

BOWLING

1973	David Tandler
1974	William Bazley
1975	Richard Imperali
1976	Richard Imperali
1977	Kevin Hardy

1978	Scott Finley
1979	Frank Lewis
1980	Steve Talnose
1981	Robert Sykes
1981	Jay Leu

BOYS CROSS COUNTRY

1976	Jared Kline
1977	John Moulton
1978	John Moulton
1979	Mark Lurie
1980	Curt Lurie
1981	Steen Friis
1982	Thom Jacobs
1983	Jim Funk
1984	Craig Gemmell
1985	Keith Moody
1986	Dave Chung
1987	Mike Evans
1988	Mike Evans
1989	Zak Madison
1990	Raj Saini
1991	Mike Morris

1992	John Cesarek
1993	Jarrett O'Donnell
1994	Scott Barszczewski
1995	Ravi Purushotham
1996	Steven Schpero
1997	Gary Stevens
1998	Burke Roper
1999	Luke Mitchell
2000	Carl Desir
2001	Carl Desir
2002	Bruce Bassi
2003	Andrew Percy
2004	David Krause
2005	Chris Walsh
2006	Michael McSherry
2007	Wesley Halstead

2008	Adam Trofa
2009	Adam Trofa
2010	Ryan Laemel
2011	Dean Bhatt
2012	Clark Shurtleff
2013	Shae Belenski
2014	Michael Yuan
2015	Sricharan Kadimi
2016	Harrison Block
2017	Kyle Beaudette
2018	Connor Visnic
2019	Connor Visnic
2020	John Dill

GIRLS CROSS COUNTRY

1980	Ani Docal
1981	Marisa Honig
1982	Amy Davidson
1983	Jean Pepe
1984	Kerry Carton
1985	Thea Schwartz
1986	Thea Schwartz
1987	Margaret Schultz
1988	Debby Marlowe
1989	Debby Marlowe
1990	Patty O'Connor
1991	Melissa Fusarelli
1992	Sara Mulligan
1993	Janis Eisenberg

1994	Janis Eisenberg
1995	Laurie Demsky
1996	Gwen Duchardt
1997	Merideth Rossner
1998	Yana Turzhitskaya
1999	Amanda Brei
2000	Amanda Brei
2001	Stephanie D'Orso
2002	Mary Warren
2003	Sonia Haerizadeh
2004	Sonia Haerizadeh
2005	Sonia Haerizadeh
2006	Steph Shea
2007	Paige Palloto

2008	Annelies Gamble
2009	Annelies Gamble
2010	Sara Breland
2011	Jane Depgen
2012	Leanne Beedle
2013	Lisa Gorham
2014	Emily Criscuolo
2015	Emily Criscuolo
2016	Melissa Taggart
2017	Emily Criscuolo
2018	Abigail Bowser
2019	Madelyn Ciskowski
2020	Dana Della-Giustina

DANCE/SPIRIT

2011	Rachel Simon
2012	Rachel Simon
2013	Tara Gioiella
2014	Rosie Richetelli
2015	Rosie Richetelli

2016	Rosie Richetelli
2017	Sophie Benjamin
2018	Sophie Benjamin
2019	Sophie Benjamin
2020	Sydney Reiner

BOYS GOLF

1973	Dave Ruocco
1974	J. Dey
1975	William Day
1976	Joe Barbato
1977	Joe Barbato
1978	Bart Voloshin
1979	Bob Rosenthal
1980	Mike Ryan
1981	Adam Parsons
1982	Ted Roberts
1983	Powell Chodos
1984	Justin Shanley
1985	Scott Cooper
1986	Bart Curd
1987	Lee Lasto
1988	Adam Whitehead
1989	Dave Hagler
1990	Chris Larizza
1991	Robert Hedman
1992	Matt Hall
1993	Matt Hall
1994	Barrett Conway
1995	Darren Ressler
1996	Darren Ressler
1997	Darren Ressler
1998	Peter Borgwald

1999	Brian Lerman
2000	Matt Harrison
2001	Mike Giambra
2002	Tim Johnston
2003	Ryan Leahy
2004	Dan Kerames
2005	Josh Chen
2006	Scott Pearl
2007	Dan Caffaso
2008	Collin Monohan
2009	Collin Monohan
2010	Alex Marieb
2011	Alex Marieb
2012	Alex Marieb
2013	William Emery
2014	Brent Marib
2015	Zachary Prete
2016	Charles Csejka
2017	Charles Csejka
2018	Jamie Blum
2019	Daniel Comeau
2020	NO SEASON

