

## Staff Development Virtual Professional Learning & Virtual Office Hours For the Week of May 18 - May 22, 2020

*The following document provides a menu of options for educators from across the Wayne-Finger Lakes region to connect and learn during this unique time. Options below include collaborative sessions organized by Job Alike/Content Alike groups, as well as short interactive learning sessions to support teachers as they instruct remotely.*

**Directions:**

- Click on a date below to bring you to a description for each session being offered. Or simply scroll through the document.
- When you find something you want to attend, click on the *Register Here* link within the description box. Session registration is now being run through Frontline (My Learning Plan). Participants will be automatically enrolled in all FREE sessions. The facilitator of that session will email you the virtual meeting link approximately one hour before your session is scheduled to begin.
  - [How to Enroll in a Workshop with MLP](#)
- Looking for CTLE Hours? *All courses are now in Frontline (My Learning Plan). Once the course is completed and attendance has been verified, participants will be able to download their own completion certificate.*
  - [How to Print a Certificate of Completion](#)

<a href="#">May 18</a>	<a href="#">May 19</a>	<a href="#">May 20</a>	<a href="#">May 21</a>	<a href="#">May 22</a>
Morning Meditation with Betsy  Secondary Teacher Group (AM/PM)	Morning Meditation with Betsy  Elementary Teacher Group (AM/PM)  Physical Education Teacher Group  Virtual: Progress Monitoring Follow-Up Question & Answer Session  OT/PT Support Group	Morning Meditation with Betsy  <b>NEW</b> Distance Learning with EduProtocols- Part 4  Mindfulness Mini-Lessons for Self and Students	Morning Meditation with Betsy  <b>NEW</b> Tips to Maximize Student Engagement  Vertical Conversations for Prioritizing Math Standards: Triage for the Here and Now  Virtual: Progress Monitoring Follow-Up Question & Answer Session	Morning Meditation with Betsy

	Prioritizing Math Standards: Triage for Here and Now Live Q&A Session			
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**~Linked Below~**

- ★ [More Virtual Sessions Including Instructional Technology Trainings and Sessions for Special Education Teachers](#)
- ★ [Resources to support Emergency Remote Learning](#)

Time & Registration Form	Topic	Facilitator
<b>Monday, May 18, 2020</b>		
8:00-8:15 <a href="#">Register Here</a>	<b>Morning Meditation with Betsy:</b> Start your day with a 15-minute focus on your personal well-being.	<a href="#">Betsy Serapilio-Frank</a>
8:30-9:00 <a href="#">Register Here</a>	<b>Secondary Teacher Group (AM):</b> Come join us for a half hour of sharing, connecting, and collaborative planning	<a href="#">Betsy Serapilio-Frank</a> <a href="mailto:mary.harvey@edutech.org">mary.harvey@edutech.org</a> <a href="mailto:Sharon.Bassage@wflboces.org">Sharon.Bassage@wflboces.org</a> <a href="mailto:Andrew.Mitchell@wflboces.org">Andrew.Mitchell@wflboces.org</a>
3:00-3:30 <a href="#">Register Here</a>	<b>Secondary Teacher Group (PM):</b> Come join us for a half hour of sharing, connecting, and collaborative planning	<a href="#">Betsy Serapilio-Frank</a> <a href="mailto:mary.harvey@edutech.org">mary.harvey@edutech.org</a> <a href="mailto:Sharon.Bassage@wflboces.org">Sharon.Bassage@wflboces.org</a> <a href="mailto:Andrew.Mitchell@wflboces.org">Andrew.Mitchell@wflboces.org</a>

**Tuesday, May 19, 2020**

<p>8:00-8:15</p> <p><a href="#">Register Here</a></p>	<p><b>Morning Meditation with Betsy:</b> Start your day with a 15-minute focus on your personal well-being.</p>	<p><a href="#">Betsy Serapilio-Frank</a></p>
<p>8:30-9:00</p> <p><a href="#">Register Here</a></p>	<p><b>Elementary Teacher Group (AM):</b> Come join us for a half hour of sharing, connecting, and collaborative planning</p>	<p><a href="#">Betsy Serapilio-Frank</a>  <a href="mailto:mary.harvey@edutech.org">mary.harvey@edutech.org</a>  <a href="mailto:Sharon.Bassage@wflboces.org">Sharon.Bassage@wflboces.org</a>  <a href="mailto:Andrew.Mitchell@wflboces.org">Andrew.Mitchell@wflboces.org</a></p>
<p>8:30-9:00</p> <p><a href="#">Register Here</a></p>	<p><b>Physical Education Teacher Group:</b> PE teachers are welcome to join this group for a half hour of sharing, connecting and collaborative planning. Topics will vary weekly based on the group's input.</p> <ul style="list-style-type: none"> <li><a href="#">Link to Collaborative Notes</a></li> </ul>	<p>Jennifer Meehan Shane Vallaire Jessica Sheridan</p>
<p>1:00-2:00</p> <p><a href="#">Register Here</a></p>	<p><b>Virtual: Progress Monitoring Follow-Up Question &amp; Answer Session:</b> Progress monitoring can be a challenge during normal circumstances. Even more so during remote teaching and learning. As a result, Midwest JMT Members, who have previously developed "<a href="#">Progress Monitoring Pertaining to Remote Instruction</a>" via Loom, will facilitate a Question and Answer (Q&amp;A) session for those teachers and leaders who are interested in having a further discussion. The evening before the live Zoom Q&amp;A session you will receive an email with the Zoom invitation and supporting documents.</p>	<p>Stephanie Burns</p> <p>This session is a JMT opportunity between Genesee Valley Educational Partnership, Monroe One, Monroe 2-Orleans BOCES, and Wayne-Finger Lakes BOCES</p>

