

Mr. Young



Mr. Young



Bonnemaire, Thibault Burns, Grace Chu, Ben Chu, Darya

Gao, Justin Guo, Leo Li, Eason Lin, Shirley

Lu, Mable Ni, Frank Shivnani, Divisha Wang, Lucy

Yang, Anna Zhao, Kris Zhou, Galina































"You have brains in your head. You have feet in your shoes. You can steer yourself any direction you choose."

Dr. Seuss



Ms. Hester

















Al-Awadhi, Rinad Bai, Edith Cao, Connie Cheung, Christina

Dai, David Emery, Maxwell Gu, Rhea Hwang, Elly

Luo, Bamboo Michalack, Willem Palu-Schuhli, Luke Wu, Tony

Wu, Kevin Zhang, Simon Zhu, Nathan

Not Pictured: Huang, Oscar

































"We do not give up in hard times." **G3A Class**



Mrs. Plotz



Bairaboina, Avanthika Chau, Kelvin He, Emma Huang, Li-Lian

Kim, Jiyu Lou, Victor Mallawa Arachchige, Pulathi Shewakramaki, Harveer

Wu, Lucas Xu, Rayan Yang, Evan Yu, Eason

Zhang, Kevin Zhang, Karis Zhang, Cici































"I tried and failed, I tried again and again and succeeded"

Gail Borden



Mr. Jonathan



Baek, Jae-Ho Chaurasia, Netanya Chiu, Allie Cho, William

Hardy, Alex Jain, Vidhan Kim, Mingeon Lu, Dennis

Luo, Benny Maldonado, Juan Pablo Palma Chamorro, Maximiliano Speksnijder, Gijsje

Vohra, Rudransh Wu, Lisa Zhang, Daisy































"Good, Better, Best. Never let them rest, until your Good is Better, and your Better is your Best!" **St. Jerome**



Ms. Ehling



Han, Kevin Hong, Seo-In Jiang, Ryan Jin, Kimberly

Li, Annie Liu, Edward Mittal, Yoana Qu, Jia Heng

Ruan, Kevin Williams Marciaga, Hugo Wu, Owen Yu, Elizabeth

Zait, Matan Zhu, Lily

Not Pictured: Dhaher, Ahmad



























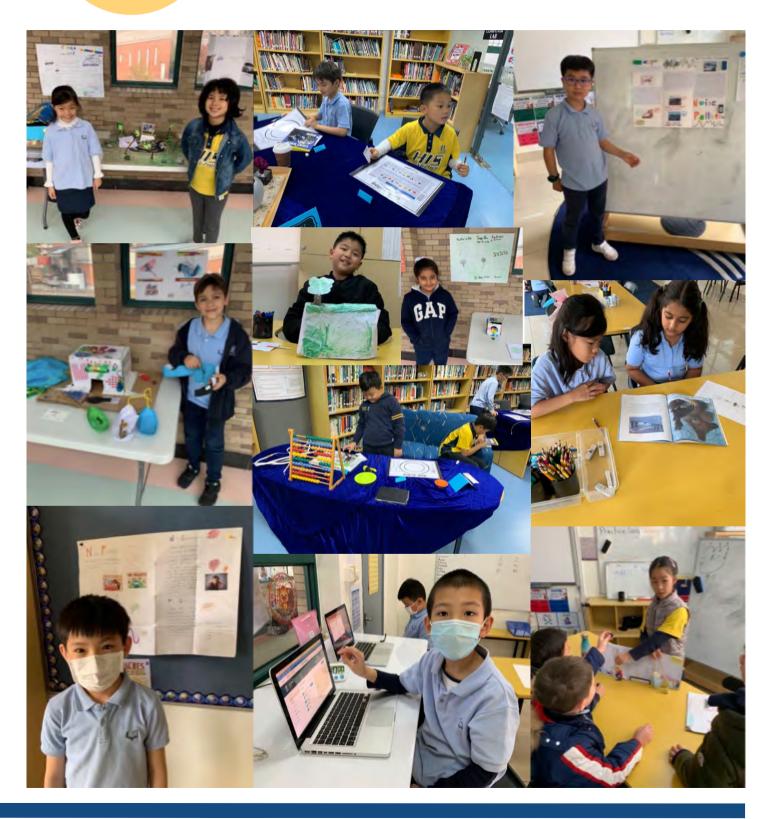


"Winning doesn't always mean being first.
Winning means you're doing better than you've done before."

Bonnie Blair

3

Mr. Tom



















Au, Thomas Chen, Emily Daulatani, Kanisha Juarez Leynez, Andrea

Kong, Amy Lai, Anderson Lu, Tiger Ni, Nicole

Satwani, Bhaumik Speicher, Annabelle Wang, Alice Wang, Zoe

Wei, Fei Fei Xu, Richard Yulzari, Camille Zhou, Jun-Wen

Zizzo, Anna



































"We learned together. We learned apart. But most importantly, we all grew as learners from the very start."

Ms. Hooper



Ms. Hooper



Altes Kartach, Elliot Dong, Prince Fahad, Mohammad Fu, Angela

Hong, Miranda Jhurani, Riddhi Jiang, Mike Kim, Noah

Li, Ruby Liang, Zhuo-Ma Meng, Bella Sharma, Aditya

Wang, Allison Xia, Naomi Xu, Roger Yun, Anthony

Zhang, Mile Zhang, Jerry



"Fairy tales are more than true: not becuase they tell us dragns exist, but becuase they tell us dragons can be beaten." **Neil Gaiman**



Mr. Dobson



Agarwal, Divay Chan, Jonathan Cheng, Cyrus Gao, Jason

Lee, Avril Liang, De-Ji Pan, Peter Qu, Nora

Sakata, Sena Sangaletti, Gaia Sharma, Aryan Tang, Jessie

Wang, Christina Yao, Jim Zhao Karlsson, Anna





































Ms. Wilson



Chemouny, Guy Ehlert Ruiz, Greta Hiranandani, Prisha Hong, Fiona

Huang, Harry Joshi, Pragun Krieg, Alex Kennedy, Jadyn

Li, Ella Ostermayer, Oscar Palu-Schuli, Peter Ryu, Yelim

Shou, Melanie Tang Zhou, Lucas Wang, Andrew Yu, Lisa

Zhu Lina



































"Resilience: Never give up.
Fall down seven times, get up
eight."
Japanese Proverb



Mr. Burns

























Bai, Michael Cobian Wu, Diego Ding, Sophia Hong, Rhema

Kim, Gwanho Lai, Selena Lee, Joey Mehta, Aaira

Modi, Siya Pengsom, Vedaz Shu, Jerry Sukhramani, Aaray

Wang, Bonnie Wang, Tiana Wu, Alice Yang, David

Zhang, Bella Zhao, Allen

Not Pictured: Chen, Rogers







































Mrs. Burns



Amano, Sissi Barbier, Ines Bhatia, Divit Ding, Joyce

Fu, Ethan Hsu, Colin Huang, Linzi Jeswani, Prisha

Li, Angel Lou, David Motiyani, Mayank Ren, Preston

Semple, James Shivnani, Devansh Simon, Hugo Vujicic, Marko

Wu, Nicole Xu, Derek Zhao, Kevin



"It matters not what someone is born but what they grow to be."