GIRLS GOLF

2016	Bridget Barnsley
2017	Bridget Barnsley
2018	Tess Csejka
2019	Tess Csejka
2020	NO SEASON

BOYS LACROSSE

1999	Justin Kroesser
2000	Justin Kroesser
2001	Nate Stevens
2002	Charles Griffith
2003	Dave Jalette
2004	Chris Diette
2005	Jake Frank
2006	Dan Kelley
2007	Kevin Donovan
2008	Jay Binkowski
2009	Jay Binkowski

2010	William Marrone
2011	Brandon Capuano
2012	Warner Pyne
2013	Joseph Choiniere
2014	Joseph Choiniere
2015	Evan Campbell
2016	Matthew Perrotti
2017	Mark Della Torre
2018	Dane Walsh
2019	Harry Brochinsky
2020	NO SEASON

GIRLS LACROSSE

1999	Tiffany Gull
2000	Victoria Crocco
2001	Julie Ryker
2002	Dana Defilippo
2003	Nicole Walsh
2004	Allison Kownacki
2005	Devin Markle
2006	Devin Markle
2007	Marissa Iassogna
2008	Allie Horowitz
2009	Daniela Marchitto

2010	Veronica Amaya
2011	Amy McNeil
2012	Alicia Cardella
2013	Dominique Lambert
2014	Jena Kasman
2015	Victoria Ramos
2016	Isabella Ferraro
2017	Ana Carney
2018	Ana Carney
2019	Ana Carney
2020	NO SEASON

SAILING

1977	James Stein
1978	Paul Foley
1979	Paul Foley
1980	Theodore Hovey
1981	Allison Reynders

GIRLS SWIMMING

1975	Lisa Stevens
1975	Andrea Ciambriello
1976	Wendy Rottman
1976	Katie Quigley
1977	Lauren Stevens
1977	Katie Quigley
1978	Tracy Stevens
1979	Tracy Stevens
1979	Kris Nilson
1980	Sue Burt
1980	Linda Neary
1981	Linda Neary
1981	Paige Savarese
1982	Linda Neary
1983	Lisa Silverman
1984	Elene D'Orsi
1985	Kateri McLaughlin
1986	Ellie Chen
1987	Leslie Dober
1988	Anne Hunt
1989	Krista Moffett
1990	Leslie Dober
1991	Michelle Paolini
1992	Megan McCarthy
1993	Andrea Montano
1994	Jessica Klotz
1995	Tipi Sutfin

1996	Jessica Carrano
1997	Jessica Carrano
1998	Rachel Hurley
1999	Rachel Hurley
2000	Mary Gosselin
2001	Ali Urbano
2002	Allison Balter
2003	Sophie Connolly
2004	Jaclyn Carey
2005	Erin McLaughlin
2006	Lindsay Sherman
2007	Margaux Farrell
2008	Margaux Farrell
2009	Carsyn Crane
2010	Dana Grindall
2011	Dana Grindall
2012	Dana Grindall
2013	Dana Grindall
2014	Dana Chung
2015	Dana Chung
2016	Kathrine Alvarado
2017	Megan Lasto
2018	Molly Cox
2019	Molly Cox
2020	Katie O'Connor

BOYS TRACK AND FIELD

1973	Len Cocco
1973	Dave Appel
1974	Steve Case
1974	David Appel
1975	Jerry Goldstein
1975	Ken Appel
1976	Ken Appel
1976	Bill D'Addio
1977	Darrell Blomberg
1977	Tony Ianniello
1978	Jeff Mitchell
1978	Rich Lena
1979	Mark Lurie
1979	Richard Lena
1980	Greg O'Brien
1980	Steve Talnose
1980	Curt Lurie
1981	John Courtney
1981	Greg Sheffer
1982	Dave Burke
1983	Jim Ronai
1984	Jim Ronai
1985	Paul Gluhanich
1986	John Landino
1987	Jeff Kopf
1988	Rob Criscuolo
1989	Rob Criscuolo
1990	Jomo Foley
1991	Brett Dedman

