



B	I	N	G	O
<u>B1</u> Read and reflect on a novel	<u>I1</u> Athletic Challenge	<u>N1</u> Complete Digital Citizenship Lessons on BrainPop	<u>G1</u> Cooking Challenge	<u>O1</u> Complete Lesson(s) on Khan Academy
<u>B2</u> Update your Resume	<u>I2</u> Keep a Journal	<u>N2</u> Buddy Up/ Pen Pal Challenge	<u>G2</u> Research Another Time or Place	<u>O2</u> Career Research
<u>B3</u> Improve Typing Skills	<u>I3</u> Draft a College Admissions Essay	<u>N3</u> Free Space	<u>G3</u> Take a Virtual College Tour	<u>O3</u> Summer Slideshow
<u>B4</u> Volunteer to help a family member	<u>I4</u> Read and reflect on an article on current events	<u>N4</u> Wellness Challenge	<u>G4</u> Conduct a Scientific Investigation	<u>O4</u> SAT Practice
<u>B5</u> Complete Lesson(s) On BrainPop	<u>I5</u> Tik Tok Challenge	<u>N5</u> Digital Portfolio	<u>G5</u> Family Meal Challenge	<u>O5</u> Explore or Practice a Language on Duolingo

Summer Bingo Category Key

Academics	College Readiness	Student Culture	Technology Skills
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## B1: Read and Reflect on a Novel

Overview	It's summer reading time! Take some time this summer to read – explore new books, find authors or genres that you really like, and join communities of readers by discussing your books with others.
Suggested Process	<ul style="list-style-type: none"> <li>• Find a book – a physical book, a graphic novel, an e-book, or an audiobook - that you're interested in. Not sure where to begin? Go <a href="#">here</a> or <a href="#">here</a> for ideas.</li> <li>• Log your reading by posting reviews on social media, creating an account on a site like <a href="#">Goodreads</a>, or by creating your own reading log. Note what you liked about the book and why someone else would enjoy reading it.</li> <li>• Repeat all summer!</li> </ul>
Additional Resources	<ul style="list-style-type: none"> <li>• You can join the Houston Public Library's Summer Reading program to get credit for all your reading – click <a href="#">here</a> to register. You get a free book upon registration and can win more free books and other prizes throughout the summer.</li> <li>• You can create a free account <a href="#">here</a> at OurStory. From there, you can take a quiz that will help you identify books to check out that align to your interests and other books that you've liked before.</li> <li>• Find more books – and links to their authors talking about them – <a href="#">here</a>.</li> </ul>

## B2: Update Your Resume

Overview	Regularly updating your college resume is a good habit to start. As you receive awards, complete activities, work jobs, or finish sport seasons you can update the dates and descriptions on your resume. This way, it is ready to go when you need it.
Suggested Process	<ul style="list-style-type: none"> <li>• Brainstorm all clubs, organizations, activities, honors and awards, student opportunities, volunteer opportunities, or jobs you completed or earned this past year</li> <li>• Add each activity or accomplishment to the appropriate section of your resume. Be sure to include the name of the award or activity, the date in which you earned or completed the activity or award, and bulleted description of the activity or award.</li> <li>• Remember to use your <a href="#">resume power verbs</a> as you create your description for each new entry</li> <li>• Make sure that your entries are in chronological order with the most recent activity, award, or jobs at the top of each section.</li> </ul>
Additional Resources	<ul style="list-style-type: none"> <li>• <a href="#">Example Resume Templates</a></li> </ul>

### B3: Improve Your Typing Skills

Overview	<p>Improving your typing speed enables you to capture your thoughts more quickly, reduces the time it takes to complete assignments, and can even be a skill you can list on your resume!</p> <p>There are free online tools that will teach you the most efficient way to type, provide games to practice, and monitor your progress.</p>
Suggested Process	<ul style="list-style-type: none"><li>• Create a free account on <a href="https://www.typing.com">typing.com</a>.</li><li>• Complete lessons and take typing tests.</li><li>• Track your speed (words per minute) throughout the summer in a table or graph.</li></ul>
Additional Resources	<ul style="list-style-type: none"><li>• <a href="https://www.typing.com/">https://www.typing.com/</a></li><li>• <a href="https://www.typing.com/student/tests">https://www.typing.com/student/tests</a></li></ul>

### B4: Volunteer to Help A Family Member

Overview	<p>Volunteering is a great way to benefit our community and can be added to your college resume to demonstrate your value for service. Currently, many locations may not allow volunteers due to social distancing guidelines. However, there may be friends and family who could benefit from a little additional assistance.</p>
Suggested Process	<ul style="list-style-type: none"><li>• Talk with your parent or guardian to identify a family member or friend.</li><li>• Determine a task and how you can help. This might even be remotely.</li><li>• Schedule and complete your task.</li></ul>
Additional Resources	<ul style="list-style-type: none"><li>• <a href="#">Benefit of Volunteering Ted Talk</a></li></ul>

