



251 Llewellyn Avenue
Building F
Campbell, CA 95008

You're Not Alone. We Can Help.

24/7 YOUTH MOBILE CRISIS
408.379.9085

When to Call Mobile Crisis:

- If you are concerned about a youth's safety toward themselves or others.

What We Need from You:

- You are in the same location as the youth and can keep an eye on them or assign someone appropriate to watch them while you call.

What to expect:

- Your call will be routed through an answering service; please ask for the mobile crisis team, and a clinician will call you back within 5-10 minutes.
- We can consult, provide guidance, and share resources over the phone.
- If the situation needs immediate crisis intervention, mental health clinicians will respond as soon as possible.
 - We will assess for immediate risks, facilitate a safety plan with youth and family, or ensure safety through hospitalization.

For any questions, please contact: Laura Kachelmeyer, Program Manager
408-332-6856, laura.kachelmeyer@upliftfs.org