<p>2:30-3:00</p> <p><a href="#">Register Here</a></p>	<p><b>OT/PT Support Group:</b> Join us for a collaborative conversation to discuss: What's working? What are you struggling with? What are you looking for students to gain? during this emergency remote learning time.</p> <ul style="list-style-type: none"> <li>• <a href="#">Link to collaborative notes</a></li> </ul>	<p>Cindy Salow</p>
<p>3:00-3:30</p> <p><a href="#">Register Here</a></p>	<p><b>Elementary Teacher Group (PM):</b> Come join us for a half hour of sharing, connecting, and collaborative planning</p>	<p><a href="#">Betsy Serapilio-Frank</a> <a href="mailto:Mary.harvey@edutech.org">Mary.harvey@edutech.org</a> <a href="mailto:Sharon.Bassage@wflboces.org">Sharon.Bassage@wflboces.org</a> <a href="mailto:Andrew.Mitchell@wflboces.org">Andrew.Mitchell@wflboces.org</a></p>
<p>3:00-4:00</p> <p><a href="#">Register Here</a></p>	<p><b>Prioritizing Math Standards: Triage for Here and Now Live Q&amp;A Session</b></p> <p>The move to emergency remote learning was a move that no one planned on making. Educators showed their resiliency though and jumped into action to best support students. Now that the Governor has made the decision to continue remote learning for the remainder of this school year, we must make purposeful decisions as to what content to teach now so that students are well prepared for next year. As a result, MidWest JMT Math Specialists joined forces and created Prioritizing Math Standards: Triage for Here and Now. Two Question and Answer (Q&amp;A) sessions will be offered for those leaders and teachers who are interested in diving deeper into this work. We ask that before you join one of the Q&amp;A sessions, you first watch the recording. Approximately an hour before the live Zoom Q&amp;A session you will receive an email with the Zoom invitation and supporting documents.</p>	<p><a href="mailto:Andrew.Mitchell@wflboces.org">Andrew.Mitchell@wflboces.org</a> Nicholette Klingensmith Sara Nesbitt Pete Greene</p>
<p><b>Wednesday, May 20, 2020</b></p>		
<p>8:00-8:15</p> <p><a href="#">Register Here</a></p>	<p><b>Morning Meditation with Betsy:</b> Start your day with a 15-minute focus on your personal well-being.</p>	<p><a href="#">Betsy Serapilio-Frank</a></p>

<p>10:30-11:00</p> <p><a href="#">Register Here</a></p>	<p><b>NEW Distance Learning with EduProtocols- Part 4:</b> EduProtocols are instructional lesson frames that are designed to engage students in any subject, at any grade level. This week's focus will be the <b>Cyber Sandwich</b> protocol and its variations that you can use with your students tomorrow!</p> <p><b>*This offering requires some comfort navigating instructional technology*</b></p> <ul style="list-style-type: none"> <li>• <a href="#">Prep Materials for EduProtocols Session</a></li> </ul>	<p><a href="#">Erika Asquino</a> Laurie Elliott</p>
<p>11:30-12:00</p> <p><a href="#">Register Here</a></p>	<p><b>Mindfulness Mini-Lessons for Self and Students:</b> Stress - Responding vs. Reacting</p>	<p>Erica Ebert Mindfulness Coach, Webster CSD</p>
<p><b>Thursday, May 21, 2020</b></p>		
<p>8:00-8:15</p> <p><a href="#">Register Here</a></p>	<p><b>Morning Meditation with Betsy:</b> Start your day with a 15-minute focus on your personal well-being.</p>	<p><a href="#">Betsy Serapilio-Frank</a></p>
<p>9:00-9:30</p> <p><a href="#">Register Here</a></p>	<p><b>NEW Tips to Maximize Student Engagement:</b> How do we design experiences that are fun, creative, and get students excited about remote learning? This session will get you started with some basics to help connect and engage students in your instruction.</p> <ul style="list-style-type: none"> <li>• <a href="#">Link to Resource Document</a></li> </ul>	<p><a href="#">Erika Asquino</a> Laurie Elliott</p>