Albus Dumbledore



Ms. Rocha



Aggarwal, Rishi Cao, Lucy Chu, Joe Cui, Joshua

Emery, Samuel Fang, Nicky Horau Mateos, Lucia Jhamb, Kaira

Lachhwani, Ruhaani Lai, Debbie Lu, Anna Palma Chamorro, Maria Josefina

Plotz, Maximilian Shi, Roger Tukula, Paweike Wu, Kevin

Wu, Yu-Chen Yang, Jun-Lin Zheng, Jeffery



"The future belongs to the curious. The ones who are not afraid to try it, explore it, poke at it, question it and turn it inside out." **Anonymous**



Ms. Doherty



Aswani, Nasha Bonnemarie, Candide Cao, Victoria Chen, Owen

Chen, Amy Chu, Carlos Gao, Shark Hao, Sylvie

Li, Queena Punyarthi, Vipra Rangwani, Yuvraj Ryu, Minkyung

Wang, Patrick Wang, Diana Wang, Allen Wang, Harry

Yao, Elsa Yu, Shu-Man

Not Pictured: Chen, Warren





































"Resilience is based on compassion for ourselves as well as compassion for others."

Sharon Salzberg



Mr. Cushman







LS P.E.





LS Rhythm & Movement



Ms. Sherry & Ms. Anna



LS STEAM



Ms. Zoë & Ms. Sissi



LS Music





LS Art





LS ESOL









"One language sets you in a corridor for life. Two languages open every door along the way."

Frank Smith

Ms. Bea, Mr. Lawrence, Ms. Patricia, & Ms. Lainie



LS Mandarin













Mr. Bateman, Ms. Zhou, Ms.Mae, Ms. Melanie, Ms. Lucia, & Ms. Amy



长风破浪会有时,直挂云 帆济沧海。

-唐•李白







Student Support Services

"Remember, sometimes the people with

invisible disabilities have the

greatest need."

Lead Inclusion











Ms. Diana, Dr. Widi, Ms. Pekin, Ms. Maingot, Ms. Canny, Ms. Barb, & Ms. Aubrey



HIS Library



Dr. Baxter, Ms. Dierker, & Ms. Amy



never just a random collection of books."

Carlos María Domínguez



HIS Library









"It isn't just a library. It is a spaceship that will take you to the farthest reaches of the universe, a time machine that will take you to the far past and the far future, a teacher that knows more than any human being, a friend that will amuse you and console you and most of all, a gateway, to a better and happier and more useful life."

Isaac Asimov

LS ASA



Community Garden



Tree Lighting Choir



HIS Runners





Dress Like a Friend Day



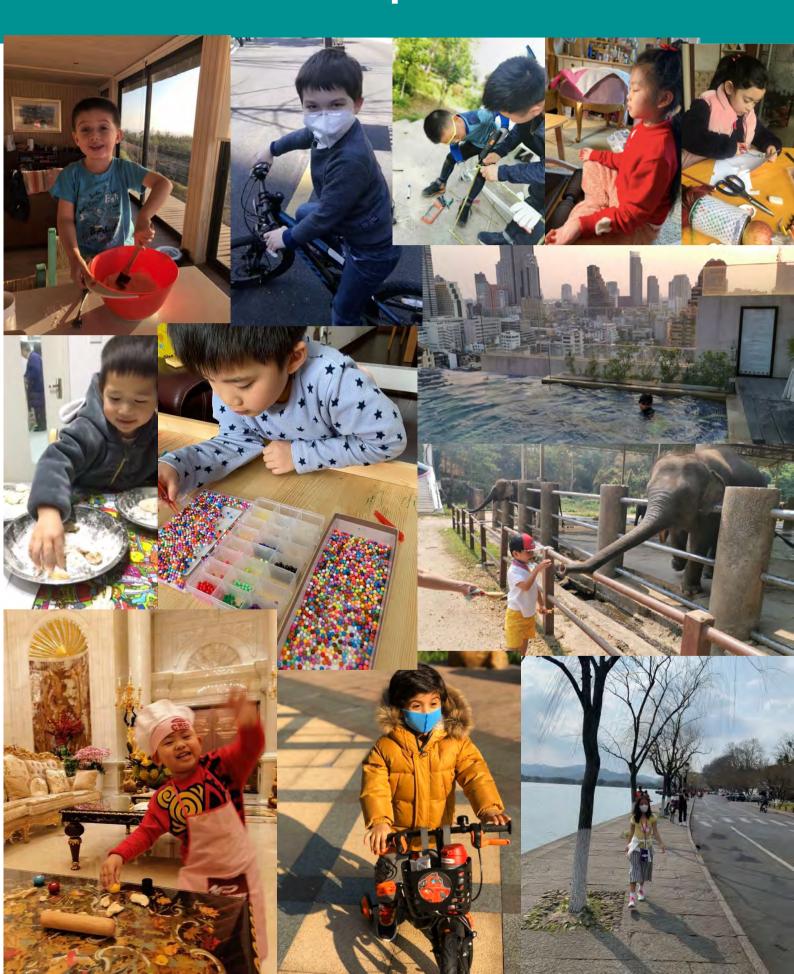


Halloween





Real World Experiences





LS Drama





LS E-Learning





LS Student Council



"The **Student Council Mission** is to include everyone in our community by making HIS feel like a kind, comfortable, and safe place, where every student is welcomed and accepted for who they are."

A note from Ms. Pat Long Upper School Vice Principal



My mother used to say 'Never pray for patience, because God may teach it to you the hard way'. She meant simply that a person is not naturally patient, but has to learn it by dealing with things that do not go as quickly as hoped, or as smoothly as planned. It isn't a quality that someone is born with, but something one gains. It is perhaps one of the reasons why children run everywhere; why young people are always in a hurry – they haven't yet had to wait and learn to exercise calm in the face of obstacles.

