



# Haverford Middle School Newsletter

## Flexible Learning Plan For The Week of June 8th

### Administration

#### **HMS Principal**

[Mr. Daniel Horan](#)

#### **Secretary**

[Mrs. Michelle D'Avella](#)

#### **6th Grade Assistant Principal**

[Mr. Matthew Crater](#)

#### **6th Grade Counselor**

[Ms. Ricki White](#)

#### **6th Grade Secretary**

[Mrs. Sharon Cianci](#)

#### **7th Grade Assistant Principal**

[Mr. Randy Taylor](#)

#### **7th Grade Counselor**

[Ms. Lindsey Hughes](#)

#### **7th Grade Secretary**

[Mrs. Patty Lazer](#)

#### **8th Grade Assistant Principal**

[Mr. Fred Brown](#)

#### **8th Grade Counselor**

[Ms. Colleen Malczynski](#)

#### **8th Grade Secretary**

[Mrs. Martha Lawless](#)

#### **MS Coordinator Technology**

[Mrs. Laurie VanTrieste](#)

We understand the challenges you are facing as a family and hope you will reach out to us if you need support regarding the plan for this week.

- Visit teacher links below to see what is planned for your child
- Monday - Tuesday.....New learning / Office Hours
- Wednesday - Thursday.....New learning or Team Activity / No Office Hours
- Thursday.....Last Day of School!!!

When finishing assignments on Google Classroom, please make sure that your child checks "submit "and/or " finished " to ensure we get their awesome work!

## Work Posted & Office Hours

Work for this week was posted by teachers on Friday, June 5th. The work posted will be due at a time designated by the teacher before Sunday, June 14th at 6:00 PM.

Please click the following link to view our Office Hours schedule---> [HMS Office Hours](#) . There are directions to join Office Hours at the top of the page, links to staff Office Hours, and individual codes on the Staff Codes tab for each teacher, school counselor, social worker, and administrator.

#### Expectations for Office Hours:

- Students are expected to follow our Code of Conduct when attending Office Hours.
- Only students should be attending Office Hours.
- Students should only attend their current teachers' Office Hours.

# Announcements

## 6th Grade Teams

[6th-Grade Webpage](#)

[Beluga Whales](#)

[Polar Bears](#)

[Sea Lions](#)

[Arctic Fox](#)

## 7th Grade Teams

[7th-grade Webpage](#)

[Giant Pandas](#)

[Iberian Lynx](#)

[Peregrine Falcons](#)

[Komodo Dragons](#)

## 8th Grade Teams

[8th-Grade Webpage](#)

[Asiatic Cheetahs](#)

[Bengal Tigers](#)

[Gray Wolves](#)

[Snow Leopards](#)

## **Important School Information:**

[Monday Message](#)

[Daily Announcements](#)

[Athletics Information](#)

[Important School Forms](#)

(Request for Pre-Arranged  
Absence, etc.)

[Calendar](#)

[Lunch Services and Menus](#)

### Farewell

We would like to thank Mr. Fred Brown for supporting our staff, students, and families this year as the 8th-grade assistant principal. Mr. Brown came out of retirement this year to lend us his expertise and guidance. We are grateful for his service and apologize for adding strokes to his golf average. Rest assured - Mr. Brown will be working on his golf game and driving his average down in no time!

### Welcome

We are excited to have Mrs. Erika Harvey join our administrative team as the 8th grade assistant principal! Mrs. Harvey is an experienced educator and administrator who most recently served as the assistant principal at Manoa Elementary School. We look forward to getting back to school where she will bring her passion and love for supporting staff, students, and families to our school community.

### Day of Celebration for HHS Seniors

June 11th has been declared by our Township Commissioners as a day of celebration for our graduating seniors. We encourage all families to display their H-Pride and be on the lookout for our school busses delivering diplomas to our Seniors between 6:30 and 7:30 pm the evening of June 11th. In a socially distant manner we encourage all of our students to cheer on any graduating senior living in their neighborhood.

