



FAQ for the School Nurse

How do I contact the school nurse?

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Who do I notify if my child is ill?

Please use the parent portal of the Smart Tag Campus Dismissal Manager (CDM) at <http://parent.smart-tag.net> regarding any absences your child may have. Please add what symptom your child is experiencing in the note section. An absence that does not have a notification on file will remain unexcused on your students record until a note is received.

When can my child return to school after an illness?



General Guidelines:

- **Fever:** When fever-free (<100.0 F) for at least 24 hours without the use of fever-suppressing medication.
 - **Vomiting:** When able to tolerate food and liquids without any recurrence of vomiting, typically 24 hours after the last episode.
 - **Diarrhea** (3 or more episodes of loose stools in 24 hours): When diarrhea-free for 24 hours without the use of diarrhea-suppressing medication.
 - **Common Cold:** When fever-free for at least 24 hours without the use of fever-suppressing medication.
 - **STREP throat:** When on antibiotics and fever-free for at least 24 hours without the use of fever-suppressing medication.
 - **Flu (influenza):** When fever-free for at least 24 hours without the use of fever-suppressing medication.
 - **Pink eye** (bacteria or viral conjunctivitis): A doctor's note is required unless symptoms have resolved or when on antibiotic eye drops or ointment for at least 24 hours.
 - **Head lice:** After head lice treatment and head lice recheck by the school nurse have been done.
- **Specific School Exclusions are listed at www.dshs.state.tx.us** Communicable Disease Chart and in the *Texas Administrative Code Rule 97.7*.



Other

- **Coughing, extreme congestion and/or fatigue without a fever:** These symptoms can limit the ability to participate in learning. Ask yourself if a day of rest will shorten the illness and protect classmates from the spread of germs.
- **If symptoms develop in the night....**please keep your child home until you are sure he/she is symptom free.



What do I do if my child needs to take medication at school?

Bring prescription and over the counter medications to the school nurse in its original container. An EISD medication form may be filled out in the nurse's office or downloaded from FTE /district websites. Instructions should include your child's name and the medication name, dose, and time to be given. A physician's signature is required on the EISD medication permit if medication is to be given daily or as needed for more than 2 weeks.

All medications must be provided by the parent/guardian. Over the counter medications are not available in the nurse's office.



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What do I do if my child is ill or injured and cannot participate in PE or recess?

Send all requests for PE/Recess excuses to the school nurse. Let the nurse know the nature of your child's illness or injury. A doctor's note may be required if your child misses more than 3 days. Students in casts, splints, slings, and crutches will need a doctor's note to indicate when they may safely resume activity.

Even if the level of participation is modified all students are encouraged to go outside during recess.

PLEASE contact your school nurse if your child has:

- Life-threatening allergies
- Diabetes
- Seizures
- Asthma
- Heart condition
- Mobility, Vision or Hearing Impairment
- Chronic or serious health condition

