


**Staff Development Virtual Professional Learning & Virtual Office Hours**  
**For the Week of May 25 - May 29, 2020**

*The following document provides a menu of options for educators from across the Wayne-Finger Lakes region to connect and learn during this unique time. Options below include collaborative sessions organized by Job Alike/Content Alike groups, as well as short interactive learning sessions to support teachers as they instruct remotely.*

**Directions:**

- Click on a date below to bring you to a description for each session being offered. Or simply scroll through the document.
- When you find something you want to attend, click on the *Register Here* link within the description box. Session registration is now being run through Frontline (My Learning Plan). Participants will be automatically enrolled in all FREE sessions. The facilitator of that session will email you the virtual meeting link approximately one hour before your session is scheduled to begin.
  - [How to Enroll in a Workshop with MLP](#)
- Looking for CTLE Hours? *All courses are now in Frontline (My Learning Plan). Once the course is completed and attendance has been verified, participants will be able to download their own completion certificate.*
  - [How to Print a Certificate of Completion](#)

<a href="#">May 25</a>	<a href="#">May 26</a>	<a href="#">May 27</a>	<a href="#">May 28</a>	<a href="#">May 29</a>
	<p>Morning Meditation</p> <p>Elementary Teacher Group (AM/PM)</p> <p>Physical Education Teacher Group</p> <p>Taking a Deeper Dive into the Community Circle</p> <p>OT/PT Support Group</p>	<p>Morning Meditation</p> <p>Secondary Teacher Group (AM/PM)</p> <p>Basics of Microsoft Teams</p> <p>Mindfulness Mini-Lessons for Self &amp; Students: RAIN</p> <p>K-12 Math Games</p>	<p>Morning Meditation</p> <p><b>NEW</b> Engaging Students With Digital Manipulatives</p> <p><b>NEW</b> Standards Mastery Component of iReady</p>	<p>Morning Meditation</p> <p>Wayne-Finger Lakes Regional ELL Collaborative</p> <p><b>NEW</b> Therapeutic Crisis Intervention Trainer Connect</p>

	Wayne-Finger Lakes Regional ELL Collaborative			
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**~Linked Below~**

- ★ [More Virtual Sessions Including Instructional Technology Trainings and Sessions for Special Education Teachers](#)
- ★ [Resources to support Emergency Remote Learning](#)

Time & Registration Form	Topic	Facilitator
<b>Monday, May 25, 2020</b>		
Happy Memorial Day! No Sessions		
<b>Tuesday, May 26, 2020</b>		
8:00-8:15 <a href="#">Register Here</a>	<b>Morning Meditation with Betsy:</b> Start your day with a 15-minute focus on your personal well-being.	<a href="#">Betsy Serapilio-Frank</a>
8:30-9:00 <a href="#">Register Here</a>	<b>Elementary Teacher Group (AM):</b> Come join us for a half hour of sharing, connecting, and collaborative planning	<a href="#">Betsy Serapilio-Frank</a> <a href="mailto:Mary.Harvey@wfboces.org">Mary.Harvey@wfboces.org</a> <a href="mailto:Andrew.Mitchell@wfboces.org">Andrew.Mitchell@wfboces.org</a>