### 8th Grade Clap Out

We will have a Clap Out for our 8th grade students and families on Wednesday, June 10, 2020 from 8:00 – 9:00 PM. Families are invited to drive through the bus lane on Darby Road. We will have some decorations and encourage you to spirit your car. Our staff will line the bus lane to congratulate the kids and send them off to high school!

Our staff will maintain appropriate social distancing expectations and will be wearing masks. We cannot have any visitors, direct contact, or congregating on the property. Please be respectful of the event and expectations we have planned.

### 8th-Grade Honors and Spring Awards

Our 8th Grade Honors and Spring Awards are scheduled for Friday, June 12, 2020. Spring Awards are at scheduled for 7:00 PM and the 8th Grade Honors are at scheduled for 8:00 PM

- Please join our You Tube Live Watch Party! We will send out a link to the event on June 12th and you may watch our awards programs in real time. There will be a chat section for you to send congrats to all the award winners. Once the award programs have played fully, then you may play them anytime.
- Award recipients will receive an email notice that they will be honored. Emails to award recipients will be sent out on Monday, June 8th.
- All members of our school community are welcome and encouraged to attend.

## Mindfulness Moment

### Summer activity

Here is an activity that you can do that will help you work through your worries and anxiety during the summer months.



### **WORRY BOXES**

When we're feeling anxious, worried, fearful, etc. we can work create a place to hold our worries, traumas, or thoughts.

**Supplies:** Any kind of box or small tin (ex. an empty altoid tin, a shoe/kleenex box), paint, brushes, collage materials, markers / pens

**Instructions:** To make a worry box, use an empty box or tin and **decorate** the outside with encouraging colors, words from magazines, and images that help you feel joy. **Next**, write or draw your current feelings and worries on paper and put them in the box. Try to think about the box as the space where these things live for the day. **Things to consider after creating:** How can the space of the box be helpful to check-in with yourself and your worries? How could it be used to let go of your worries? What other ways could you use your worry box?

## Final Progress Report

We will be issuing a final progress report on June 17th. The interim progress report currently listed in the Q4 column in PowerSchool will be updated after June 11th. The Q4 column will not be viewable on PowerSchool from June 11th-17th.

## Yearbooks

Yearbooks are expected to be delivered to school on July 3rd. If you ordered one, then you may pick it up from school. We will have a few extra yearbooks and you may purchase one. We will send out a pick up plan when we actually have the yearbooks.

## Summer Curriculum Resources

Information regarding our summer reading & math programming is posted on the main page of our website at ----->  
<https://www.haverford.k12.pa.us/departments/curriculum-instruction/summer-curriculum-resources>. The programming offered is manageable and engaging for students and will position them well for when we return to school.

## Food Insecurity

The School District of Haverford Township recognizes that student wellness and proper nutrition are related to students' physical well-being, growth, development, and readiness to learn. If you and your family are experiencing any food insecurity during the COVID-19 pandemic, then please contact the building school social worker, Jocelyn Drucis, at [jdrucis@haverfordsd.net](mailto:jdrucis@haverfordsd.net) or at (610) 853-5900 Ext. 5552 for local food resources and assistance. The school district social workers have been coordinating their efforts with local organizations to help families within the community.

If your child is presently enrolled in the school district's free and reduced lunch program, they are entitled to receive grab-and-go breakfast and lunches every Tuesday and Thursday. Please click on the following link for the district's food pick-up bus locations and times.

<https://www.haverford.k12.pa.us/covid19/coronavirus-covid-19-updates/lunch-delivery-program>

If you are interested in signing your child up for the free and reduced lunch program, then please click on the following

Link:

<https://www.haverford.k12.pa.us/departments/food-services/free-and-reduced-meal-application>

For additional COVID-19 Food/Internet/Housing/Unemployment Resources, please click on the links below:

Food/Internet/Housing/Unemployment Assistance Information:

<https://www.haverford.k12.pa.us/covid19/coronavirus-covid-19-updates/guidance-resources>

Food Pantry Information:

<https://www.haverford.k12.pa.us/covid19/coronavirus-covid-19-updates/food-pantry-information-covid-19>

## Weekly To Do List - Last Week!!!

**Dear Parents and guardians:**

**Please help us support your child's physical, social, emotional, and academic health. We hope that you will:**

- Reach out to us if you need anything.
- Support and guide your child's learning for the week the best you can.
- Ensure that your child checks their teacher's link each day. Work for the week and daily messages will be posted through their teacher's link below.
- Schedule some time to take care of yourself.

