

Parenting During COVID-19: Strategies and Support for Caregivers

This group will provide a supportive, judgement-free space for adults to discuss the many challenges of parenting during the current national health crisis. We will also provide information on practical parenting skills such as navigating difficult discussions, building positive relationships, and encouraging healthy screen time and sleep habits.

To register, please submit interest online:

<https://www.austinchildguidance.org/services/currentgroups.html>

For questions, please call to leave a message with the receptionist:

512-451-2242



WHO:

Caregivers of children between the ages of 2-11

WHEN:

6:00-7:30 on Tuesdays
June 16th - July 21st

WHERE:

Virtual- Zoom

COST:

\$60 per session, or \$300 total if paid in advance. Sliding fee scale price may be available based on income and household size

