

Owatonna Public Schools
Asthma Care Plan/Qorshaha taxadirka ee neefta
(ansax ah fasalka 9aad-12aad)

Student information/Warbixinta ardayga

Name of student/Magaca ardayga: _____

Date /taariiqda dhalashada _____

Homeroom/faslka _____

Physical education days and time/maalamaha ama waqtiyada waxbarashada jimicsiga muqaalka waxbarashada: _____

Describe Condition/qeex xaalada caafimaad (for example, symptoms of onset)(tusaale, calaamada lagu garan karo):

Emergency information /*warbiximada xaaladaha dagdaga*

Parent or guardian name (s)Magaca Waalidka ama wakiilka: _____

Mother telephone (H)/Telefoonka hooyada:(Guriga): _____ Work(shaqada) _____

Father telephone (H)/Telefoonka aabaha (Guriga): _____ Work(shaqada) _____

Physician's name Magaca dhaqtarka: _____ telephone/Telefoonka: _____

In case of emergency, contact/Lacala hadii ay timaado xaalad dag dag ah yaa lalasoo xariirayaa:

1. _____ Telefoonka: _____

2. _____ Telefoonka: _____

3. _____ Telefoonka: _____

Current Medications/Daawada uu qaato cunadaada(daawo kasto oo lagu siinaayo iskuulka waa In ay lasocota foomka daawada)

Name/magaca Dose/qayaasta daawada Time given/waqtiga lagusiinaayo iskuulka?

1. _____

2. _____

3. _____

Your Child's Asthma Triggers/Maxaa kukiciya neefta cunagaada:

Emergency Plan/Qorshaha dagdaga

Siyaa bahaan soo socda waa kuwa macquul ah xaga neefta xaaladaha dagdaga.

- Neefta ayaa kuxermaysa,socodka,hadalka
- Faruuraha iyo cidiyaha oo midabkooda isku badalaayo baluug
- Daawada oo waxbo kadaraynin oo uu xanuunkii kasiidaraayo

Fadlan kala hadal dakhtarka cunagaada waxa uu doonaayo in iskuuka uu sameeya hadii ay kutimaado xaalad dagdag ah ee ah neefta wax uu samaynaayo iskuulka.hadii maamulka iskuulka uu goaan gaaraayo oo uugu wacaayo 911 iyo inkale.

Steps To be taken for an Acute Asthma Episode/Wax yaabaha lasamaynaayo hadii xaalada neefta ay ka soodartay:

1. _____

2. _____

3. _____

Parent/guardian signature/Saxiixa walidka/wakiilka: _____ Date/taariiqda : _____

Reviewed by health office/Waxaa arkay xafiiska caafimaadka: _____ Date/taariiqda : _____