

Kaufman ISD
School Health Advisory
Council



Annual Report for
2019-2020

Community Members: Anita Hurtado, Arsenia Urquiza, Keisha Diera, Katie Sotzing, Paula Statum, Brian Wood, Terri Ibarra, Lisa Prewitt, Angela Martinez, Maria Garcia, Patricia Rivera, Dana Morgan, Daneekia Leonard

Staff Members: Kennan Dealy, Tiffany Jones, Stephanie Reeves, Susan Stahlman, Lydia Bushnell, Vonda Jones, Melanie Negri, Pete Ferrara

Student Members: Gavin Stacks, Allysen Davidson, Elaine Frosch and (Preston) Jeb Williamson

Meetings

The Kaufman ISD SHAC (Student Health Advisory Council) Committee has met three times this past year. The meeting dates are as follows: October 8, December 3 and Feb. 11th. The April 28th meeting canceled due to Covid 19 Virus. All meeting agendas can be found on the Kaufman ISD website under SHAC.

Overview and Accomplishments:

Continuing ongoing discussion was held to find ways to solicit more participation from the community and parents in regards to SHAC meetings.

SHAC promoted the Walk Across Texas program to all KISD Campuses presenting information about activity, healthy habits and family participation for all students in KISD. Kickoff Oct. 11th, 2019. Guest speakers were brought in to talk about the Walk Across Texas- Katie Sotzing and Lisa Prewitt. SHAC is tentatively looking at September 21st, 2020 to November 13th, 2020 for the 20-21 Texas A&M WAC for KISD and SHAC. Please see attached stats.

SHAC Voted to support a KISD Back to School Health Fair to be held August 5th, 2019 and SHAC will sponsor a Nutrition Booth at the Health Fair with a hands on salad making area station in conjunction with Kennan Dealy GM Food Services. We will have a nutrition wheel and information to pass out. Overview of Health Fair- it was a great success and SHAC voted to pursue 2nd Annual Health Fair. Due to COVID 19- the Health Fair will be postponed until further notice. Agenda item when SHAC returns in the Fall will be discussing the Health Fair options.

Guest Speaker Chelsea McCall with Common Threads spoke about cooking and nutrition education in Public Schools and presented curriculum to the SHAC.

KISD implemented First Annual Stop the BLEED program through out all campuses.

SHAC and Wellness voted to invite Texas Mobile Imaging to KISD for health and wellbeing of faculty and what a huge success. Please see attached.

KISD fitness center open and operating, classes offered daily and activities throughout the year.

Guest Speaker Tammie Harris 2-18-2020 from the Texas Department of Health spoke to the SHAC re: Vaping and Programs available to KISD. The SHAC voted to support any anti vaping measures presented to KISD that are free to the district and supported by the Texas Department of Health. See Vaping notes.

Guest Speakers- Bright SMILES, Bright FUTURES Dallas Program presented health Information by Dr. Afrah Syeda and Dr. Jennifer Trinh to promote oral health and nutrition in KISD at the Elementary level.

Respectfully Submitted,

Stephanie Reeves, BSN, RN

KISD SHAC Coordinator