1992	David Zold
1993	Chris Schueler
1994	Reuben DaSilva
1995	Light Shin
1996	Sun Chung-Yi
1997	G. Luke Martin
1998	Fouad Fatenejad
1999	Adam Panteleo
2000	Jess Tabaka
2001	Mike Fraher
2002	Bruce Bassi
2003	Slade Yancy
2004	Jesse Breault
2005	Alex Greenhouse
2006	Damian Silverstrim
2007	Nick Fedor
2008	Mike Rivkees
2009	Cole Crotta
2010	John Cocco
2011	David Karabinos
2012	David Karabinos
2013	David Karabinos
2014	Benjamin Feola
2015	Matthew Post
2016	Nicholas Robinson
2017	Kyle Beaudette
2018	Connor Visnic
2019	Richard Papa
2020	NO SEASON

GIRLS VOLLEYBALL

1972	Jane Savitska
1973	Joy Cahow
1973	Susan Buchanan
1974	Joy Cahow
1975	Lee Baldwin
1975	Holly Cahow
1976	Holly Cahow
1976	Chris Bua
1977	Debra Johnson
1977	Elizabeth Grey
1978	Gilda DeNicola
1978	Carmel Reid
1979	Lynn Bazley
1979	Gilda DeNicola
1980	Sandy Gonzalez
1980	Heather Conway
1981	Elaine Apicella
1981	Lauren Laemel
1982	Elaine Apicella
1983	Debbie Cole
1984	Jessica Stone
1985	Anna Luisa Coehia
1986	A.G. Breitenstein
1987	Nell-Ayn Aloï
1988	Laura Job
1989	Guin Sommers
1990	Sue Rathjens
1991	Paige Jordan
1992	Kelly Tooley

1993	Heather Dickgiesser
1994	Heather Minore
1995	Erin McCracken
1996	Tracy Correale
1997	Meghan Delaney
1998	Kim Adamovich
1999	Samira Saleh
2000	Carla Bassi
2001	Alison Fitzgerald
2002	Megan McDonough
2003	Tracey Cullen
2004	Katie Riordan
2005	Aubry Monahan
2006	Janice Ehorn
2007	Janice Ehorn
2008	Janice Ehorn
2009	Ann Liu
2010	Annelise Chase
2011	Jennifer Post
2012	Alyssa Mirmina
2013	Kathryn Pisano
2014	Allison Denny
2015	Jaley Pierson
2016	Micaela Cardozo
2017	Kathleen Walsh
2018	Abigail Harbinson
2019	Abigail Harbinson
2020	Zoe DiZenzo

WRESTLING

1987	Bill Rocco
1988	Fred Boyd
1989	John Melchiore
1990	Gilbert Jennings
1991	Gilbert Jennings
1992	Ted Bejnerowicz
1993	Steve Atocha
1994	Steve Atocha
1995	Jeff Nizzardo
1996	Michael Montagna
1997	Michael Montagna
1998	Blake Luciani
1999	Jon Lee
2000	Jess Sendroff
2001	Chris Sheppard
2002	Brandon Stavola
2003	Brandon Stavola
2004	Brandon Stavola
2005	Lou Cofrancesco

2006	Matt Vernik
2007	Ryan Roddy
2008	Mike Vernick
2009	Alex Carpenter
2010	Alex Carpenter
2011	Tyler Bishop
2012	Tyler Bishop
2013	Daniel Grober
2014	Jesse Cala
2015	Jakob Cala
2016	Jakob Cala
2017	Nathan Shilling
2018	Matthew Rothman
2019	Andrew Seaton
2020	Simon Flaherty

STEVEN J. ZEIDER MEMORIAL SWIMMING AWARD

1974	William Ferrell
1975	Paul Reiss
1976	Larry Bradley
1977	Patrick Healy
1978	Steve Stoner
1979	Mike Mombello
1980	Jeff Johnson
1981	Ted Breck
1982	Ben Wycoff
1983	Jim Funk
1984	Keith Gravener
1985	Chris Masto
1986	Paul McKeon
1987	Harold Chen
1988	Paul Josephs
1989	Matt Levine
1990	Jon Rosen

