

Dear Queen Emma Parents,

During our school closure, QEP wants to keep our students actively learning while away from the classroom. In addition, we want to support families to keep children in familiar routines. The schedule below reflects our school day:

| 8:30 - 9:00   | Snack                       |
|---------------|-----------------------------|
| 9:00 - 9:30   | Morning Meeting             |
| 9:30 - 10:30  | Indoor / Outdoor Activities |
| 10:30 - 10:45 | Storytime                   |
| 10:45 - 11:15 | Outside Playtime            |
| 11:15 - 11:45 | Lunch                       |
| 11:45 - 12:30 | Toothbrushing / Storytime   |
| 12:30 - 2:30  | Naptime / Quiet Time        |
| 2:30 - 3:00   | Snack                       |
| 3:00 - 4:30   | Indoor / Outdoor Activities |

# QUEEN EMMA PRESCHOOL WEEKLY SCHEDULE

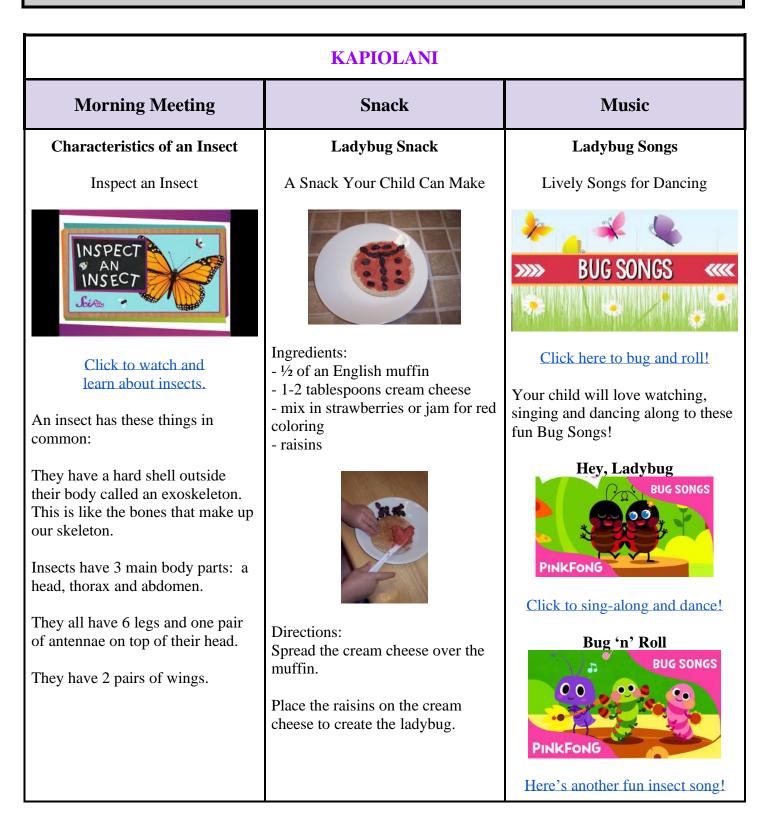
| Class                     | Pages          |
|---------------------------|----------------|
| Kapiolani (2's)           | 2, 19, 34, 49  |
| Lehua / Menehune (3's)    | 6, 22, 37, 53  |
| Hokulele / Leialoha (4's) | 11, 27, 42, 58 |
| Aloha Kamaliʻi (5's)      | 15, 30, 45, 61 |

# **Indoor/Outdoor Activities**

Art, Music, Storytime, Language, Math, Fine Motor Skills, Large Motor Skills, STEM, and Making Snacks

# Week of: May 11 - 15, 2020 Focus: Insects, Bugs, and Spiders

# MONDAY



| Storytime  | Art                                     | Language   |
|--|---|--|
| The Grouchy Ladybug  | Potato Masher Ladybug                   | The Ladybug Life Cycle   |
| The Grouchy LadybugWritten and illustrated by<br>Eric CarleImage: CarleImage: CarleImage: CarleImage: CarleCick to watch and listen.Can the grouchy ladybug turn into<br>a good tempered ladybug? Listen<br>to this story and see for yourself!Opportunities to enhance learning:Review the pages of the story and<br>count how many creatures the<br>adybug encountered.Ask your child to recall the<br>sequence of encounters. Who came<br>first, second and on until the last<br>encounter? | Potato Masher Ladybug                   | Image: constraint of the constra |
|  | Glue on the eyes and draw the antennae. | A ladybug uses its <b>antennae</b> to smell, touch and taste.  |

### **Making Binoculars**

You can view the instructional video for this activity on the Queen Emma Preschool Distance Learning webpage!



