

Nurture Home Learning
Monday 18th May

How are you feeling?



<p><u>Cooking</u> Lemon and yogurt flatbreads https://www.bbcgoodfood.com/recipes/lemon-yogurt-chicken-flatbreads</p>	<p><u>Fitness</u> Have a go at balloon tennis! https://mommypoppins.com/newyorkcitykids/25-exercise-games-indoor-activities-for-kids</p>	<p><u>Positivity</u> Do something kind to make someone smile each day.</p>
<p><u>Team Games</u> Play a game of Top Trumps with a member of your family. Design your own set of cards. https://www.twinkl.co.uk/resource/t-n-826-editable-highest-value-top-trump-style-playing-cards</p>	<p><u>Fine Motor Skills</u> Make a mini game of 'Finger Twister' https://colourfulkeys.ie/wp-content/uploads/2014/05/finger-twister-game1.pdf</p>	<p><u>Story Time</u> Listen to the story of Cinderella. Create a poster about kindness or bullying based on the story.</p>
<p><u>Art</u> Design and create a shoe for either Cinderella or the Prince. How will you decorate it?</p>	<p><u>Health and Wellbeing</u> Create a rainbow of healthy foods you have in your home and take a photo to share on twitter.</p>	<p><u>Lego Challenge</u> Create a Lego self-portrait.</p>
<p><u>Mindfulness</u> Listen to a piece of relaxing music and listen carefully. How many different instruments can you hear?</p>	<p><u>Attention and Listening</u> Choose 5 Lego blocks of different colours. Ask your partner to put them in a row. Take 30 seconds to memorise the colour order. Mix up the bricks. Can you put them back in the correct order? Swap roles.</p>	<p><u>Meal Time</u> During the final meal of each day, ask each member of the family what was the best part of their day and why?</p>