**Kids ---> we need you to:**

- Reach out to us if you need anything.
- Check your teacher's link each day. Some teachers will be communicating daily messages to you.
- Visit your teacher's Office Hours at least one time per week. We need to see and hear from you.
- Schedule some time to take care of yourself.

**Thank you!**

## Counseling Corner & Office Hours!

**The school counselors will be available for Office Hours daily on Monday - Thursday at 3:00 PM. This week we will be focusing on summer wellness tips. We will be covering the same topic all week so try to pop into one of the sessions. Below are the days of when each counselor will be online if you would like to see a specific counselor! We would love to see you all!**

- The Office Hours code for counselors is ---> **678counselor**
- Only students should be attending Office Hours
- Mrs. Hughes - Monday
- Miss White - Tuesday
- Mrs. Malczynski - Wednesday
- Mr. Murphy - Thursday

## Final Phys Ed Countdown

At 2:35 PM each day this week get outside and complete the following challenges to show our love for fitness and our H-pride! If you can take a picture and send it to your PE teacher to reflect on all of the positive moments of our year.

### Monday-Memory Monday

- To memorialize the amount of days we have been in quarantine, get outside and complete eighty eight squats, burpees, or push ups, or a combo of all three!

### Trick Shot Tuesday

- Best trick shot OUTSIDE.
- Use a bucket, net, whatever ball you want!!!

### Water Wednesday

- Hose, bucket of water, sponge
- Transfer the water to an empty bucket as fast as you can only using the sponge/towel
- After you transfer the water dump it on yourself

### Hype Thursday

- Get outside-Get Hyped
- Deck yourself out in as much Haverford or red and yellow as possible
- Run or walk around your block
- Make sure to social distance and say Hi and congratulate other students out and about-Show your H-Pride!!!

**Have an amazing and safe summer!!!!**

## Get Your SWAG!!!

Check out the Counseling Corner & Office Hours post above! Send me an email at [dhoran@haverfordsd.net](mailto:dhoran@haverfordsd.net) to let me know what summer wellness tip you will commit to.. We will put your name in a drawing for one of the new coveted H-STRONG T-shirts.

We will be delivering T-shirts to the winners (anyone who emailed me is a winner!!!) from the last two Get You SWAG challenges next week.

