GETTING HELP IN GREATER CHARLOTTESVILLE

Community Resource Line: 434-234-4490
Screening for emergency housing programs and funds. Call Mo-Fri, 10am-2pm—NO voicemails.

To update this information sheet, e-mail executivedirector@tjach.org.

PUBLIC MEALS
Breakfast: The Haven #2 on map, 112 W Market St. 7 Days a Week; Breakfast 7:30 am
Lunch: weekdays noon-1:00pm
Monday: First United Methodist, 101 E Jefferson St
Tuesday: Christ Episcopal Church, 103W Jefferson St
Oct-Apr: First Baptist Church, 632 West Main Street
Wednesday: First Presbyterian Church, 500 Park St
Thursday: Holy Comforter, 103 W Jefferson St
Friday: First Baptist Church, 735 Park St. (van from library)
Saturday: The Haven #2 on map, 112 W market *1:00pm
Dinner: Salvation Army #1 on map, 207 Ridge St
Monday-Sat: Dinner 5:45 pm

EMERGENCY OVERNIGHT SHELTER
Salvation Army Emergency Shelter #1 on map, 207 Ridge St.
Men, women, families with children. Call 295-4058 or walk-in 10:00am-10:00pm. Police escort required after 10:00 p.m.
PACEM Office at #2 on map, 112 W Market St.
All adults in need, low-barrier shelter; late October to mid-April. Register via Community Resource Line, Mo-Fr 10am-2pm.
Shelter for Help in Emergency (SHE), call hotline 293-8509
Adults fleeing domestic violence and their children. Call hotline to screen for admittance.
ReadyKids-Runaway Emergency Services
(Ages 12-19) 24-hour hotline 972-7233
Families in Crisis 434-296-3872
Assistance & resources for homeless families.

EMERGENCY FOOD
Emergency Food Bank Emergency Food Network: 3 days' supply, 1xmonth. Call 979-9180 weekdays 9am noon.
Loaves and Fishes: 11 days' supply, 1xmonth. 2050 Lambs Road, Charlottesville, VA 22901. See website for hours: http://cvilleloaves.org

Church-Based Food Pantries (by day of the week)
Mon through Wed - Holy Comforter Catholic Church, 208 E Jefferson St., Charlottesville, VA 22902
Mon and Wed - Church of our Saviour Episcopal, 1165 Rio Rd East, Charlottesville, VA 22901
3rd Wed/mo - St. Paul’s Episcopal Church, 851 Owensville Rd., Charlottesville, VA 22901
1st Fri/mo - Thomas Jefferson Memorial Church, 717 Rugby Rd, Charlottesville, VA 22903
2nd Sun/mo - Bethany Seventh Day Adventist, 401 Harris Rd, Charlottesville, VA 22903

OTHER EMERGENCY NEEDS
United Way: 972-1701, 806 E High St
Rx support, eyeglasses, tax prep, and more.
AIM: 972-1704 Mo-Th 9am-4pm; apply at aimcville.org
Utility and housing aid for Albemarle and Charlottesville.
Love INC: 977-7777, Mo-Fri 9am-4pm.
Emergency financial supports and material aid.

CLOTHING
Belmont Baptist Clothing Closet: 977-6876, 815 Bolling Ave.
Church of the Brethren: 973-3639, 1225 E Rio Rd

DEPARTMENTS OF SOCIAL SERVICE
Apply for Medicaid, SNAP, TANF, and other benefits
Albemarle, 972-4010, 1600 5th Street, Charlottesville
Charlottesville, 970-3400, 120 7th St NE, City Hall Annex #3 on map
Fluvanna, 842-8221, 8880 James Madison Hwy #B, Fork Union
Greene, 985-5246, 10009 Spotswood Trail, Stanardsville
Louisa, 540-967-1320, 103 McDonald Street, Louisa
Nelson, 263-7160, 203 Front Street, Lovingston

Twice Is Nice: 293-8319, 923B Preston Plaza
Salvation Army Thrift Store: 979-5230, 604 Cherry Ave
**SUBSTANCE USE SUPPORT**

Region Ten Community Services Board  
24-Hr Crisis Line 972-1800 / Recovery Support Line 970-1455

SMART Recovery: On Our Own #4 on map, 123 4th St NW  
Weds and Thurs 6pm

Alcoholics Anonymous 844-558-4422  
Narcotics Anonymous 979-8298 / 800-777-1515

Alateen (program for teens) 296-7128

**LITERACY/GED**

Literacy Volunteers of America: 977-3838 / 418 7th Street SE  
Tutoring in reading, writing, English as a Second Language.

