SUPPORT FOR PARENTS/GUARDIANS OF HIGH SCHOOL STUDENTS DURING COVID-19

With school closed for the rest of the academic year, EvergreenHealth's high school social work team, in partnership with Lake Washington School District, is expanding services to provide support to parents and guardians of high school students. Have you noticed a change in your student's behavior or overall wellbeing? Are you looking for suggestions on how to discuss difficult topics including mental health and substance use with your student? Do you have specific questions about accessing community resources, or do you simply wish to connect with a licensed professional and other parents/guardians for support?

Have you noticed a change in your high school students' behavior or overall well-being? EvergreenHealth is expanding its services to provide support to parents and guardians of high school students. EvergreenHealth is offering seven virtual meetings to discuss various topics related to mental health. To learn more or to register, visit:

Please join us! See below for offerings and how to sign up.

Monday's (06/01, 06/08, 06/15) from 7:30-8:30 p.m.

To sign up please email Lindsay McMeins, LICSW at C-LMcmeins@lwsd.org and include which date(s) you plan to attend as well as any specific questions you would like answered during the meeting. To access the meeting please copy and paste the following link to your internet browser: *https://bluejeans.com/552698352*

Tuesday's (05/26, 06/02, 06/09, 06/16) from 7:30-8:30 p.m.

To sign up please email Hannah Harrison, LICSW at C-HHarrison@lwsd.org and include which date(s) you plan to attend as well as any specific questions you would like answered during the meeting. To access the meeting please copy and paste the following link to your internet browser: *https://bluejeans.com/154214058*