

BODY POSTURE:

- **1, 2, zip, step**
- **Tall Body**
- **Flat violin**
- **Chicken elbow**
- **Straight wrist**



BOW HOLD:

- **Round pinky**
- **Bent thumb**
- **Hugger fingers together**
- **Soft knuckles**
- **Middle finger across from thumb (create circle)**



VIOLIN HAND:

- **Perfiling fingers**
- **Fingers hover above targets**
- **Finger tips touch strings**