1991	Chris Patti
1992	Jason Marsh
1993	J. Michael McMillan
1994	Brian Blessinger
1995	Josh Blossveren
1996	Barrett Conway
1997	Adam Hoyt
1998	Dan Lovig
1999	Tyson Bain
2000	Seth Colwell
2001	Craig Ingram
2002	Alex Hoyt
2003	Dave Cofrancesco
2004	Zach Guglin
2005	T.J. Dufour
2006	Stephen Andrus
2007	Jordan Amdur

2008	Ryan Lemere
2009	David Meeske
2010	Eric Frohman
2011	Chris Woodington
2012	Kyle Lemere
2013	Dylan Swanepoel
2014	Charles Pite
2015	Alec Melotto
2016	Benjamin Clemens
2017	Zachary Babbitz
2018	Kevin Yanagisawa
2019	Jared Sullivan
2020	Casey Donovan

THOMAS J. ROSS MEMORIAL MANAGER AWARD

1992	Helena Mitchell
1993	Eva Wong
1994	Dana Klein
1995	Margaret Menzies
1996	Hillary Schneider
1997	Michaela Cohen
1998	Rory Comkowycz
1999	Jaron Friedman
2000	Stefanie Lockwood
2001	Melanie Pollaro
2002	Jason Siegel
2003	Scott Apuzzo
2004	Mary Hubbard
2005	Michael Bartley
2005	Karrie Munck
2006	Alyssa Cofrancesco
2007	Evan Kasowitz
2007	Casey Hine

2008	Craig Marien
2008	Katherine Vuolo
2009	Rick Benichak
2009	Rebecca Sutton
2010	Josh Lecker
2010	Jennifer Flynn
2011	Jennifer Coba
2012	Alex DeAngelo
2012	Nina Waskiewicz
2013	Joshua Hess
2013	Lauren Hunt
2014	Natalie Pyne
2015	Hannah Babbitz
2016	Kendra Osinski
2017	Daniel Chodos
2018	Olivia Dittmann
2019	Jake Bronson
2020	NO AWARD

CONNECTICUT AND NATIONAL
HIGH SCHOOL
COACHES ASSOCIATION
COACH OF THE YEAR AWARD

YEAR	COACH		SPORT		NATIONAL FINALIST	NATIONAL COACH OF THE YEAR
1964	KARL MARCH		HOCKEY			
1968	HAROLD SMULLEN		GOLF			
1971	HAROLD SMULLEN		HOCKEY			
1978	LINDA WOOSTER		GIRLS TRACK & FIELD			
1979	ROY RODRIGUES		BOYS' TRACK & FIELD			
1983	KATHY SYMONDS		VOLLEYBALL		1983	
1983	HAROLD FREEDMAN		GIRLS' TENNIS			
1986	KEN OLIVER		BOYS' TENNIS			
1988	PAUL DAVIS		BOYS' SWIMMING			
1990	AUDREY TOBIN		GIRLS' CROSS COUNTRY			
1990	PAUL DAVIS		GIRLS SWIMMING		1990	
1992	ROBERT ORGOVAN		BOYS' CROSS COUNTRY		2003/2010/2014	2014
1998	FRAN SPADOLA		GOLF		2001	
2000	THERESA NAPOLITANO		SOFTBALL		2004	
2004	THOMAS JACOBS		BOYS' TRACK & FIELD			
2005	TODD RAINEY		BOYS' SWIMMING			
2006	PAUL MENGOLD		DIRECTOR OF ATHLETICS		2009	
2006	PAUL THEES		VOLLEYBALL			
2007	WILLIAM JOHNSON		CHSCA HALL OF FAME			
2009	GARY LINDGREN		BOYS ICE HOCKEY			
2009	THOMAS JACOBS		BOYS' INDOOR TRACK & FIELD			
2009	PAUL DAVIS		CHSCA HALL OF FAME - SWIMMING			
2010	SAL COPPOLA		NATIONAL HS BASEBALL		2010	
2011	CHRIS DICKERSON		GIRLS' CROSS COUNTRY		2011	
2016	TODD RAINEY		GIRLS SWIMMING			
2016	OWEN QUIGLEY		GIRLS SOCCER			
2017	CHRISTOPHER RAFFONE		BOYS TENNIS			
2018	BESTI GRACE		MICHAELS CUP UNIFIED SPORTS			
2018	PATRICIA FITZGERALD		MICHAELS CUP UNIFIED SPORTS			

