

PRESS RELEASE

KANSAS CITY PUBLIC SCHOOLS
DEPARTMENT OF COMMUNICATION AND COMMUNITY ENGAGEMENT
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MEDIA ADVISORY

Central Academy of Excellence Hosts Women's Empowerment Lock-In

Free event is Friday, March 31 at Central Academy of Excellence

Kansas City, March 28, 2017: Central Academy of Excellence is hosting a Women's Empowerment Lock-In 3:00 p.m. Friday, March 31 to 9:00 a.m. Saturday, April 1 in the gym at the school, which is located at 3221 Indiana Ave. in Kansas City, Mo. All members of the news media are invited and encouraged to attend.

This event is free and open to Central Academy female students in grades 9-12. Attendees will have an opportunity to access a wide range of empowerment classes, college and career readiness lectures, guest speakers, games, refreshments and more. Presenters and classes offered include:

- Cynthia Newsome – Presenting yourself to the world
- Lynn Shipley – Using technology to discover the real you
- Rochinda Pickens – You can make it! (Through the difficult times)
- Donna McDaniel – Money Wise (How to make good decisions with your money)
- College & Career Coordinators from UMKC and other local colleges
- Adrienne Hays – Own your own (Entrepreneurship)
- And many more

Developed by Central Academy Principal Anthony Mandry, the Women's Empowerment Lock-In was designed to help students empower themselves for success through education. Learn more by visiting kcpublicschools.org/central or calling (816) 418-2000.