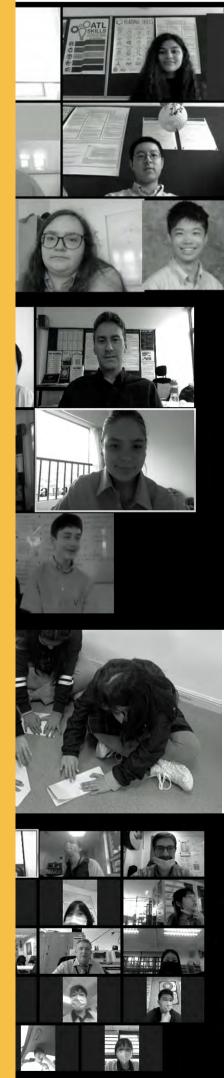
Resilience, like patience, is not something that just appears as if by magic. The only way to know you have it is to emerge on the other side of a challenge with some bounce still remaining, with the ability to bend and flex and recover, despite how strong the storms are. There is no resilience without struggle.

No one would argue that this academic year has been free of storms and struggles. It has indeed been extraordinary. What we have learned, as we reach the end of it, is just how resilient our students are- as individuals, as members of the Upper School, and as part of the wider community. You have encountered hurdles repeatedly throughout this year, especially in the last few months, and have been required to 'roll with the punches' like never before. You have emerged from the storms a little battered, but resolute and still smiling. The strength and resilience you have gained has kept you unified and dignified despite the difficulties, and will ensure that you are prepared for whatever challenges life throws at you next. As you look back through the photos and memories here, I hope you find laughter and joy- but also pride at the deep courage you have shown and the resilience this year has given you.





P P R S C H O



Grade

Ms. May, Mr. May, Mrs. Lossell

Ms. May, Mr. May, Mrs.



Altes Kartach, Africa Azuma, Hikari Barbier, Hugo Branham, Benjamin

Chacon Davila, Patricia Chaurasia, Raina Chemouny, Amir Dhanwani, Eshaan

Fougere, Tom Fu, Jia-Xuan Guevara, Marcelo Guo, Shu-Cheng (Alan)

Gwak, Minji Harwani, Ria Hu, Yu-Sheng (Daniel) Huang, Tian-Lang (Leo)

Hwang, Ho-Jun (Jayden) Kibble, Betsi Lam, Chun-Yan (Calvin) Li, Ethan









































Li, Zhixuan (Olivia) Lin, Ruyi Liu, Susie Lu, Jiaqi (Micah)

Ma, Yiu-Sum (Ikki) Maldonado, Miguel Mao, Youke (Yolco) McErlean,

Methwani, Dev Manoj Mooney, Caele Caitlin Ni, Ella Hao Pan, Irene

Qu, Jia-Chen Shewakramani, Sanyukta Sun, Ka-Yee (Claire) Weng, Yang (Sunny)

Wu, Ingrid Xu, Kwo-Yin (Justin) Ye, Luca Zhang, Jinyu (Oscar)







































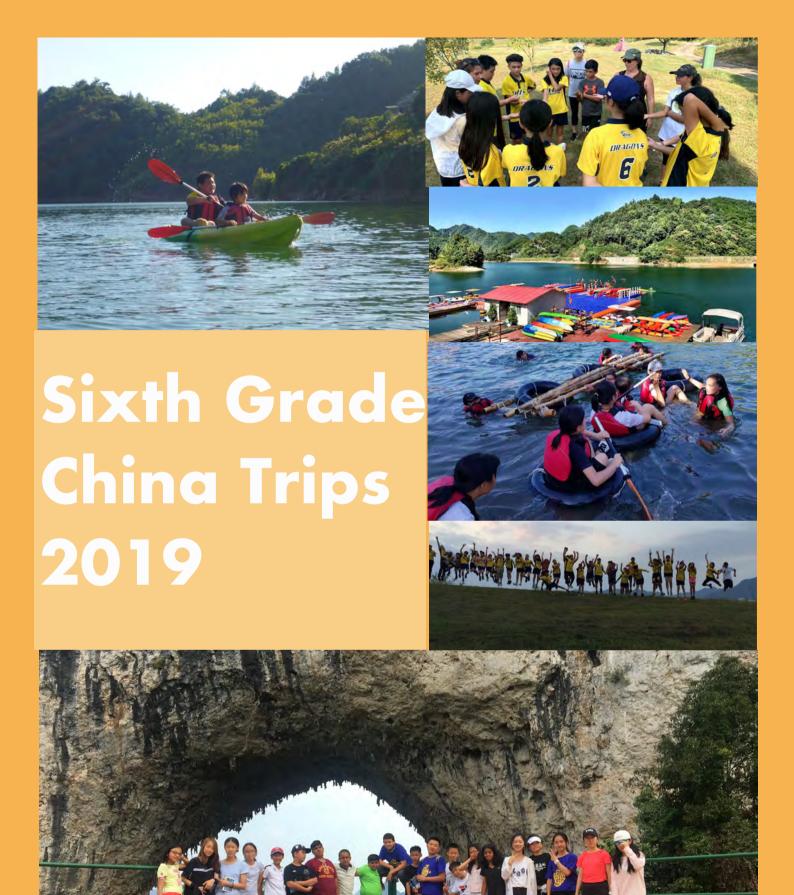


Zhang, Youxin (Yolcy) Zhang Zhan, Cindy Zhu, Qianwen











Grade 7 Ms. Zhu, Mr. Plotz, Mr. Londi Why. 2 plotz, Mr. Londi Ms. Zhu, Mr. Londi Ms. Mr.



Au, Sofie Ching YI Bhatia, Parth Bistretzan, Tobias Chadha, Samira

Chan, Edric Chen, Irene Chen, Rui-Jie (Jerry) Chen, Sharon

Chen, Yik (Michael) Chen, Yue-Fan (Emma) Do Ngoc, Hao An Fan, Wenjia

Gianchandani, Ruhi Gianchandani, Vansh Jeswani, Aditya Nitin Kim, Jun-Kyeom (Tony)

Koo, Minseok (Justin) Lee, Alexander Lee, Seung-Jae (James) Lee, Young-Seo Sally









































Li, Sabrina Li, Sien Li, Yuting (Lucas) Lin, Michael





Shou, Helen Song, He-Xin (Michael) Tejwani, Vinisha Tyagi, Saanvi

Wang, Chengyi (Max) Wang, Yuyan (Lucia) Xu, Zhi-Yuan (Martina) Ying, Chengruogu (Ricky)



































