WELCOME TO OUR 2020

LAUNCH DAYS
MAY 19- JUNE 4, 2020

6 days, 12 different opportunities to get a glimpse at some of the skills that will help you be successful for life after high school.

Seniors from Bothell, Inglemoor, North Creek, Northshore Networks, SAS & Woodinville are invited to attend live at the following times, or the presentations will be available 24 hours after each presentation on the Northshore Schools Foundation YouTube.

TUESDAY, MAY 19, 2020
11:00 AM
NSD Graduate Panel with Ari Salehpour
Ask questions of recent grads about life after high school - college, work, living away from home, travels, experiences.
Join @ https://us02web.zoom.us/j/89732260885

12:00 PM
How to Carry Yourself as an Adult with Teresa Bigelow
Learn how to portray yourself with confidence and navigate the world with respect and authenticity.
Join @ https://us02web.zoom.us/j/83751445777

THURSDAY, MAY 21st, 2020
11:00 AM
Interview Tips & Tricks with Bri Kastning
Best Practice for resumes, interviews and getting the job you want.
Join @ https://us02web.zoom.us/j/85774305609

12:00 PM
Check your Digital Self with Charla Griffy-Brown
Position yourself in a digitally interconnected world by learning to manage your digital brand while avoiding scams online risks.
Join @ https://us02web.zoom.us/j/86445589821
TUESDAY, MAY 26th, 2020
11:00 AM
What's up Doc? With Patsy Treece
When to call a doctor, basic first aid and handling medications
Join @ https://us02web.zoom.us/j/82850525893

12:00 PM
Car Talk with Curt & Jeffrey Hayes
The basics of keeping your car running including regular maintenance and dealing with accidents.
Join @ https://us02web.zoom.us/j/86574938499

THURSDAY MAY 28th, 2020
11:00 AM
Home & Apartment Repair with Sean Daly
Dealing with everyday home repairs and situations including plumbing, power outages, grease fires and more.
Join @ https://us02web.zoom.us/j/87582130920

12:00 PM
What it takes (mentally) to start your own business with Jason Rukkman
Hear first hand about the drive and focus it takes to venture out on your own towards the dream of starting your own business.
Join @ https://us02web.zoom.us/j/84162850406

TUESDAY JUNE 2nd, 2020
11:00 AM
What's for Dinner with Erin Schultz
Feeding yourself can be difficult, learn how to shop for healthy foods and safe food storage and benefits of making your own food vs eating out
Join @ https://us02web.zoom.us/j/81654515679

12:00 PM
How to Grow Rich with Barry Glenn
Keep track of you money with this overview of banking, budgeting and spending.
Join @ https://us02web.zoom.us/j/82701247617

THURSDAY JUNE 4th, 2020
11:00 AM
Communication in the workforce with Adele Karmoun
Learn when to use email, text, phone or talk in person to handle every situation at work.
Join @ https://us02web.zoom.us/j/89857270356
12:00 PM

Resilience in an Age of Anxiety with Sherill van Schoon
How to cope with the ups and downs of life so you can work through it and rises above it.
Join @ https://us02web.zoom.us/j/83000579537

Watch the recorded workshops 24 hours after they happen at https://www.youtube.com/playlist?list=PLDGJzVWVcIP1nmyFeTYfhyFV11-VA3sI

Disclaimer:

Participation is limited to the first 100 participants to log on. Any behavior deemed inappropriate by the host or the presenter will result in being removed from the session.

Participation on the zoom calls, indicates consent to be recorded. Each session will be posted on the Northshore Schools Foundation YouTube Channel for perpetuity. If you do not wish to be recorded, please turn off your video and mute your microphone for the duration of the workshop.

These sessions are intended to be informational only, please seek professional and individual advice for your situation.

The Northshore Schools Foundation is non-profit organization that operates separately from the Northshore School District.