Materials: - 2 empty toilet paper rolls - 36" length of string, ribbon, or yarn - Stapler - Hole punch - Tape preferably masking tape - Markers - Insect stickers (optional) Directions: Have your child color the 2 toilet paper rolls with markers. Hold the 2 toilet paper rolls sideby-side and tape one end together securing it well. Punch a hole on the outer side of the taped ends exactly across each other about  $\frac{1}{2}$ " from the top. Tie each end of the string, ribbon or yarn to the side of the binoculars.

Now you are ready for a bug hunt!!

It has a covering that protects its head called a **pronotum**.

The **elytra** is a hard cover that protects the wings and comes in a variety of colors like red, orange and yellow.

The legs and wings are attached to its **abdomen**.

It has **6 legs**.

| Fine Motor  | Gross Motor                                 | STEM                               |
|---|---|------------------------------------|
| Paper Plate Ladybug   | Stomping Out the Bugs                       | Ladybug Counting                   |
|   |   |                                    |
| Materials:  | Materials:                                  | Materials:                         |
| - Paper plates  | - Sidewalk chalk                            | - Use the paper plate ladybug that |
| - Red paint   | - Fly swatter, optional                     | was made in Fine Motor             |
| - Paint brush   |   | - Black pompoms                    |
| - Black construction paper  | Directions:                                 | - Tongs                            |
| - Googly eyes<br>- Large hole punch   | Draw bugs of different shapes on            | - A bowl or container to hold the  |
| - Glue  | the sidewalk in a line or space them apart. | pompoms                            |
| Glue  | them apart.                                 | Directions:                        |
| Directions:   | Have your child jump, hop or                | Put the pom poms in a bowl.        |
| Paint the backside of a paper plate   | stomp on them.                              |                                    |
| red.  |   | Use the tongs to pick up the       |
|   | You can also swat the bugs with a           | pompoms.                           |
| Cut the black construction paper  | fly swatter.                                |                                    |
| into one long thin strip for the line   |   | Count the pompoms as you place     |
| on the back, a half circle or half  | Try naming the bug shape and                | them on the spots of the ladybug.  |
| oval shape for the head and a thin V shape for the antenna.   | have your child find it and stand           | Read Ten Little Ladybugs           |
| v snape for the antenna.  | on it.                                      | Reau Ten Little Lauybugs           |
| Use a large hole punch, or just cut<br>out circles for the spots. Let your<br>child choose how many dots the<br>ladybug will haveand don't<br>forget to count them! | かなな   | Ten Little Ladybuge                |
| When the plate is dry, glue on all<br>the things you cut out and add<br>googly eyes.  |   |                                    |
|   |   | Count more ladybugs HERE!          |

# LEHUA / MENEHUNE

## **Morning Meeting**

# Snack

**Creepy Cheesy Crawlers Snack** 

**Spider Facts** 



Discussion:

Spiders are not insects. They are arachnids because they have two body segments instead of three.

Spiders spin webs to catch other bugs to eat, but not all spiders make webs! It takes a spider about 60 minutes to spin a web. The silk is a liquid inside the spider's abdomen. When the spider releases it through its spinnerets, it becomes solid and forms a thread. The silk strands in a web are 5x stronger than a piece of steel the same size.

Spiders have small mouths so they don't usually eat their prey. They put chemicals into and on the prey to turn the body into a liquid, Then the spider sucks it up.

The hair on a spider's first pair of legs are sensitive to taste. The spider "tastes" its prey by touching it.

Some spiders, such as the tarantula, are kept as pets.

Click here to learn more about spiders!



#### Ingredients: - 1 Mini Babybel semisoft cheese, unwrapped

- 1 red bell pepper
- 2 raisins
- <sup>1</sup>/<sub>4</sub> cup of cucumber shavings
- 4-6 pretzel twists
- 1 chive (optional)

Directions: Center the Mini Babybel Original cheese on a plate.

Break a few pretzel twists, sticking four of the longer sides into each side of the cheese to make legs.

Place two raisins in the center of the cheese for the eyes.

Next, give the spider a smile with a sliver of red bell pepper.