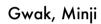






Youm, Seoyoon (Emily) Yu, Tina Zhang, Ziyan Zhang, Edward



















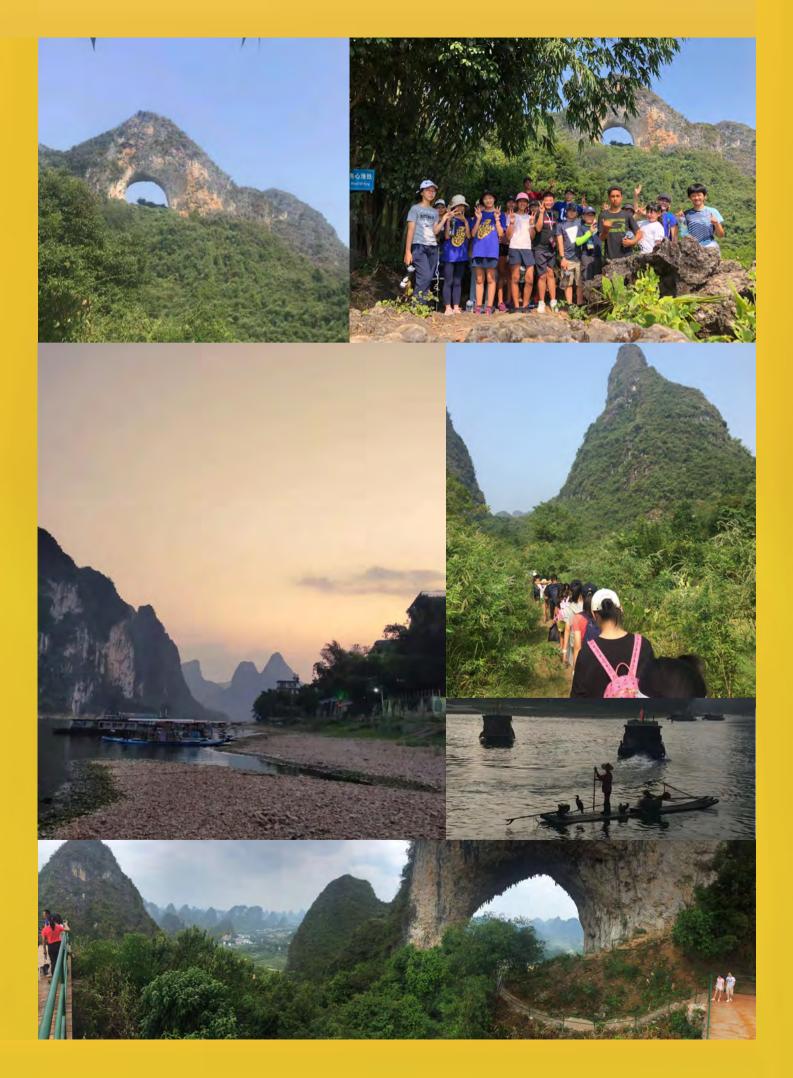






Seventh Grade China Trips 2019





8 Mr. Brown, Mr. Kresger Ns. Volume 1. Mr. Kre Grade



Bajaj, Sera Bistretzan, Mateo Chen, Kai-Lin (Kelly) Chen, Roy









Fei, Medina Gehani, Sikata Anilkumar Hamza, Mohammad Her, Su-Ho (Luke)









Jaggi, Rishaabh Jashnani, Manav Ji, Sungjun (Justin) Jiang, Georgia









Jin, Dahua Jin, Yu (Alice) Joshi, Vishnu Juarez Leynez, Linet









Kropp, Axel Li, Yiheng (Elva) Lin, Jia-Sheng (Johnson) Lou, Hong-Ye









Ma, Yi-Chu (Eva) Maheshwari, Arnav Maldonaldo, Fernanda Mallawa, Arachchige, Bihandu









Perry, Ami Rose Rooney, Billy Shi, Vicky Tang, Pou-I









Vohra, Aliya Von Den Hoff, Madita Wong, Felicity Wong, Pascal





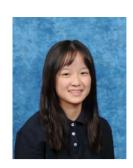




Yuan, Xin (Belle) Zhou, Jia-Fan (Joey) Zhou, Jialin (Linda) Zhu, Yu-Dong (Phillip)





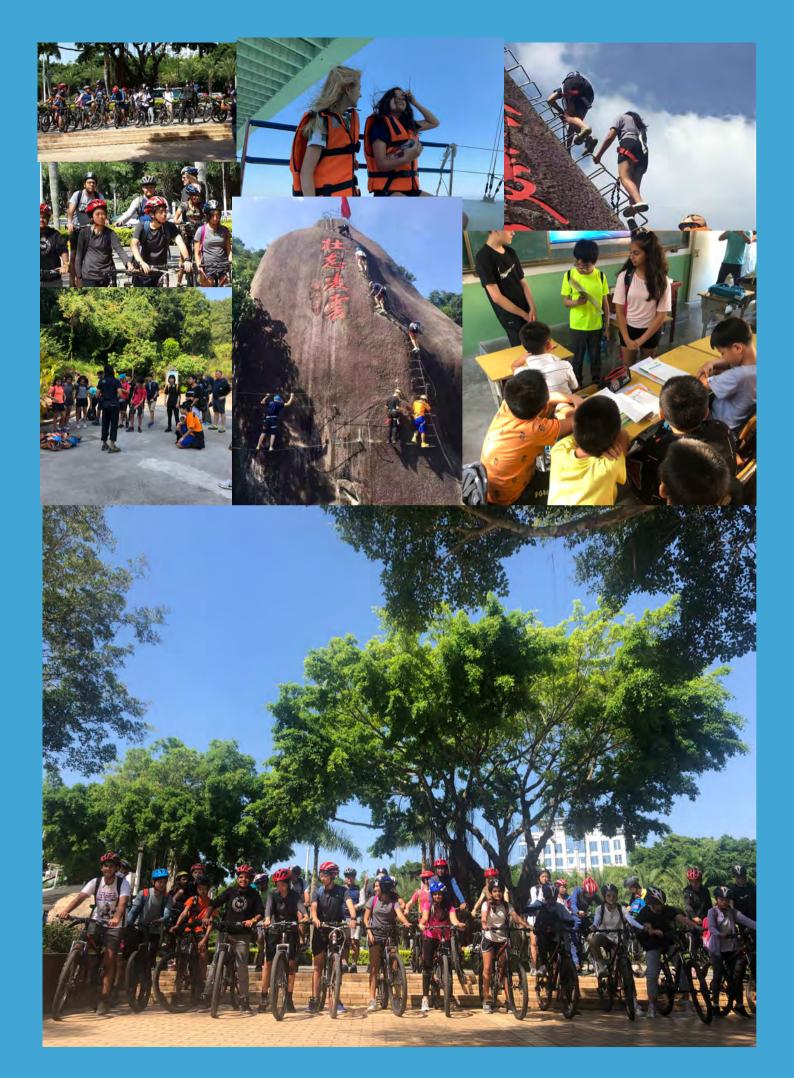






Eighth Grade China Trips 2019





Grade graduo, who was Mockler with Sanchez, Ms. Mockler with Mr. Sanchez, Ms. Mockler with the sanchez of the s