### B5: Complete Lessons on BrainPop!

Overview	<p>BrainPop is a website that includes short videos featuring the adventures of Tim and Moby, a boy and a robot as they learn new things.</p> <p>You can search BrainPop for topics in many different content areas or browse the content to find a topic that interests you.</p>
Suggested Process	<ul style="list-style-type: none"><li>• Visit <a href="https://www.brainpop.com">brainpop.com</a> and use the username and password yesprep2020</li><li>• Search or browse for content that interests you.</li><li>• Watch the video and complete any of the related activities such as the quiz, etc.</li></ul>
Additional Resources	<ul style="list-style-type: none"><li>• <a href="https://www.brainpop.com/">https://www.brainpop.com/</a></li></ul>

## 11: Athletic Challenge

Overview	<p>Have individuals record their attempt on a device as they watch the video or listen to the song. Video listed below; ensure that you can hear the song.)</p> <p>You receive a point if you can keep up with the cadence of the entire song without stopping at any point. Video is proof. The team with the most points wins. You can attempt the weekly challenge (exercise) as many times as you would like within the week. A new challenge will be introduced weekly. The team with most points at the end of the week wins.</p>
Suggested Process	<p><a href="#">Flowers- Moby ( Song to perform challenge)</a></p> <ul style="list-style-type: none"> <li>• Week 1: <a href="#">Push Up Challenge</a> (April 6- 10) – body can't touch the ground</li> <li>• Week 2: <a href="#">Leg Lift Challenge</a> (April 13-17) legs can't touch the ground and must be at 6in. in the down position</li> <li>• Week 3: <a href="#">Lunge Challenge</a> ( April 20-24) -knees can't touch the ground</li> <li>• Week 4 : <a href="#">Plank Challenge</a> (April 27-May 1) -body can't touch the ground</li> <li>• Week 5: <a href="#">Squat Challenge</a> ( May 4-May 8) -must stay in squat position on the down</li> </ul>
Additional Resources	<ul style="list-style-type: none"> <li>• See above</li> </ul>

## 12: Keep A Journal

Overview	Record this historic time by keeping a journal. You can note your activities, reflect on what is happening around you, take or draw pictures, or take videos to log your thoughts.
Suggested Process	<ul style="list-style-type: none"> <li>• Decide on a format to try: will you keep your journal in a notebook? A document on your computer? Through a photo or video album on your phone?</li> <li>• Write a little bit each day. If you're stuck, find prompts <a href="#">here</a> or <a href="#">here</a> to help get you started.</li> <li>• One of the simplest – and most rewarding – journals is a gratitude journal: write down (or take pictures of) 3-5 things each day that you're thankful for.</li> </ul>
Additional Resources	<ul style="list-style-type: none"> <li>• <a href="#">More prompts here</a></li> </ul>

## 13: Draft a College Admissions Essay

Overview	<p>The college admissions essay is an opportunity for you to tell the reader a bit more about yourself as an applicant. The essay allows the reader (admissions officer) to learn about your passions, character, and values in greater detail and can assist them in making a decision about your fit for the college or university.</p>
Suggested Process	<ul style="list-style-type: none"><li>• For rising 9<sup>th</sup>, 10<sup>th</sup>, and 11<sup>th</sup> graders, read the <a href="#">ApplyTexas</a>, <a href="#">Common Application essay</a> prompts to learn about what types of prompts you will be asked to respond to. You can also choose a particular college or university and visit their individual school site to read about the specific essay prompts that they require students to complete.<ul style="list-style-type: none"><li>○ Sign up for this <a href="#">Free Essay Writing Guide</a> to begin drafting a college admission essay. You will...<ul style="list-style-type: none"><li>▪ Create an essay brainstorm</li><li>▪ Review examples of amazing essays real students wrote</li><li>▪ Write an initial draft</li><li>▪ Get a friend or family member to read your draft and give you feedback</li><li>▪ Make changes to your essay based on your friend or family feedback</li></ul></li></ul></li><li>• For rising seniors, dig up the essay drafts you completed in junior seminar during the spring semester<ul style="list-style-type: none"><li>○ Re-read your draft and see if you get any ideas for improvement</li><li>○ Re-read your draft for typos or errors</li><li>○ Get a friend or family member to read your essay and provide you feedback on content and grammar</li><li>○ Review these tools and resources for ways to revise your essay<ul style="list-style-type: none"><li>▪ <a href="https://www.collegeessayguy.com/blog/5-steps-revising-your-college-essay">https://www.collegeessayguy.com/blog/5-steps-revising-your-college-essay</a></li><li>▪ <a href="https://www.mycoalition.help/hc/en-us/articles/115004402774-Revising-College-Essays">https://www.mycoalition.help/hc/en-us/articles/115004402774-Revising-College-Essays</a></li></ul></li></ul></li></ul>
Additional Resources	<ul style="list-style-type: none"><li>• Visit the <a href="#">College Essay Guy site</a> for great FREE resources on writing an amazing college admissions essay</li></ul>

