

Stacey Jr./Sr. High School Life Skills Challenge

9th, 10th, 11th, 12th Grade May 18th -22nd

Choose 3 items from the board below to learn and do this week.

Learn how to change a tire.

Watch <u>change a tire</u> tutorial.

Find a cookbook or look here for <u>easy recipes</u>. Plan the meal, make a list of grocery store items you need, and cook the meal for your family.

Learn and practice <u>how</u> to tie basic knots

Clean out all of the trash, dishes, etc. from your room. Dust all surfaces, wash your sheets, and vacuum the floor.

Learn job interview tips

Read some <u>common</u> <u>interview questions</u> and practice with an adult or friend. Learn how to sew on a button.

Watch <u>sew button</u> <u>tutorial</u> here.

Sort laundry. Learn how to measure detergent. Wash, dry, fold, and put away at least 2 loads. Learn how to check the oil in your family's car. After you've watched the video, check the oil in your family's car.

Learn how to set a table properly and set the table for each family meal this week.