



May 14, 2020

## **Subject: COVID-19 ISK Update #15**

Dear ISK Community,

I hope this message finds you and your loved ones safe. I equally hope that all the ISK moms out there enjoyed a Happy Mother's Day with their lion cubs last weekend!

As a reminder, please continue to practice good personal hygiene. This includes consistent cleansing of hands with soap or hand sanitizer as well as wearing a face mask when needed. Here are a few other ISK reminders:

### **Divisional Parent Teas**

Thank you to all the parents that were able to attend this week's divisional Parent Teas (ES, MS, and HS). There has been excellent positive feedback from the participants. I appreciate the divisional leadership teams reaching out to all the families and responding to various parent questions. Additional questions can be sent directly to the principal (or the teacher) as all divisions are continuing to gather feedback and tweak our programs as needed.

### **Wellness Sessions for Parents Continue**

The parent wellness and mindfulness sessions have been well received by those participating. There is one more Zoom Parent Mindfulness, and Wellness Session with Michelle Arscott, a highly experienced International Coach Federation (ICF) accredited life coach with an educational background in Psychology, Primary Teaching, and International Teacher Training, as scheduled below:

- Wednesday, May 20th, 6:00 p.m.

The sessions are a great opportunity to build your resilience, take time out, pause, and focus on yourself. It is an opportunity to practice essential self-care, which is even more necessary at this time. More details are in the Link Lite or contact ES Counselor, Heather Cronk, [hcronk@isk.ac.ke](mailto:hcronk@isk.ac.ke), for more information.

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## **Procedures to Collect Student Items From Campus**

With the ISK campus closed, we understand that some students might have left artwork, instruments, or items in student lockers. If your child(ren) needs to pick items left on campus, please contact your division principal so a time can be coordinated with ISK's security to pick up your child(ren)'s belongings.

## **Student Check-Out Process**

The ES, MS, and HS divisions have started to communicate information about this year's modified annual student check out process. For those families still in Nairobi, please make sure to place your child(ren)'s supplies in a box with a label. On the label, please include the student's name, grade, contents, and date of delivery to ISK. More specifics can be found in the divisional offices' communications.

## **Library - Remote Resource Borrowing Continues**

We are pleased to be able to continue Remote Resource Borrowing to our community. Note that students and parents may borrow up to ten (10) books and orders need to be sent in by 9am. Consult the [ISK Library Destiny catalog](#) and search for specific titles or series titles. The catalog can also be accessed from the [ISK Research Tools](#) page.

Click [here](#) to view the full informational letter about this great community resource from our Head Librarian, Julie Ann Conroy, or email: [jconroy@isk.ac.ke](mailto:jconroy@isk.ac.ke) for more details.

## **Kirawa Road Repaving**

Great news on the repaving of the road that leads to ISK's main entrance. This work is almost complete. We are excited to be able to use it, albeit heavier use is planned for next year:)

Wishing all of you a wonderful weekend!

Sincerely,  
David

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