Armstrong, Dieter Chen, Sofia Cheng, Ho-Chi (Jerry) Felix Vergudo, Valentin

Fryer, Daniel Gu, Celeste Kang, James Kerr, Bruce

Liao, Chin-lok (Mandy) Liu, Chenyi (Jenny) Lu, Nanxi (Nathan) Moon, Young-Eun (Flora)

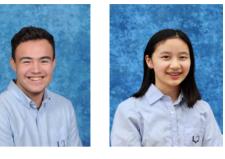
Nazar, Valentina Qiu Zhang, Zihui Shen, Yicheng (Ethan) Wan, Yi-Long (Eason)

Wang, Kevin Wildey-Martin, Ana Wu, Andy Xu, Terrence

Xu, Zhangchi (Cecilia) Zhang, Kai-Nan (Kevin) Jain, Manya

































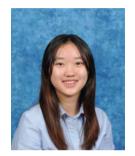


















NINTH GRADE CHINA TRIPS 2019





Grade 10 Mr. Foster, Mr. Widi, Ms. Ms.



Aggarwal, Riva Al-Awadhi, Mohanad Aswani, Dimple Barbier, Raphael

Bhatia, Pranav Canon, Clara Carbone, Luna Chadha, Aanvi

Cherry, Justin Daswani, Aryan Fu, Jia-Yang (Janiya) Gimeno, Aina Marie

Gwak, Minsu Hayawi, Kerrar Heath, Bayley Her, Ji-Won (Angela)

Hu, Yu-Heng (Harry) Huang, Zi-Xi (Theodore) Ji, Hyunmin (Jasmine) Jin, Dazhong











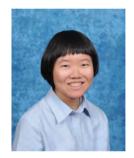






























Kang, Jun-Woo Kropp, Emelie Li, Runrun (Alicia) Lin, Rulian



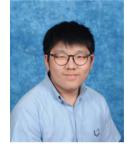






Mi, Jeffrey Ni, Fu-Heng (Henry) Pan, Sihao (Patty) Pan, Michelle









Park, Inha Sardzhveladze, Mariam Semple, Julia Song, Junki



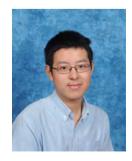






Williams Marciaga, Aralis Denisse Xu, Yihang (Derik) Ye, Esther







Zeng, Sheng-En (Edward) Zhang, Augustine Zhang Zhan, Elisa Hui











Tenth Grade China Trips 2019





Grade 11 Mr. Strombeck, Ms.



Al-Awadhi, Mohammed Branham, Daniel Dhanwani, Nikkie Guevara, Regina





Sehgal, Aanchal Sikri Suhani Stubbs, Danielle Tan, Grace

Selma, von den Hoff Xu, Jia-Yue (Vivian) Yun, Donghwee (Bryan)





