<p>9:00-1:00 in 30-90 minute blocks</p> <p><a href="#">Register Here</a></p>	<p><b>Vertical Conversations for Prioritizing Math Standards: Triage for the Here and Now</b></p> <p>A collaboration of Wayne-Finger Lakes BOCES, Genesee Valley Educational Partnership, Monroe 2-Orleans BOCES, Monroe 1 BOCES - During this session, teachers and leaders will have the opportunity to engage in vertical conversations to help identify essential skills needed for success in the next grade level. This session is a part of the Prioritizing Standards Triage work that is being done regionally. While the full session is expected to run about 4 hours, the time will be broken down by grade band and it is not necessary to stay during the full time. <b>A grade level schedule and additional information will be sent out to registered participants on Tuesday, May 19th.</b> The conversations will take place on Thursday, May 21. We look forward to seeing you there!</p>	<p><a href="mailto:Andrew.Mitchell@wflboces.org">Andrew.Mitchell@wflboces.org</a></p> <p>Nicholette Klingensmith Sara Nesbitt Pete Greene</p>
<p>1:00-2:00</p> <p><a href="#">Register Here</a></p>	<p><b>Virtual: Progress Monitoring Follow-Up Question &amp; Answer Session:</b> Progress monitoring can be a challenge during normal circumstances. Even more so during remote teaching and learning. As a result, Midwest JMT Members, who have previously developed <a href="#">"Progress Monitoring Pertaining to Remote Instruction" via Loom</a>, will facilitate a Question and Answer (Q&amp;A) session for those teachers and leaders who are interested in having a further discussion. The evening before the live Zoom Q&amp;A session you will receive an email with the Zoom invitation and supporting documents.</p>	<p>Stephanie Burns</p> <p>This session is a JMT opportunity between Genesee Valley Educational Partnership, Monroe One, Monroe 2-Orleans BOCES, and Wayne-Finger Lakes BOCES</p>
<p><b>Friday, May 22, 2020</b></p>		
<p>8:00-8:15</p> <p><a href="#">Register Here</a></p>	<p><b>Morning Meditation with Betsy:</b> Start your day with a 15-minute focus on your personal well-being.</p>	<p><a href="#">Betsy Serapilio-Frank</a></p>



## Even More Sessions to Choose From!



### Mid-West Regional Partnership Center

is part of the NYSED Office of Special Education (OSE)'s OSE Educational Partnership network. We engage in systems change work, providing a variety of supports including regional learning opportunities, targeted skills groups, and intensive partnerships. We provide technical assistance and professional development to a variety of stakeholders in the Monroe 1, Monroe 2, Genesee Valley and Wayne Finger Lakes BOCES Regions as well as the Rochester City School District. We work toward sustainability and share promising/effective practices within the region and across the state.

### [Virtual Workshop Sessions](#)

### Mid-West JMT

To help support all districts in our JMT region, Genesee Valley Educational Partnership, Monroe One, Monroe 2-Orleans, and Wayne-Finger Lakes have collaborated to create multiple professional learning opportunities. As more opportunities are developed, additional descriptions will be added below.

### [Virtual Sessions](#)

**\*\*this includes all instructional technology trainings\*\***

### Session Recordings from W-FL



[Click here](#) to access past session recordings.

- [Click here for Schoology specific recordings](#)
- Click here for [Reading, Writing, and Social Studies, Oh, My!](#) recording

[Complete this form for CTLE credit for Recorded Sessions](#)

### Looking for more Resources?

- [NYSED Continuity of Learning](#)
- [Remote Learning Lesson Templates](#)
- <https://essentialed.capitalregionboces.org/> Capital Region BOCES in partnership with its 24 components school districts has launched this website as a resource for K-12 educators to support them with remote learning. This site houses high-quality educational resources and lessons mapped to priority curriculum standards for K-8 math and ELA, middle school science and social studies, and Regents courses.
- [Content-Based Resources](#)
- [At Home Science Tasks from BOCES 4 Science](#)
- [PBS Learning Media](#)
  - [Rochester based WXXI Education](#)
  - [Syracuse based WCNY Connected](#)
- [Early Learning Resources \(PK-3\) + Supplemental Padlet](#)
- [BOCES/EduTech Resources for Emergency Planning](#)