



MANSFIELD ISD TAKE & BAKE MENU

May 26 - June 1

PICK UP DAYS TU & F

9AM - 11AM

NOW SERVING 3 DAYS WORTH OF MEALS AT A TIME! 9am - 11am TUESDAYS & FRIDAYS

Includes Saturday Breakfast and Lunch!

First come, first served. While Supplies Last.

All children 18 & under and special needs adults up to age 21 are eligible for free meals.

Children are not required to be enrolled in Mansfield ISD schools.

Meals available at the following locations:

Annette Perry Elementary - DP Morris Elementary - Glenn Harmon Elementary - Mary Jo Sheppard Elementary - Della Icenhower Intermediate - Lake Ridge HS
(Carbohydrate counts listed beside each menu item)

TUESDAY 26	WEDNESDAY 27	THURSDAY 28	FRIDAY 29	SATURDAY 30	MONDAY 1
BREAKFAST Turkey Sausage Breakfast Pizza (25g) 100% Juice (14g) Choice of Milk	BREAKFAST Danimals (16g) Animal Crackers (22g) Raisels (37g) Choice of Milk	BREAKFAST Cereal (14g) Orange (15g) Choice of Milk	BREAKFAST Muffin (30g) Cheesestick (1g) Craisins (28g) Choice of Milk	BREAKFAST Mini Pancakes (35g) 100% Juice (14g) Raisels (37g) Choice of Milk	BREAKFAST Cereal (14g) Fresh Apple (19g) Choice of Milk
LUNCH Chicken Crispito (40g) Fresh Apple (19g) Baby Carrots (5g) Salsa Cup (5g) Choice of Milk	LUNCH Breaded Mozzarella Sticks (35g) Applesauce (16g) Marinara Cup (7g) Broccoli (5g) Choice of Milk	LUNCH Chicken Fried Steak Sandwich (35g) Craisins (28g) Star Tots (20g) Pickle Chips (1g) Choice of Milk	LUNCH Chicken Tenders (18g) Strawberry Applesauce (16g) Baby Carrots (5g) Star Tots (20g) Choice of Milk	LUNCH DIY Chicken Tacodilla (33g) Raisels (37g) Corn (9g) Salsa Cup (5g) Choice of Milk	LUNCH Chicken Sandwich (29g) Whole Orange (15g) Emoji Fries (18g) Pickle Chips (1g) Choice of Milk

CURBSIDE MEALS CONTINUING THROUGH SUMMER!

PICK UP DAYS TU & F 9AM - 11AM THROUGH JULY 31!

This institution is an equal opportunity employer and provider

Menus are subject to change

TAKE AND BAKE HEATING INSTRUCTIONS

Keep frozen items (black container) frozen until ready to cook. Remove items from container before heating.

Keep cold items refrigerated until ready to eat.

Appliances vary. Heating times and temperatures approximate. CAUTION! Heated items will be HOT! Let stand 1-2 minutes before serving.

Allergens listed include top 8 (milk, soy, egg, wheat, shellfish/fish, peanut/ tree nut) All Items are pork free. Any additional ingredient questions please e-mail seonervin@misdmil.org

Breakfast Pizza

Recommended:

Preheat oven to 375F. Bake on sheet pan
14-16 minutes or until pizza reaches 165F.

OR

Heat in microwave for 1 minute.

Contains milk, wheat & soy

Mini Pancakes

Please follow individual package directions.

Frozen Vegetables

Microwave in a covered, microwave safe dish for 1
minute.

Chicken Crisпитos

Recommended:

Oven method: Preheat oven to 375F.

Bake on sheet pan 12-15 minutes or until crisпитos
reach 165F.

OR

Microwave 1 minute.

Contains milk & wheat

Emoji Fries

Recommended:

Preheat oven to 450F. Bake on sheet pan
9-14 minutes or until fries reach 165F.

OR

Microwave on high 2 minutes

Star Tots

Recommended:

Preheat oven to 425F. Bake on sheet pan
15-20 minutes on or until tots reach 165F.

OR

Microwave on high 2 minutes.

Tacodilla

Recommended:

Preheat oven to 400F . Place diced chicken and
shredded cheese on one side of the tortilla. Fold
the other half over to create a semi-circle. Bake on
sheet pan 6-8 minutes or until cheese is melted
and internal temperature reaches 165F.

OR

Place diced chicken and cheese in tortillas and
place on a microwave plate. Heat on high 1-2
minutes. Roll up and enjoy!

Contains milk (cheese), wheat and soy

Breaded Mozzarella Sticks

Recommended:

Oven method: Preheat oven to 350F.

Bake on sheet pan 5-7 minutes
or until mozzarella sticks reach 165F.

OR

Microwave 1 minute.

Contains milk, wheat & soy

Chicken Fried Steak Sandwich

& Chicken Sandwich

Recommended:

Preheat oven to 400F. Bake patty on sheet pan
10-15 minutes or until patty reaches 165F.

Place on bun.

OR

Microwave 45 seconds, flip whole sandwich upside
down and microwave 45 additional seconds.

Contains wheat, milk and soy

Chicken Tenders

Recommended:

Oven method: Preheat oven to 375F.

Bake on sheet pan 12-15 minutes
or until tenders reach 165F.

OR

Microwave 1 minute.

Contains milk & wheat