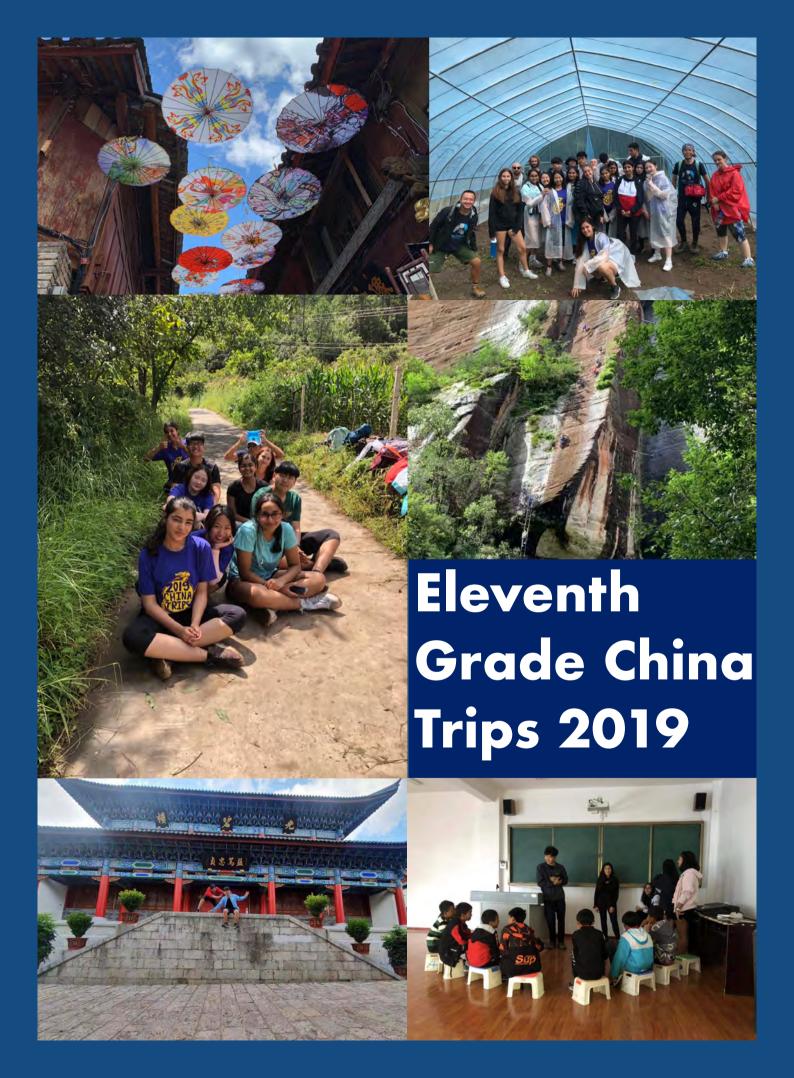




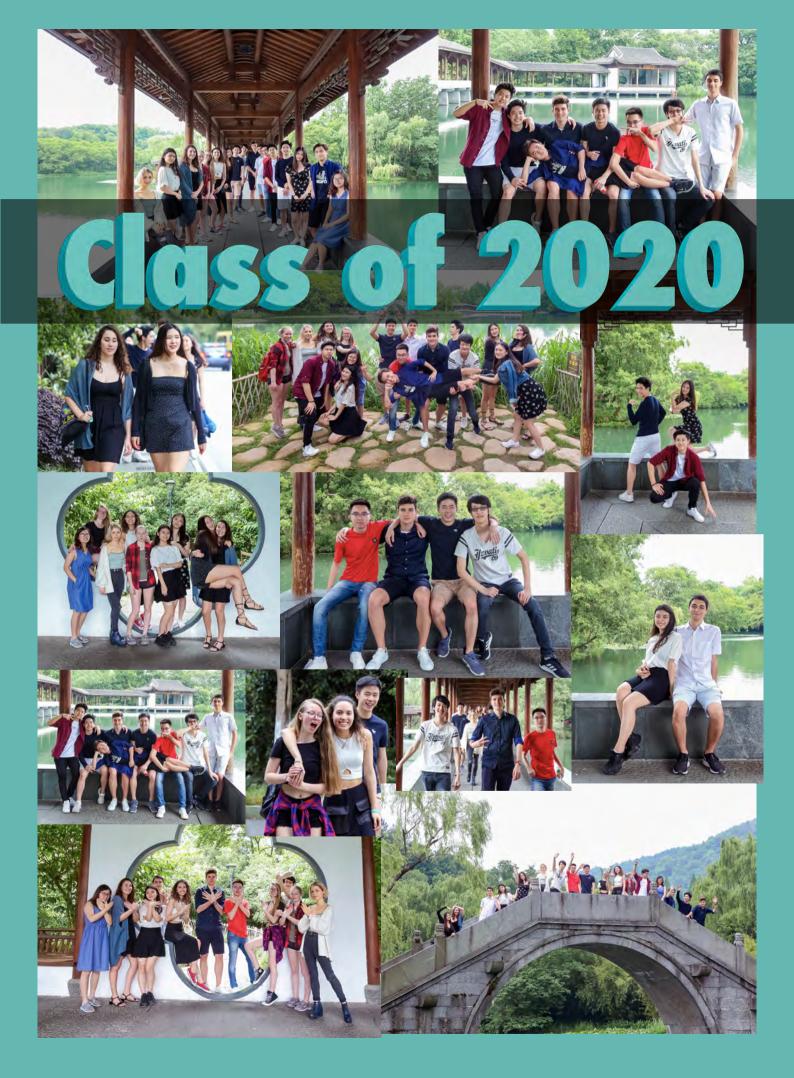






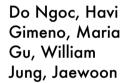






Andreasson, Alma Andreasson, Elin Carbone, Antonio Chen, Yi-Xuan





Kim, Minju Lamplugh, Imogen Livio, Alessandro Stubbs, Natalia

Sukegawa, Haru Wu, Max Zhang Zhan, Lucia







































ALESSANDRO LIVIO

Grade Entered HIS:Kindergarten









Nationality: Italian

Hobbies: Soccer, Golf, FIFA **Plans for the Future:** Go to

university

Senior Quote: "It's not personal, it's just business."









Alma Andreasson

Grade Entered HIS: 10th Grade Nationality:

Swedish

Hobbies: Gymnastics, Volleyball, and

Badminton

Plans for the future: Study international business

Senior Quote: "If you can't blow them away

with your brilliance, baffle them with your words."







Andrew Chen



Grade entered HIS: 7th Grade

Nationality: Chinese

Hobbies: Writing, beverage making, gaming

Plans for the Future: Study culinary in Switzerland

Senior Quote: "Have a goal, appreciate and be positive."





Antonio Carbone

Grade entered HIS:

10th Grade

Nationality: Italian

Hobbies: Gaming, Kendo,

Reading

Plans for the Future: Enrol in business administration in Stenden university
Senior Quote: "Don't cry because it's over, smile because it happened."







Dev Datwani

Grade entered HIS: Pre-Kindergarten

Nationality: Indian

Hobbies: Volleyball, Basketball, Playstation

Plans for the Future: Go to university to study aviation and become a pilot.

Senior Quote: "Don't read the book, just watch the movie."









Elin Andreasson

Grade entered HIS:

10th Grade

Nationality: Swedish

Hobbies: Gymnastics,

Swimming, Baking

Plans for the Future: Study

in the Netherlands

Senior Quote: "If no one

from the future comes to

stop you from doing it, then

how bad of a decision can it

really be?"





Haru Sukegawa

Grade Entered HIS: 9th Grade

Nationality: Japanese

Hobbies: Drawing, Baking, Sleeping

Plans for the future: Study Fine Art in University and work as an illustrator

Senior Quote:

"Whoever taught me selfconfidence, I appreciate you."





Ha Vi Do Ngoc

Grade Entered HIS:

4th Grade

Nationality: Vietnamese &

Chinese

Hobbies: Writing stories,

Badminton, Baking Plans for the future:

becoming a writer/journalist/editor

Senior Quote:

"Our greatest glory is not in never falling, but in rising every time we fall."

- Confucius







Jaewoon Jung

Grade Entered HIS:

9th Grade

Nationality: South Korean

Hobbies: Basketball,

Volleyball, Football

Plans for the future:

Investment Banker

Senior Quote: "My phone

is brighter than my

future."





Jonathan Cheng

Grade Entered HIS: 4th Grade

Nationality: Hong Kong

Hobbies: Badminton, Watching Movies & TV Shows, Basketball Plans for the future: Medical

Doctor or Surgeon

Senior Quote: "Can I have an

extension for this?"





Lucia Zhan



Grade Entered MIS: 9th Grade

Nationality: Spanish

Nobbies: Playing guitar, basketball, and soccer.

Plans for the future: Start my own business, deal with insanity from thinking too hard about philosophy

Senior Quote: ""Pride is not the opposite of shame, but its source. Grue humility is the only antidote to shame." - Uncle Iroh



Maria Vanina Gimeno



Grade Entered HIS: 10th Grade

Nationality: Spanish, Filipino, French

Hobbies: Reading, Swimming, Hanging out with friends

Plans for the Future: International Teacher Education Primary School in the Netherlands

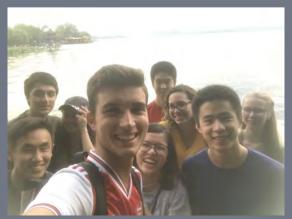
Senior Quote:
"There's nothing like
deep breaths after
laughing that hard.
Nothing in the world like a
sore stomach for the right
reasons." - Stephen
Chbosky













Max Wu

Grade Entered HIS: 6th Grade

Nationality: American

Hobbies: Table tennis,

Frisbee, Gaming

Plans for the Future: Become a scientist and research medicine.

Senior Quote: "Over planning is just as bad as

procrastinating."





Minju Kim

Grade Entered HIS: 6th Grade
Nationality: South Korean
Hobbies: Exploring for good food,
hanging out with friends, reading
Plans for the future: become a
translator
Senior Quote: "To whoever's
reading this, have a wonderful



day!