<p>8:30-9:00</p> <p><a href="#">Register Here</a></p>	<p><b>Physical Education Teacher Group:</b> PE teachers are welcome to join this group for a half hour of sharing, connecting and collaborative planning. Topics will vary weekly based on the group's input.</p> <ul style="list-style-type: none"> <li>• <a href="#">Link to Collaborative Notes</a></li> </ul>	<p>Jennifer Meehan Shane Vallaire Jessica Sheridan</p>
<p>2:00-2:30</p> <p><a href="#">Register Here</a></p>	<p><b>Taking a Deeper Dive into the Community Circle:</b> Practice with the virtual circle with a focus on the talking piece and closing the circle. A SEL topic will be demonstrated. The circle will address emotional literacy around the SEL competencies. A mindful practice in the circle that teachers can ground students' learning will be discussed.</p> <ul style="list-style-type: none"> <li>• <a href="#">Link to Collaborative Notes</a></li> </ul>	<p><a href="#">Lisa Brockhuizen</a> Kristen DeFeo</p>
<p>2:30-3:00</p> <p><a href="#">Register Here</a></p>	<p><b>OT/PT Support Group:</b> Join us for a collaborative conversation to discuss: What's working? What are you struggling with? What are you looking for students to gain? during this emergency remote learning time.</p> <ul style="list-style-type: none"> <li>• <a href="#">Link to collaborative notes</a></li> </ul>	<p>Cindy Salow</p>
<p>3:00-3:30</p> <p><a href="#">Register Here</a></p>	<p><b>Elementary Teacher Group (PM):</b> Come join us for a half hour of sharing, connecting, and collaborative planning</p>	<p><a href="#">Betsy Serapilio-Frank</a> <a href="mailto:Mary.Harvey@wflboces.org">Mary.Harvey@wflboces.org</a> <a href="mailto:Andrew.Mitchell@wflboces.org">Andrew.Mitchell@wflboces.org</a></p>
<p>3:00-4:30</p> <p><a href="#">Register Here</a></p>	<p><b>Wayne-Finger Lakes Regional ELL Collaborative</b> Here at MidWest RBERN we are committed to partnering with you during this unprecedented time. We are offering a series of Regional ELL Collaborative meetings with the focus of gathering more information surrounding the current teaching and learning practices in your region. The goal of these collaborative meetings is to identify both what's working for our ELLs and areas of practice that need support and/or improvement. Please join us by signing up for the Collaborative in your region. You will receive a ZOOM link to the email address you use in MyLearningPlan the morning of the event.</p>	<p>Shawna Sweet, MidWest RBRN</p>

**Wednesday, May 27, 2020**

<b>Wednesday, May 27, 2020</b>		
8:00-8:15 <a href="#">Register Here</a>	<b>Morning Meditation with Betsy:</b> Start your day with a 15-minute focus on your personal well-being.	<a href="#">Betsy Serapilio-Frank</a>
8:30-9:00 <a href="#">Register Here</a>	<b>Secondary Teacher Group (AM):</b> Come join us for a half hour of sharing, connecting, and collaborative planning	<a href="#">Betsy Serapilio-Frank</a> <a href="mailto:Mary.Harvey@wflboces.org">Mary.Harvey@wflboces.org</a> <a href="mailto:Andrew.Mitchell@wflboces.org">Andrew.Mitchell@wflboces.org</a>
10:30-11:30 <a href="#">Register Here</a>	<b>Basics of Microsoft Teams:</b> This session will introduce Microsoft 365 Teams. We will go over setting a class team up, as well as communication, assignments, file sharing, and video conferencing.	Gordy Baxter
11:30-12:00 <a href="#">Register Here</a>	<b>Mindfulness Mini-Lessons for Self &amp; Students: RAIN</b> The practice of RAIN is a practice that helps us to recognize feelings and from that recognition cultivate greater emotional intelligence & compassion	Erica Ebert, Webster CSD
1:30-2:00 <a href="#">Register Here</a>	<b>K-12 Math Games:</b> How can we create engaging learning experiences from a distance? Through math games! Come to this session to play, learn, and use standards-aligned math resources. Special thanks to Pam and Stefan for sharing these materials with our region! This is an encore presentation.	<a href="#">Andy Mitchell</a>
3:00-3:30 <a href="#">Register Here</a>	<b>Secondary Teacher Group (PM):</b> Come join us for a half hour of sharing, connecting, and collaborative planning	<a href="#">Betsy Serapilio-Frank</a> <a href="mailto:Mary.Harvey@wflboces.org">Mary.Harvey@wflboces.org</a> <a href="mailto:Andrew.Mitchell@wflboces.org">Andrew.Mitchell@wflboces.org</a>

