PhysicaL EductioN Department
Curriculum Pathways

**Lower & Middle School**

- Grade 3: Physical Education
- Grade 4: Physical Education
- Grade 5: Physical Education
- Grade 6: Physical Education
- Grade 7: Physical Education
- Grade 8: Physical Education

**Upper School**

- Upper School Fitness I (Elective)
- Upper School Fitness II (Elective)
- Upper School Fitness III (Elective)
- Upper School Fitness IV (Elective)