## 14: Read or Watch and Reflect on a Current Events Story

Overview	Keeping up with the news is always important! Browse trusted news sites or newspapers to follow what is happening in Houston and across the globe.
Suggested Process	<ul style="list-style-type: none"><li>• Visit a news site. For written news you can visit a newspaper (such as the Houston Chronicle or New York Times) or for a news video story you can visit a site such as <a href="https://www.pbs.org/newshour/extra/">https://www.pbs.org/newshour/extra/</a>.</li><li>• You can also visit <a href="https://newsela.com/">https://newsela.com/</a> (username and password are yesprep2020)</li><li>• Browse articles or videos to find a topic that interests you or that you don't yet know about.</li><li>• Read or watch and complete any accompanying activities (if there are any). Write down any key points and discuss with a friend or family member.</li></ul>
Additional Resources	<ul style="list-style-type: none"><li>• <a href="#">How to Spot Fake News</a> is a helpful resource if you are finding articles online that are not tied to a newspaper or news station that you know.</li><li>• <a href="https://studentreportinglabs.org/">https://studentreportinglabs.org/</a> highlights reporting created by students.</li></ul>

## 15: Tik Tok Challenge

Overview	TikTok Challenges are often a combination of three elements: text, sound, and movement (usually to a choreographed dance).
Suggested Process	<ul style="list-style-type: none"><li>• Pick your favorite Tik Tok Challenge or create your own<ul style="list-style-type: none"><li>○ Distance Dance, Blinding Lights, "Savage" Dance, The Renegade</li><li>○ The #LevelUp Challenge, The #CleaningSzn Challenge, The #RealLifeAtHome challenge</li></ul></li><li>• Ask your family to participate to make it more fun</li></ul>
Additional Resources	<ul style="list-style-type: none"><li>• <a href="#">Family's Guide to Tik Tok</a></li></ul>

## N1: BrainPop Digital Citizenship

Overview	<p>A digital citizen is a person who develops the skills and knowledge to effectively use the Internet and other digital technology, especially in order to participate responsibly in social and civic activities.</p> <p>Understanding digital citizenship will help you engage online in safer, more responsible, and more productive ways.</p>
Suggested Process	<ul style="list-style-type: none"><li>• Visit <a href="http://brainpop.com">brainpop.com</a> and use the username and password <code>yesprep2020</code></li><li>• Complete lessons on digital citizenship by watching the videos and completing the quiz or activities at the end.</li></ul>
Additional Resources	<ul style="list-style-type: none"><li>• <a href="https://www.brainpop.com/technology/digitalcitizenship/">https://www.brainpop.com/technology/digitalcitizenship/</a></li></ul>

## N2: Buddy Up Challenge (Pen Pals)

Overview	<p>Even though you have been living in a virtual time, it's important to maintain connections with friends that you don't see regularly. "Buddy Up" time is like having a virtual hang out or pen pal to ensure you keep the relationships you started at school!</p>
Suggested Process	<ul style="list-style-type: none"><li>• Choose a friend from school that you haven't seen in a while</li><li>• With your parents' permission, schedule a time to facetime/zoom/google meetup with your friend at least every other week during the summer OR</li><li>• Get your friend's address and write them a letter! Ask them to write you one back- send updates on your or your family</li></ul>
Additional Resources	<ul style="list-style-type: none"><li>• <a href="#">How to Write a Pen Pal Letter</a></li></ul>

## FREE SPACE

Complete an enrichment activity of your choosing!  
Document with pictures or a written reflection.

