

# SEMARY'S ACADEMY

## May 18th, 2020

Although we are separated, our SMA Wildcat family stays united! Our high school and middle school coaches continue to be in contact with athletes and PE students through email and Canvas, providing teams with resources and plans to stay active and train in their respective sports. Please send any pictures or videos that show your student-athlete working hard from home to <u>smathletics@smanet.org</u>!

# SMA is for Athletes

The Athletics Department would like to thank all of the middle school and high school student-athletes and families for their dedication and support this year. The majority of our MS students participate in sports throughout the year and: 216 of our 269 HS students were athletes! The HS also had the highest-ever number of: 20 dedicated three-sport athletes!

Please stay tuned for special updates honoring our seniors, three-sport athletes, spring team award winners, and our middle school female and male athlete of the year awards.

# **HS Fall Sports Interest Meetings**

Please see links below to our past and upcoming fall sports interest meetings:

#### **Cross Country:**

<u>SMA Cross Country Interest Form</u> <u>SMA Cross Country Interest Meeting Video</u>

#### **Field Hockey:**

May 12th at noon <u>SMA Field Hockey Information Sheet</u> <u>SMA Field Hockey Interest Meeting Video</u>

#### Softball: SMA Softball Interest Meeting Video

Volleyball: <u>SMA Volleyball Information Presentation</u> <u>SMA Volleyball Interest Meeting Video</u>

## **Colorado High School Activities Association**

You can find the most up-to-date information for HS sports policies on the <u>CHSAA website</u>.



Featured CHSAA Resource: <u>2dWords Character</u> <u>Development</u>

## Wildcats in the Wild

Please send us any videos or pictures of you enjoying time outside! Many of you have been training and committing time to stay healthy and active during distance learning- we are so proud of you! Check out our previously featured Wildcats in the Wild:

Pictures of Spring Athletes Videos of Spring Athletes





Mia and Nolan Williams staying active outside!

## Additional Reading

<u>The COVID-19 Pandemic: Tips for Athletes,</u> <u>Coaches, Parents, and the Sport Community</u>

<u>Dear Coach Mom: Rising stars pay tribute to</u> <u>the MVPs who taught them to play</u>



Together, we broke glass ceilings," Chou says courtesy Natalie Chou

You can contact our Athletic staff directly at <u>smathletics@smanet.org</u> with any questions or concerns.