## Student Shout Outs!

**EACH AND  
EVERY ONE OF  
YOU DESERVES  
A SHOUT OUT!!!**

## 6th Grade Teacher Links

Beluga Whales	<a href="#">Mrs. Barber's Assignment Link (Math)</a> <a href="#">Mrs. Blischok's Assignment Link (Science)</a> <a href="#">M. Henry's Assignment Link (Social Studies)</a> <a href="#">Mrs. Maholick's Assignment Link (LA)</a> <a href="#">Mr. Oxman's Assignment Link (LA)</a>
Sea Lions	<a href="#">Mrs. Berardoni's Assignment Link (Science)</a> <a href="#">Mrs. Johnson's Assignment Link (Math)</a> <a href="#">Ms. Kim's Assignment Link (Social Studies)</a> <a href="#">Mrs. Scott's Assignment Link (LA)</a> <a href="#">Mrs. Watson's Assignment Link</a>
Arctic Foxes	<a href="#">Mrs. Beamon's Assignment Link (LA)</a> <a href="#">Mrs. Coull's Assignment Link (Social Studies)</a> <a href="#">Mr. Dougherty's Assignment Link (Math)</a> <a href="#">Mrs. Lisowski's Assignment Link (LA)</a> <a href="#">Mrs. Sweeney's Assignment Link (Science)</a>
Polar Bears	<a href="#">Ms. Caven's Assignment Link (LA)</a> <a href="#">Mrs. McFadden's Assignment Link (LA)</a> <a href="#">Mrs. Needles' Assignment Link (SS)</a> <a href="#">Mrs. Sanborn's Assignment Link (Science)</a> <a href="#">Mrs. Young's Assignment Link (Math)</a>
Cross Team and Quarter Classes	<a href="#">Mr. Arsteo's Assignment Link (Math)</a> <a href="#">Mrs. Bingaman's Assignment Link (LA)</a> <a href="#">Mrs. Datner's Assignment Link (LA)</a> <a href="#">Mrs. Hoge's Assignment Link (LA)</a> <a href="#">Mrs. Naylor's Assignment Link (DG)</a> <a href="#">Ms. Sinibaldi's Assignment Link (LA)</a> <a href="#">Mrs. Smith's Assignment Link (LA/Math)</a> <a href="#">Mr. Wagner's Assignment Link (Info Tech)</a> <a href="#">Mr. Brocklesby's Assignment Link (Health)</a> <a href="#">Mrs. Hoffmann's Assignment Link (Art)</a> <a href="#">Mrs. Finnegan's Assignment Link (Spanish)</a> <a href="#">Mrs. McKee's Assignment Link</a> <a href="#">Ms. Talvacchio's Assignment Link</a> <a href="#">Mrs. Castner's Assignment Link (EL)</a> <a href="#">Mrs. Courtney's Assignment Link</a> <a href="#">Mrs. Donofry's Assignment Link (Speech)</a>

## 7th Grade Teacher Links

Giant Pandas	<a href="#">Mr. Finnegan's Assignment Link (Science)</a> <a href="#">Mr. Langin's Assignment Link (LA)</a> <a href="#">Mrs. Ragusa's Assignment Link (SS)</a> <a href="#">Mrs. Ramos' Assignment Link (LA)</a> <a href="#">Mrs. Riley's Assignment Link (Math)</a>
Iberian Lynx	<a href="#">Mr. Burkheimer's Assignment Link (SS)</a> <a href="#">Mr. Cohen's Assignment Link (LA)</a> <a href="#">Ms. Ezr's Assignment Link (LA)</a> <a href="#">Mr. Karwoski's Assignment Link (Science)</a> <a href="#">Mrs. Minnich's Assignment Link (Math)</a>
Komodo Dragons	<a href="#">Ms. Clement's Assignment Link (LA)</a> <a href="#">Mrs. Gannon's Assignment Link (Math)</a> <a href="#">Mrs. Gavio's Assignment Link (LA)</a> <a href="#">Mrs. McGlone's Assignment Link (Science)</a> <a href="#">Ms. Stump's Assignment Link (SS)</a>
Peregrine Falcons	<a href="#">Mr. Ballinger's Assignment Link (SS)</a> <a href="#">Ms. Fitzpatrick's Assignment Link (Science)</a> <a href="#">Mrs. Mann's Assignment Link (LA)</a> <a href="#">Mrs. Popernack's Assignment Link (Math)</a> <a href="#">Mrs. Terra's Assignment Link (LA)</a>
Cross Team and Quarter Classes	<a href="#">Mrs. Kwoczak's Assignment Link (Art)</a> <a href="#">Mrs. Alls' Assignment Link (French)</a> <a href="#">Ms. Evangelista's Assignment Link (Math)</a> <a href="#">Mrs. McKee's Assignment Link (LA)</a> <a href="#">Mrs. Witzel's Assignment Link (LA)</a> <a href="#">Mrs. Hoge's Assignment Link (LA)</a> <a href="#">Mrs. Smith's Assignment Link (LA/Math)</a> <a href="#">Ms. Talvacchio's Assignment Link</a> <a href="#">Mrs. Brocklesby Assignment Link (Health)</a> <a href="#">Mr. Cardarelli's Assignment Link (Info Tech)</a> <a href="#">Mrs. McNamara's Assignment Link (LA)</a> <a href="#">Mrs. Castner's Assignment Link (EL)</a> <a href="#">Mrs. Courtney's Assignment Link</a> <a href="#">Mrs. Donofry's Assignment Link (Speech)</a>



