

FCS Exploration (Integrated Model)

Course Description

This course provides students the opportunity to develop essential skills in the various career pathways related to Family and Consumer Sciences (FCS). Students will explore and cultivate skills in food and nutrition sciences, childcare, interior design, clothing and textile construction, fashion design and merchandising, consumerism, entrepreneurship, family relationships, personal responsibility, and career and job-related tasks.

Priority Standards/CTE Strands

- Identify the six Family and Consumer Science pathways and the associated clusters.
- Be introduced to elements of design, housing, interior design, and apparel and how it impacts families, communities and careers.
- Participate in hands-on skill development related to sewing construction and textile design.
- Explore employability skills and the principles of the free enterprise system.
- Exercise the social and emotional skills related to Human Services.
- Participate in activities regarding early childhood education.
- Determine the importance of proper nutrition and food preparation and techniques.

Performance Skills

- Conduct Career research and pathway planning for a career of choice based upon self-assessment results. (Career Investigation FCCLA STAR Event could be integrated.)
- Utilize the elements and principles of design to create a floor plan for a home, business, or apartment.
- Demonstrate competence in sewing machine use, care and safety with the completion of a soft good that includes all of the following: pattern markings, seam allowances, backstitch, pivot, casing, attach a button, measuring, pressing/ironing techniques.
- Develop a business plan using a fictitious product. AND/OR Practice the characteristics of a good employee.
- Create a road map of life that analyzes the influence of personal values and goals related to college/career pathways. AND/OR Evaluate the stress management techniques and determine which technique(s) are effective for stress reduction for the individual student.
- Create a plan for an early childhood education provider that includes any two of the following: food experience, art, finger play, sensory project, appropriate play according to developmental age group, game, story.
- Demonstrate food safety, sanitation, lab management, and healthy food choices in a food lab setting.
- FCCLA Integration into the course.
- Develop professional and interpersonal skills needed for success in industry.