Thomas Jefferson Adult Career Education (TJACE): 961-5461  
*Walk-in assessment for placement at 935-A 2nd St SE*  
GED prep, family literacy, and career readiness training

**DISCRIMINATION SERVICES**

Legal Aid Justice Center: 977-0553, 1000 Preston Ave #A  
Legal consultation esp. for issues around housing and job discrimination, civil rights, and immigration

Central Virginia Legal Aid Society: 296-8851, 1010 Preston Ave  
Legal consultation esp. for issues around evictions, foreclosures, vulnerable populations, and sexual/domestic violence

Office of Human Rights: 970-3023, 106 5th St NE  
Advocacy, mediation, and investigation of discrimination in housing, employment, and benefits

**SEXUAL ASSAULT ADVOCACY & SERVICES**

Sexual Assault Resource Agency (SARA): hotline 977-7273  
335 Greenbrier Dr Ste 102, office 295-7273  
Sexual assault prevention, education, counseling/therapy, and advocacy for all survivors and bystanders.

Shelter for Help in Emergency (SHE): hotline 293-8509  
Emergency shelter for victims of domestic violence and their children; must call hotline and be screened for admittance.

**VETERANS SUPPORT SERVICES**

VA Medical Center: 293-3890, 590 Peter Jefferson Pkwy #250  
Community-based outpatient center offering primary care, mental health, lab testing, and referral services

Supportive Services for Veteran Families: 804-788-6825  
Rapid re-housing and supportive services

U.S. Department of Veterans Affairs: 877-434-3838  
Supportive housing, transitional housing, rehabilitation, and employment services

Virginia Department of Veterans Services: 434-529-6431  
1430 Rolkin Ct, Ste 202  
Screening for veterans benefits, counseling and mental health, and housing

**MENTAL HEALTH SUPPORT & TREATMENT**

Partners For Mental Health: 977-4673  
Resource navigation for those transitioning from hospital or jail

Region Ten Community Services Board: 972-1800  
*Walk-in screenings weekdays 8am-noon at 800 Preston Ave*  
Mental health and substance addiction treatment, wounded warrior, psychiatric rehabilitation, recovery and support services.

On Our Own: 979-2440, #4 on map, 123 4th St NW  
Peer-driven mental health and addiction recovery programming.

PATH Team: Region Ten 972-1800 / On Our Own 979-2440  
Street outreach/resource navigation for individuals experiencing homelessness also struggling with mental illness or substance use.

Teen Crisis Hotline: 972-7233  
Support for youth ages 12-18

The Women’s Initiative: 872-0047  
*Walk-in screenings weekdays, various locations/times*  
Counseling and support services for women/transgender

**PHYSICAL HEALTH SUPPORT & TREATMENT**

Thomas Jefferson Health District: 972-6200, 1138 Rosehill Dr  
Free/sliding scale health screening (STI/STD, HIV, TB, Hep), immunizations, sexual health and family planning, WIC.

Charlottesville Free Clinic: 296-5525, 1138 Rose Hill Drive, Ste 200  
Non-emergency medical care and pharmacy for low-income households, and limited dental services for those w/o dental insurance.

Central Virginia Health Services: 227-5264, 901 Preston Ave. Ste 301  
Formerly The Wellness Center/ Neighborhood Family Health Center  
Comprehensive care on a sliding scale: medical, dental, behavioral health, and pharmacy.

Charlottesville Health Center: 296-1000, 2964 Hydraulic Road  
Formerly Planned Parenthood  
Comprehensive sexual health services including gynecology exams, STD testing, pregnancy testing and contraception.

THRIVE Women’s Health: Cville: 979-8888, 320 W Main St.  
Albemarle: 220-3777, 1416 Greenbrier Pl  
Comprehensive sexual health services including gynecology exams, STD testing, pregnancy testing and contraception.

University of Virginia Health System: 924-0000 general operator  
Teen & Young Adult Health Center: 982-0090, 1204 W Main St  
UVA clinic offering comprehensive services for youth ages 12-24 including primary care, sexual health, mental health, and screening

University Medical Associates: 924-1931, 1222 Jefferson Park Ave  
Teaching hospital providing comprehensive medical care.

**EMPLOYMENT SERVICES**

Virginia Workforce Center One-Stop: 977-2662  
944 Glenwood Station Ln #103 - Information and referral on job training, education and job-search tools and opportunities

Downtown Job Center: 970-3933, 201 E Market St (in the library)  
Job search, resume writing, interview skills, and support services