

Dear Parent/Guardian,

We hope this letter finds you well during these challenging times. In preparation for the upcoming 2020-21 school year, the health office is requesting that incoming freshman physicals be emailed to the nurses. An acceptable State of Illinois physical is one dated on and after August 19, 2019. If your child had a physical on or after August 19, 2019, please submit or have the doctor's office submit the State of Illinois Physical by email to either [cholmes@elmhurst205.org](mailto:cholmes@elmhurst205.org) or [anassopoulos@elmhurst205.org](mailto:anassopoulos@elmhurst205.org).

Before submitting physicals, please verify that the parent portion of the physical is completed, signed and dated. Please note that Illinois State Law requires all incoming freshmen have an updated physical which includes proof of receiving all required immunizations. We look forward to meeting and working with your child during the 2020-21 school year. Please email us at either of the above addresses with any questions.

Sincerely,

Chris Holmes, RN, PEL-SN

Athanasia Nassopoulos ,RN, PEL-SN

York Health Office

Dear parent/guardian,

We hope this letter finds you well during these challenging times. In preparation for the upcoming 2020-21 school year, we are requesting proof of the 2nd meningitis immunization for the 2020-21 school year. The first dose shall have been received on or after the 11th birthday, and the second dose shall have been received on or after the 16th birthday, and at least 8 weeks after the first dose.

We understand that this is a challenging time and at this time request that you check with your child's doctor's office to see if your child received the required meningitis vaccine. If so, please submit or have the doctor's office submit proof to [tcandelaria@elmhurst205.org](mailto:tcandelaria@elmhurst205.org). If not, please arrange this with your child's medical provider. We look forward to working with your child during the 2020-21 school year. Please email with any questions.

Sincerely,

Chris Holmes, RN, PEL-SN

Athanasia Nassopoulos, RN, PEL-SN

York Health Office