## N4: Wellness Challenge

Overview	<p>Develop your mind-body connection to enhance health, well-being, learning, and behavior.</p> <p>"Grounding" is one valuable mind-body resource. When your mind is racing, grounding brings you back to the here and now and is helpful in managing overwhelming feelings.</p>
Suggested Process	<ul style="list-style-type: none"><li>• Practice each of the Grounding techniques outlined in this <a href="#">Tools for Grounding Guide</a></li><li>• Pick the technique that works best for you</li><li>• Share your technique with a family member or friend</li><li>• Use it when you need it!</li></ul>
Additional Resources	<ul style="list-style-type: none"><li>• <a href="#">Guided Meditation</a></li></ul>

## N5: Digital Portfolio

Overview	Create a digital collection of your school/work products. This will help you organize your work for easy retrieval. “Digital portfolios aren’t just a way to archive work—they’re also an excellent vehicle for students to reflect on their growth and learning.”
Suggested Process	<ul style="list-style-type: none"><li>• Create a folder that contains projects that you’re particularly proud of.</li><li>• Examples: essays from English class, slideshows from History, projects from Science, etc.</li><li>• If the product is not digital, take pictures of it and put those pictures in the folder!</li></ul>
Additional Resources	<ul style="list-style-type: none"><li>• A simple folder on your computer works, but you can also check out <a href="#">3 Tools for Creating Digital Portfolios</a></li></ul>



## G1: Cooking Challenge

Overview	Love to cook? Use this time to find new recipes to make a meal for your friends or your family!
Suggested Process	<ul style="list-style-type: none"><li>• Find a cookbook or <a href="#">look here for easy recipes</a></li><li>• Plan a meal</li><li>• Make a list of grocery store items and ask your parents if you can get them from the store</li><li>• Cook a meal for your family</li></ul>
Additional Resources	<ul style="list-style-type: none"><li>• See an easy cooking website above!</li></ul>

## G2: Research Another Time or Place

Overview	Take some time to learn about a time and/or place that interests you! Always wanted to know about what it was like during a different time period or in a different city or country? Conduct some research to learn a little bit more context about a time or place you have not experienced.
Suggested Process	<ul style="list-style-type: none"><li>• Identify the time and/or place to research. (For example, America during the 1940s or the country of China.)</li><li>• Generate a list of questions to help guide your research. Examples could include: what are/were common foods, hobbies, jobs? What was/is the climate and geography like?</li><li>• Determine your source(s). Consider books you could read, people you could interview virtually, websites you could visit.</li><li>• Conduct your research.</li><li>• Write a brief reflection of what you have learned and what questions you still have.</li></ul>
Additional Resources	<ul style="list-style-type: none"><li>• <a href="https://www.history.com/">https://www.history.com/</a></li><li>• <a href="http://www.brainpop.com">www.brainpop.com</a></li><li>• <a href="https://www.nationalgeographic.com/history/">https://www.nationalgeographic.com/history/</a></li></ul>

## G3: Take a Virtual College Tour

Overview	Due to our current circumstances, many colleges and universities are offering virtual tours for perspective students to visit the campus. Now is a great time to check out some schools that may be of interest.
Suggested Process	<ul style="list-style-type: none"><li>• Choose a school that you are interested in attending or just learning more about.</li><li>• Visit the <a href="#">YouVisit</a> site to see if a virtual tour is available. If the school is not available on YouVisit, try googling a virtual tour for the school ie searching “The University of Alabama virtual tour” or visit the college or university’s school site to see if they have posted a virtual tour.</li><li>• As you watch the virtual tour, capture what you love about the school, what you don’t like, and questions about the school that the virtual tour didn’t answer for you. Keep this list to support your college list building process in seminar or for discussion with your campus’s college counselor.</li></ul>
Additional Resources	<ul style="list-style-type: none"><li>• Check out the <a href="#">YouVisit</a> site for over 600 free virtual college tours</li></ul>

## G4: Conduct a Scientific Investigation

Overview	Summer is a great time to do science! By using either an online simulation or a hands-on experiment you can investigate a question or situation and learn something new!
Suggested Process	<ul style="list-style-type: none"> <li>• Determine what you want to investigate and whether you'll do a simulation or an experiment (you can browse resources below).</li> <li>• Talk to your family about any supplies you may need to use and what help you may need.</li> <li>• Determine your question, hypothesis, materials, and procedure.</li> <li>• Conduct the investigation and reflect on your results and conclusion.</li> </ul>
Additional Resources	<ul style="list-style-type: none"> <li>• Interactive simulations: <a href="https://phet.colorado.edu/">https://phet.colorado.edu/</a></li> <li>• <a href="#">Easy science experiments to do at home.</a></li> </ul>

## G5: Family Meal Challenge

Overview	It is so important during busy times to take some time as a family to share a meal together. Challenge your family to do this (for breakfast, lunch, or dinner) at least 4 times in a week!
Suggested Process	<ul style="list-style-type: none"> <li>• Before the week starts, ask your family if you can plan 4 meals together</li> <li>• Compare schedules and choose the 4 meals that work best</li> <li>• Have the 4 meals and share about your days, interests, and current challenges!</li> </ul>
Additional Resources	<ul style="list-style-type: none"> <li>• <a href="https://myfamilymeals.org/">https://myfamilymeals.org/</a></li> </ul>