**Thursday, May 28, 2020**

<p>8:00-8:15</p> <p><a href="#">Register Here</a></p>	<p><b>Morning Meditation with Betsy:</b> Start your day with a 15-minute focus on your personal well-being.</p>	<p><a href="#">Betsy Serapilio-Frank</a></p>
<p>10:00- 10:30</p> <p><a href="#">Register Here</a></p>	<p><b>NEW Engaging Students With Digital Manipulatives:</b> Get your students engaged with your <b>Google Slides</b> content to develop, clarify, and assess learning! This session will show you how to provide interactive learning opportunities for your students using a variety of manipulative templates.</p> <p style="text-align: center;"><b>*This offering requires some comfort navigating instructional technology*</b></p> <ul style="list-style-type: none"> <li>• <a href="#">Link to Resource Document</a></li> </ul>	<p><a href="#">Erika Asquino</a> Laurie Elliott</p>
<p>11:30-12:00</p> <p><a href="#">Register Here</a></p>	<p><b>NEW Standards Mastery Component of iReady:</b> Take a look at the standards based assessments available through iReady. How you can use these as tools for instruction, interventions and online test practice.</p>	<p>Cindy Salow</p>

**Friday, May 29, 2020**

<p>8:00-8:15</p> <p><a href="#">Register Here</a></p>	<p><b>Morning Meditation with Betsy:</b> Start your day with a 15-minute focus on your personal well-being.</p>	<p><a href="#">Betsy Serapilio-Frank</a></p>
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<p>9:00-10:00</p> <p><a href="#">Register Here</a></p>	<p><b>Therapeutic Crisis Intervention Trainer Connect:</b> Let's take some time as trainers to reflect on the school year. This is a time to share and collaborate with others. What as a trainer do you need to build meaningful refreshers!</p>	<p>Lisa Brockhuizen</p>
<p>10:00-11:30</p> <p><a href="#">Register Here</a></p>	<p><b>Wayne-Finger Lakes Regional ELL Collaborative</b> Here at MidWest RBERN we are committed to partnering with you during this unprecedented time. We are offering a series of Regional ELL Collaborative meetings with the focus of gathering more information surrounding the current teaching and learning practices in your region. The goal of these collaborative meetings is to identify both what's working for our ELLs and areas of practice that need support and/or improvement. Please join us by signing up for the Collaborative in your region. You will receive a ZOOM link to the email address you use in MyLearningPlan the morning of the event.</p>	<p>Shawna Sweet, MidWest RBRN</p>



## Even More Sessions to Choose From!



### Mid-West Regional Partnership Center

is part of the NYSED Office of Special Education (OSE)'s OSE Educational Partnership network. We engage in systems change work, providing a variety of supports including regional learning opportunities, targeted skills groups, and intensive partnerships. We provide technical assistance and professional development to a variety of stakeholders in the Monroe 1, Monroe 2, Genesee Valley and Wayne Finger Lakes BOCES Regions as well as the Rochester City School District. We work toward sustainability and share promising/effective practices within the region and across the state.

### [Virtual Workshop Sessions](#)

### BOCES 4 Science

BOCES 4 Science is a collaborative effort between BOCES in the Mid-Western New York State region (JMT). BOCES 4 Science is a science program service developed through a partnership between the BOCES.

During this time in which in-classroom lessons cannot be conducted, teachers are encouraged to use [these At-Home/Low Tech Science Experiments](#) to continue science exploration outside of school

### [Virtual Training Sessions](#)



### Session Recordings from W-FL



[Click here](#) to access past session recordings.

- [Click here for Schoology specific recordings](#)
- Click here for [Reading, Writing, and Social Studies, Oh, My!](#) recording

[Complete this form for CTLE credit for Recorded Sessions](#)

### Looking for more Resources?

- [NYSED Continuity of Learning](#)
- [Remote Learning Lesson Templates](#)
- <https://essentialed.capitalregionboces.org/> Capital Region BOCES in partnership with its 24 components school districts has launched this website as a resource for K-12 educators to support them with remote learning. This site houses high-quality educational resources and lessons mapped to priority curriculum standards for K-8 math and ELA, middle school science and social studies, and Regents courses.
- [Content-Based Resources](#)
- [At Home Science Tasks from BOCES 4 Science](#)
- [PBS Learning Media](#)
  - [Rochester based WXXI Education](#)
  - [Syracuse based WCNY Connected](#)
- [Early Learning Resources \(PK-3\) + Supplemental Padlet](#)
- [BOCES/EduTech Resources for Emergency Planning](#)