

Mamaroneck Union Free School District
From the Health Office

Dear Parents/Guardians:

We hope you and your families are well. As a reminder, New York State law mandates student medical requirements for the upcoming school year. Summer is the perfect time to consult with your child's medical provider to see that they are up to date with their immunizations and physical exams.

For the 2020-2021 school year, physical examinations are required for all new students as well as students entering **Pre-K, Kindergarten and grades 1,3, 5, 7, 9 & 11**. Physical Exams dated September 5, 2019 and after are acceptable. Please be sure forms are fully completed, as well as signed and stamped by your child's medical provider. **Physical Exam forms should be submitted to the Health Offices by September 30, 2020.**

HMX and MHS Students who are planning to participate in Fall Sports are required to submit a current physical to the health office for clearance.

Link to District Health Office Website and Health Forms:

<https://www.mamkschools.org/parents-community/student-health-services>

Instructions on how to access District Health Office Website Health Forms:

Go to www.mamkschools.org. Tools (top right), parent (top right), then School Health Forms tab.

Physical Exams:

Physical exam certificates and forms can be found on the district website. Your child's medical provider may have their own forms. Physical Exam Forms completed, signed, and stamped by your child's medical provider are acceptable.

Immunizations:

Required school **immunizations** are listed on the district website, as well as on district Vaccination Forms. *Please consult with your child's medical provider over the summer to be sure your child is up-to-date on immunizations.* All completed immunization records must be signed and stamped by your child's medical provider. Your child's medical provider may have their own forms. Generally, Vaccination Forms completed, signed, and stamped by your child's medical provider are acceptable

Medication:

If your child had medication in the Health Office last school year, you will need to submit **new medication forms** completed by your child's medical provider and yourself for September. This includes over-the-counter medication (only sealed bottles/containers are acceptable). Medications will only be accepted with completed medication paperwork.

If your child has a food allergy or asthma, please be sure to download Allergy or Asthma *Packets* (includes emergency action plan).

Health Office Summer Medication Drop Off Hours:

District Nurses will be in the Health Offices on *Wednesday August 26th from 9am to 12pm* and *Thursday September 3rd from 12:30pm to 2pm* collecting medication and forms. *Please be sure all medication is labelled and check all expiration dates prior to dropping off. Medication not properly labelled or expired will not be accepted.*

All forms should be submitted to the Health Office on the first day of school. Please do not mail forms over the summer. Please make a copy for your records prior to submitting medical paperwork. Unfortunately, we are unable to accept photos of medical documents. Originals, copies, scans and faxes are acceptable.

Have a healthy and happy summer!

Mamaroneck School District Nurses