

Update from AVUHSD

May 15, 2020

May is Mental Health Awareness Month!



Pandemic EBT

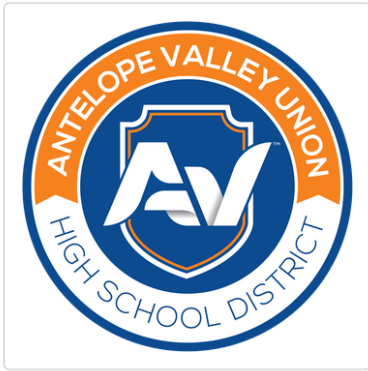
Due to COVID-19, children who are eligible for free or reduced-price meals at school will get extra food benefits. These food benefits are called Pandemic EBT or P-EBT benefits. P-EBT benefits help families in California buy food when school is closed.



Families will get up to \$365 per eligible child on their P-EBT card to use on food and groceries. Families with children who get CalFresh, Medi-Cal or Foster Care benefits do not need to apply. Most will get their P-EBT card in the mail during the month of May. P-EBT cards will begin arriving around May 12, 2020.

Families with children who are eligible for free or reduced-price meals and who do not get their P-EBT card in the mail by about May 22, 2020 must apply online before June 30, 2020. The


online application will be available beginning May 22, 2020 at ca.p-ebt.org.




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