## O1: Complete Lesson(s) on Khan Academy

Overview	“Khan Academy offers practice exercises, instructional videos, and a personalized learning dashboard that empower learners to study at their own pace in and outside of the classroom. We tackle math, science, computer programming, history, art history, economics, and more.” <a href="https://www.khanacademy.org/about">https://www.khanacademy.org/about</a>
Suggested Process	<ul style="list-style-type: none"><li>• If you don't have one already, use your YES Prep student email to create a Khan Academy account.</li><li>• Browse content by the list of “Courses” or use the search feature to search for a topic you know you need more practice in or that interests you.</li><li>• Watch the video and complete the practice.</li></ul>
Additional Resources	<ul style="list-style-type: none"><li>• <a href="https://www.khanacademy.org/">https://www.khanacademy.org/</a></li></ul>

## O2: Career Research

Overview	Do you know what you want to do when you grow up? Don't worry, you don't have to know yet. But, now is a great time to research potential careers to learn more about what a typical day looks like, any required education or training, and potential salary and benefits.
Suggested Process	<ul style="list-style-type: none"><li>• Visit some of the sites below to research a career you are interested in or explore some careers you may not have even heard of yet.</li><li>• Capture bullet points on the potential earnings for the job, the education requirements, skills needed, etc. Capture what interests or doesn't interest you about this job.</li><li>• If internet research isn't your thing, interview a friend, family member or another adult who works in the career field you are interested in to get a real person's perspective on the job. Use the interview guide below to help you generate questions for your interview.</li></ul>
Additional Resources	<ul style="list-style-type: none"><li>• <a href="#">Naviance Student Login Portal</a></li><li>• <a href="#">Career Explorer</a></li><li>• <a href="#">U.S Bureau of Labor Statistics K-12 Career Exploration Resources</a></li><li>• <a href="#">Questions for Interviewing an adult in a career you are interested in</a></li></ul>

## O3: Summer Slideshow

Overview	Capture your summer memories in a digital photo album or PowerPoint deck. Practice PowerPoint skills and let your creative side shine in presentations you can share with your family, friends, and teachers.
Suggested Process	<ul style="list-style-type: none"><li>• Log into Office 365 to access PowerPoint (for your slideshow) and OneDrive (where you can save photos and files).</li><li>• Create slides for all the things you want to do during summer.</li><li>• Add pictures as you do them. Don't forget to add captions!</li></ul>
Additional Resources	<ul style="list-style-type: none"><li>• <a href="#">Office 365</a></li><li>• <a href="#">Creating a PowerPoint Presentation</a></li></ul>

## O4: SAT Practice

Overview	Many colleges and universities require a college admissions exam score (SAT or ACT) to complete your application. Generally, there is a score range that each
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	college or university is looking for in their applicants. Now is a great time to practice so that you are submitting a competitive score for the college or university you desire to attend.
Suggested Process	<ul style="list-style-type: none"> <li>• If you don't have one already, use your YES Prep student email to create a Khan Academy account.</li> <li>• If you have taken the SAT or PSAT, or any college board exams, link your Khan Academy account with your College Board account. This will allow Khan Academy to pull your PSAT and SAT scores and provide you with tailored lesson recommendation and practice plans based on your testing strengths and areas of improvement.</li> <li>• Complete at least 1 of the recommended lessons and accompanying practice activities that Khan Academy recommends for you based on your PSAT or SAT scores.</li> <li>• If you do not have any PSAT or SAT data yet, try out any of the free SAT practice videos and activities that interest you.</li> </ul>
Additional Resources	<ul style="list-style-type: none"> <li>• <a href="#">Khan Academy Site</a></li> <li>• <a href="#">Khan SAT Practice</a></li> </ul>

## O5: Explore or Practice a Language on Duolingo

Overview	Duolingo is a free website and app that can help you begin to learn or practice different languages. There are over 30 languages to choose from.
Suggested Process	<ul style="list-style-type: none"> <li>• Visit Duolingo's site and/or download the app.</li> <li>• You can use your YES Prep email account to create a new account if you don't already have one.</li> <li>• Explore the list of languages and begin a program!</li> <li>• Practice using your new skills with friends or family if possible.</li> </ul>
Additional Resources	<ul style="list-style-type: none"> <li>• <a href="https://www.duolingo.com/">https://www.duolingo.com/</a></li> </ul>