## 8th Grade Teacher Links

Asiatic Cheetahs	<a href="#">Mrs. Eppolito's Assignment Link (LA)</a> <a href="#">Mrs. Gilmore's Assignment Link (SS)</a> <a href="#">Mr. Huth's Assignment Link (Science)</a> <a href="#">Mrs. Koltsaklis' Assignment Link (Math)</a>
Bengal Tigers	<a href="#">Mrs. Clouse's Assignment Link (SS)</a> <a href="#">Mrs. Gerber's Assignment Link (LA)</a> <a href="#">Mr. Kelly's Assignment Link (Math)</a> <a href="#">Mrs. Kindregan's Assignment Link (Science)</a>
Gray Wolves	<a href="#">Mrs. Carroll's Assignment Link (SS)</a> <a href="#">Mrs. Collins' Assignment Link (Science)</a> <a href="#">Ms. Hobson's Assignment Link (Math)</a> <a href="#">Mrs. Jones' Assignment Link (LA)</a>
Snow Leopards	<a href="#">Mrs. Coughlan's Assignment Link (Math)</a> <a href="#">Mr. Fausey's Assignment Link (Science)</a> <a href="#">Mr. Mahar's Assignment Link (SS)</a> <a href="#">Ms. Volpe's Assignment Link (LA)</a>
Cross Team and Quarter Classes	<a href="#">Mrs. Smith's Assignment Link (LA/Math)</a> <a href="#">Mrs. Goebel's Assignment Link (Math)</a> <a href="#">Mrs. McNamara's Assignment Link (LA)</a> <a href="#">Mrs. Salgueiro's Assignment Link (LA)</a> <a href="#">Mrs. Seavey's Assignment Link (LA)</a> <a href="#">Mrs. Tiff's Assignment Link (Tech Ed)</a> <a href="#">Mr. Henry's Assignment Link (Latin)</a> <a href="#">Mrs. Meier's Assignment Link (Health)</a> <a href="#">Mrs. Barber's / Gualtieri's Assignment Link (FCS)</a> <a href="#">Mrs. DiMattia's Assignment Link (Italian)</a> <a href="#">Dr. Alexander's Assignment Link (Art)</a> <a href="#">Mrs. Castner's Assignment Link (EL)</a> <a href="#">Mrs. Courtney's Assignment Link</a> <a href="#">Mrs. Cox's Assignment Link (French)</a> <a href="#">Ms. Wingood's Assignment Link (Spanish)</a>

## Physical Education, Music, and Seminar

<b>Physical Education</b>	<a href="#"><u>Mrs. Johnston's Assignment Link (PE)</u></a> <a href="#"><u>Mr. Grabias' Assignment Link (PE)</u></a> <a href="#"><u>Mr. Miglionico's Assignment Link (PE)</u></a> <a href="#"><u>Ms. Viola's Assignment Link (PE)</u></a> <a href="#"><u>Mrs. Shontz's Assignment Link (PE)</u></a> <a href="#"><u>Mr. Tallon's Assignment Link (PE)</u></a>
<b>Music</b>	<a href="#"><u>Mrs. Langley's Assignment Link (Choral)</u></a> <a href="#"><u>Mr. Giffelman's Assignment Link (Band/GM)</u></a> <a href="#"><u>Ms. Hendler's Assignment Link (Choral/GM)</u></a> <a href="#"><u>Mr. Brennan's Assignment Link (Orchestra)</u></a>
<b>Seminar</b>	<a href="#"><u>Dr. Finn's Assignment Link (Sem)</u></a> <a href="#"><u>Mr. Whitney's Assignment Link (Sem)</u></a>