Natalia Stubbs

Grade Entered HIS: 9th Grade
Nationality: American & Mexican
Hobbies: Watching TV, Basketball, Biking
Plans for the Future: be an International
History Teacher or US diplomat
Senior Quote: "We're on, like, the
bleeding edge of history. Everything
ahead of us is totally unknown, and
there's no guarantee that things are
going to be all right. It's exciting, but it's
also pretty scary." —Jake Jr., Adventure
Time.













Rayden Chia

Grade Entered HIS: 3rd Grade

Nationality: Singaporean

Hobbies: Sports, making videos,

eating waffles

Plans for the future: Military service, Cinematographer, Chef, Vet, Barista, I don't know Senior Quote: "Yankee Doodle."







William Gu

Grade Entered HIS:

3rd Grade

Nationality:

Singaporean

Hobbies: Volleyball,

ultimate frisbee, play

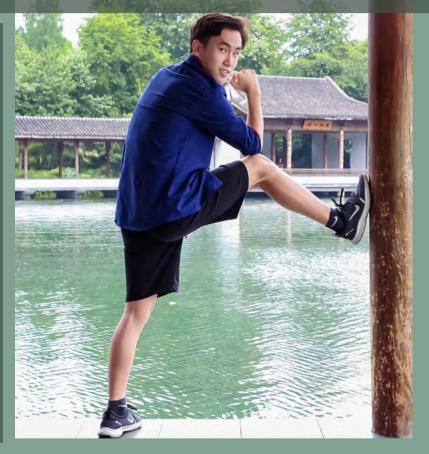
video games

Plans for future:

Military service

Senior Quote:

"Life is a mirror."







Yi Xuan Chen

Grade Entered HIS:
8th Grade
Nationality:
Chinese & Italian
Hobbies: Football,
Formula 1, Listening
to music
Plans for the Future:
Go to university
Senior Quote: "The
future is scary but
you can't go to
your past cause it's
familiar."



Note From the Upper School Principal

Dear students,

This year you had the opportunity to grow in ways that you never expected. I was impressed by your resilience, even in the face of all the changes that we threw your direction. From the beginning of the year, with a large number of new students entering the Upper School, you were able to adjust and welcome members to our community.



Watching the rate of activity on Managebac, Teams, and wechat was one way to document all that you accomplished during the time away from campus. However, each of you were strong and capable in your approaches to learning and self-management

You collaborated well on sports teams, supported each other in classrooms, and gained memories together in the China Trips. The success of sports teams and MUN was evident early in the year because of the relationships you built together. Having your school program moved from the classroom to online and back again, while some of you were not able to be back in Hangzhou was not an easy experience

You all grew and improved your selves, you found ways to solve problems on your own, and you learned in ways that you didn't realize were possible earlier in the year. I am proud to be part of this community that works hard together and enjoys life together. I hope that we will be able to see those who are not yet back by next year, but hope that you will be able to enjoy the memories that you have made over the course of this year!









