

SMART SNACK in SCHOOL RULE
Effective July 1, 2014

Compliant Beverages – must meet the following:

Non-dairy Milk

8 oz. serving

Milk

Unflavored (1% or nonfat)

Flavored (nonfat only)

25% calcium, vitamins A & D

12 oz. serving

Juice

At least 50% fruit/vegetable juice

NO added sweeteners

10 oz. serving

Non-Calorie Replenishment Beverages*:

Water as first ingredient

No added caffeine

5 calories per 8oz.

20 oz. serving

Low-calorie Replenishment Beverages*:

Water as first ingredient

No added caffeine

40 calories per 8 oz.

12 oz. serving

**drinks must meet specific sweetener/vitamin/mineral requirements*

