Welcome University Prep Senior Class Families! The State of Transitioning to College During COVID-19 5.13.20

- We will begin a few minutes after **7 p.m.**
 - The presentation will run for 60 minutes.
 - To ask a question, click the **chat** icon in the toolbar.
 - Please make sure you have muted yourself.
 - You might want to click "speaker view" not "gallery view" in the upper-right hand side of your screen for a more focused viewing experience!
 - Q&A questions will be monitored by Kelly, Britten, Lindsay, Amy and Emily.
 Questions will be either answered live via chat OR saved and responded to after the presentation concludes.
- While you are waiting:
 - Visit <u>www.universityprep.org/academics/college-counseling</u>



Our Agenda

- Perspective/Possible Scenarios
- Questions to Ask???
- What We Have Control Over & Can Do Right Now
- Skill Development in Times of Uncertainty
- How to Handle When Colleges Announce Their Fall Plans.
- Q & A



Possible Scenarios

- Online vs. in-person classes or hybrid
- Living at home vs. moving into residence halls
- If a gap year, what does that look like? How will the student pivot if physical distancing is still fully or partially implemented?
 - Transfer admissions for Fall 2021
- Financial implications: given changing financial circumstances within the family, does cost now need to play a larger role in the conversation? Or, is the cost/value proposition weighed differently?

Questions Students and Families Can Ask Colleges

- If my student seeks to defer enrollment for one year, what is the deadline for requesting a deferral? Will decisions about deferrals be made differently this year than in past years? If so, how so?
- If X college remains online for the fall, what are the "value added" components of this educational experience?
- What will new student orientation look like?

Questions Students & Families Can Ask Colleges

- My student lives on the West Coast. Will they be able to avoid classes scheduled at 8:00 AM on the East Coast?
- Acknowledging that the first year fall is tremendously important for social connections on a college campus, how will my student be supported in connecting with fellow students? With faculty?
- How will our bill look different if courses remain online in the fall?
- Is there a date we can anticipate that the college will communicate updated plans for next year?

Class of 2020 Matriculation Map



https://bit.ly/2YAcrsm

What Students Can Control?

- 1) Finishing this year strong.
- 2) Connecting with advisors & current students.
- 3) Given a student's learning style, what are the best classes to take online in the fall?
- 4) Relaxing & recharging.
- 5) Rediscovering old hobbies and/or creating new ones.
- 6) Opportunities for these seniors to be leaders to really
- carve out what the new college experience might be like.
- 7) Reading!



Managing Emotions

Opportunities for student/parent conversations and parent modeling.

- Owning and living through change and grief.
- Managing uncertainty.
- Building community in an online setting.

When they are ready, how can students find opportunities for positivity?

Final Thoughts:

- Everyone is in the same situation.
- There is no "off track," particularly now.
- There is no "right choice" here everyone has imperfect data and variables are changing daily.
- After carefully evaluating your options, and what matters to your family, make the decision that is right for you and your family and commit to it.
- Be kind to yourself
- Use your resources (which includes all of us)

*source: <u>To Go or Not To Go: That is the Question</u> Julie Lythcott-Haims