Boys Varsity







Coaches: Chaddwick Plotz, Chris Widi

Volleyball

















Girls Varsity







Coaches: Glenda Semple, Heather Plotz

Volleyball















Boys Varsity







Coaches: Andrew Lawrence, David Young, Zach Baker

Basketball















Girls Varsity









Coaches: Matthew Cushman, Kaitlin Hooper

Basketball









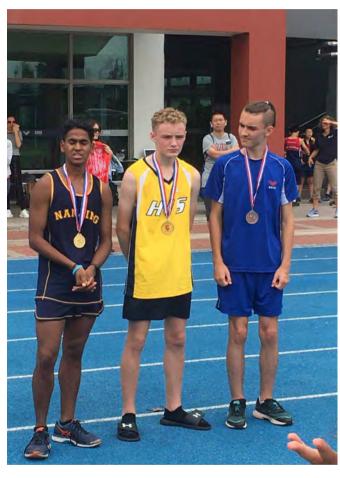


Cross











Coaches: Alex May

Country











Coaches: Jen Widi

Middle School







Coaches: Ruan Cloete

Touch Rugby













Coaches: Cameron Burns

Swim

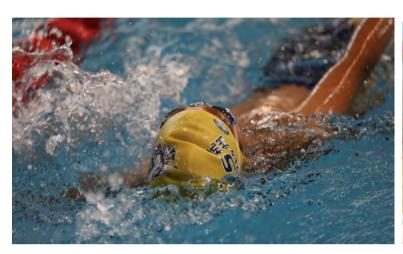






Coaches: Donal Sha

Team















Coaches: Vivian Wang

Middle School







Coaches: Chaddwick Plotz

Floor Hockey













Coaches: Philip Bistretzan, Ruan Cloete

Table













Coaches: Lily Zhou

Tennis













Coaches: Lucia Wu

Boys Middle







Coaches: Andres Sanchez, Cameron Burns

School Soccer







Girls Middle







Coaches: Filipe Nogueira, Beatriz Lopez

School Soccer

















Events

































































ARTS NIGHT









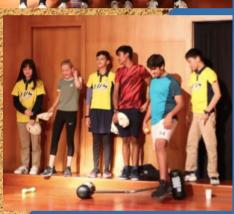




























































W L M E A U S K N T E 20 19



HALLOWEN









The Story Living Library of Us











WINTERFAIR















MYP **PROJECTS**















STUDENT COUNCIL EVENTS







































Student Life













































Field Trips













S T R A I I P N

















House Activities





































GRADE 6 PROJECT





















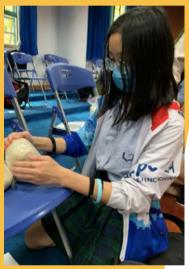








Rice Babies Project





















Film Festival

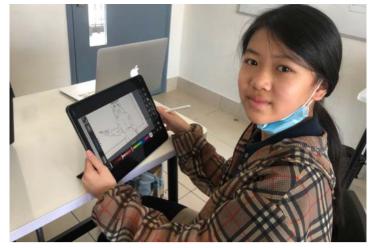
















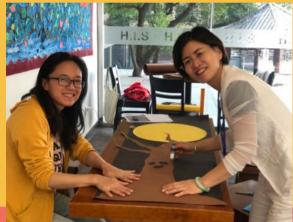






Parent & Friend Association





























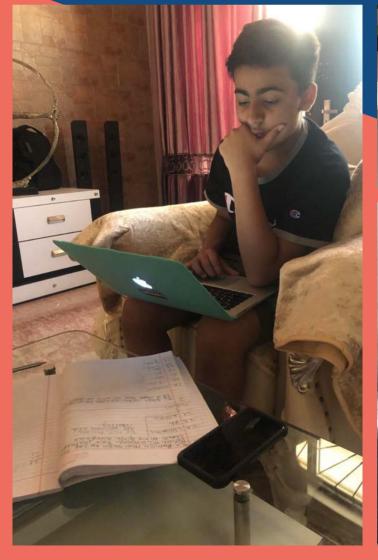




E-LEARNING





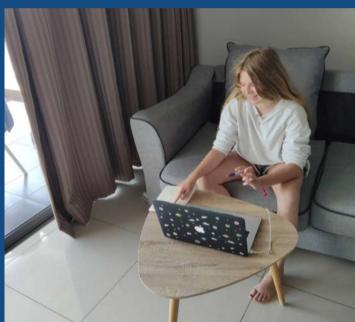


















HOUSE CHALLENGES

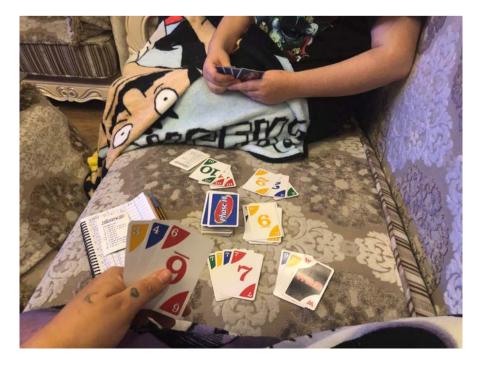
CREATIVIT













































COOKING





















ENGINEERING CHALLENGE





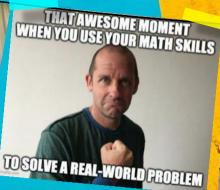




VIRTUAL SPIRIT WEEK

Meme day



























HIGHLIGHTS



















#Stronger Together



















































Upper School Classes







US Sciences







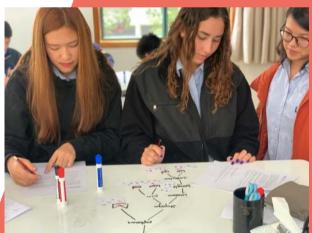
























US Arts





US Design











Business Club















Design & Coding















Chinese Calligraphy

















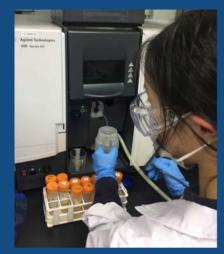
Global Issues Network





















HIS Global Issues Network (GIN), we focus on environmental issues around the world, especially the pollution problem. Based on this aim, we provided an opportunity for students to visit CIRS lab. During this field trip, GIN members

tested pollution with professional scientists and made our own soil samples, which are really interesting and meaningful. This experience helped GIN club members realize the significance of protecting our environment, not only the water and air but also the soil.



As part of GIN contributions to providing opportunities to students at HIS Angela Her project coordinator decided to take on the responsibility of scheduling visits to the Zhejiang Children's Hospital. She arranged students from HIS to come along with her and play with the children in the hospital.

Hospital visits spread positivity as well as raise awareness of issues concerning fairness and development. It was a valuable experience for all because playing with the kids brought them joy, especially when the kids smiled when students from HIS were with them.











Journalism Club





Model United Nations











String Orchesta















Wheels Around Hangzhou

















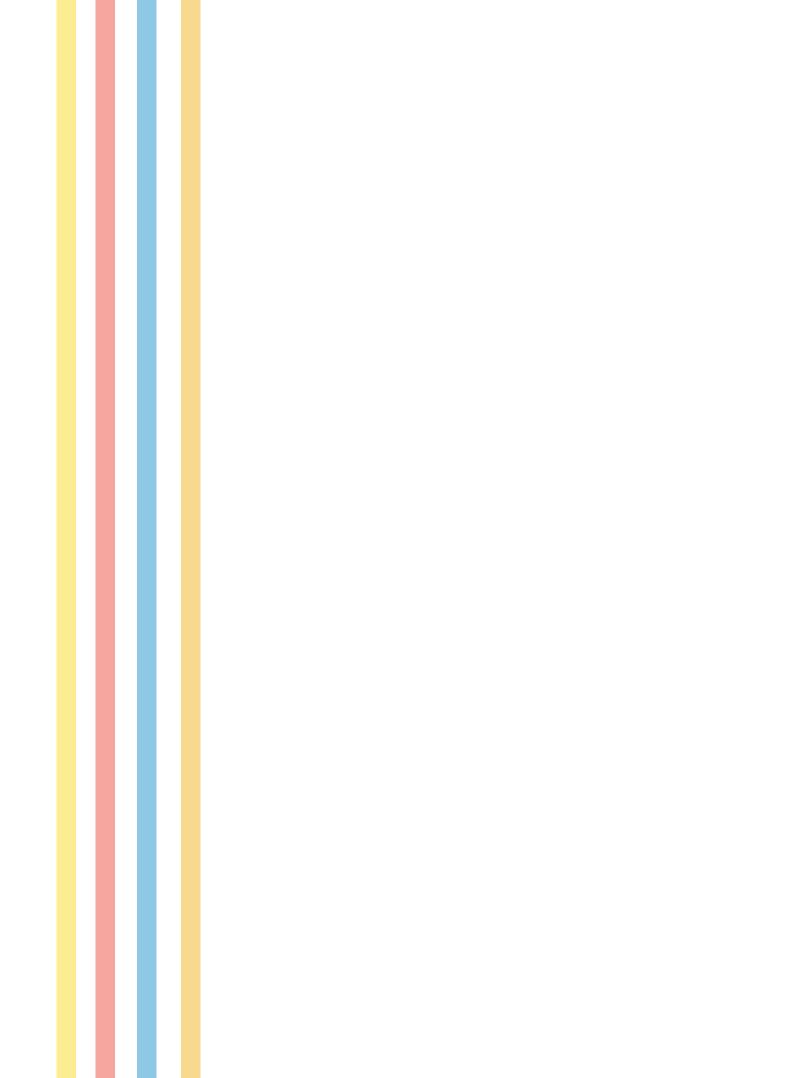
Upper school students joined Ms. Koenig and Ms. May for the Wheels Around Hangzhou ASA for various adventures. They cycled around the streets of Hangzhou to destinations along the river path, Food Alley, near the new HIS campus and across the Qiantang River ranging, covering distances from 8-20 km. They also hiked in the tea fields for amazing views of the surrounding mountains. In these weekly outings, they learned about bike safety, enjoyed tasty snacks, challenged themselves and explored new areas.







AUTOGRAPHS



Hangzhou International School

Once a Dragon, Always a Dragon