Place cucumber shavings at the bottom of the plate for grass.

For another piece of arachno-flare, add a length of chive to the top of the spider as the silk string (optional). This cheesy crawler snack has such big flavor, it's perfect for after school. (Serves 1)

# Music

### **Little Miss Muffet**



Little Miss Muffet Sat on a tuffet, Eating her curds and whey; Along came a spider Who sat down beside her And frightened Miss Muffet away.

### Sing along here

## Storytime

There Was an Old Lady Who Swallowed a Fly Written by Simms Taback



### Click here to listen to the story

Directions:

Create the Story Stick in the Fine Motor section.

As you read the story, ask your child to place the clothespins on the lady as you get to the correct part of the story.

Have your child retell the story using only the Story Stick.

# Art

### **Fly Swatter Art**



### Materials:

- Clean fly swatter
- Paper, newspaper is great
- Tape
- Paint
- Paper plate for paint
- Apron or old t-shirt

#### Directions:

It is suggested to do this activity somewhere outside. It's messy...but so much fun!

Put an apron or old t-shirt on your child.

Tape paper on the ground (outside).

Add paint onto a paper plate.

Have your child place their fly swatter in the paint, then on the paper.

Repeat over and over again to make a painted masterpiece!

Use warm water and soap to remove excess paint on the fly swatter.

### MORE

# Language

### Spider Letter Swat



Materials to make spider:

- Clean bug swatter
- Black paper
- Tape
- Scissors
- White chalk

Directions to make spider: Wrap the fly swatter with black paper.

Cut eight strips of black paper (legs) and attach them to the fly swatter using tape.

With the chalk, draw eyes on the spider.



Materials to make bugs:

- Paper (any kind and any color)
- Scissors

- Writing implement (crayon, pen, pencil, marker)

Directions to make bugs: Draw and cut out bug shapes.

Write letters on the bugs (uppercase, lowercase, letters in your child's name, etc.).

### **Making Binoculars**

You can view the instructional video for this activity on the Queen Emma Preschool Distance Learning webpage!



### Materials:

- 2 empty toilet paper rolls
- 36" length of string, ribbon, or

yarn

- Stapler
- Hole punch
- Tape, preferably masking tape
- Markers
- Insect stickers (optional)

Directions:

Have your child color the 2 toilet paper rolls with markers.

Hold the 2 toilet paper rolls sideby-side and tape one end together securing it well.

Punch a hole on the outer side of the taped ends exactly across each other about  $\frac{1}{2}$ " from the top.

Tie each end of the string, ribbon or yarn to the side of the binoculars.

Now you are ready for a bug hunt!!

How to play the game: Spread the bugs on the floor.

Ask your child to swat the letters in his/her name.

Say random letters and have your child swat them.

Say a word and have your child swat the initial letter sound.

# **Fine Motor**

### Story Stick: There Was an Old Lady Who Swallowed a Fly



### Materials:

- 7 Wooden clothespins
- 1 paint stir stick
- Glue
- Markers
- Paper
- Tape

### Directions:

Draw a picture of a lady at the top of the paint stick.

Write, or print, the names of the animals in the book and attach to the handle of the paint stick (fly, spider, bird, cat, cow, horse, and dog).

Draw or find small pictures of the animals and insects in the book.

Attach one picture to the end of each clothespin with glue.

Have your child pinch the end of the clothespin to attach the picture to the matching word on the stick.

Use while reading There Was an Old Lady Who Swallowed a Fly.

# **Gross Motor**

### Don't Get Caught in the Spiderwebs

Bring active play indoors!



- Materials: - Long lengths of yarn or paper streamers - Sturdy furniture
- Directions:

Weave long lengths of yarn through sturdy furniture at different heights. (You can also use paper streamers for younger children, as the streamers will break if a child gets tangled in them.)

As children carefully navigate their way through the webs, encourage spatial awareness using words like *over, under, between,* and *through*.



# STEM

### Climbing Popsicle Stick Spider Craft



Materials:

- Short popsicle sticks
- Glue, wood glue or hot glue
- Paint or markers
- Paint brushes
- Googly eyes
- Straws
- Yarn

### Directions:

To make the spider's legs, lay down 4 short popsicle sticks side by side. Fan them out so that one end of each stick is touching. Add a dot of glue to each touching end and lay a 5th stick across the glue at an angle. Make sure one end of the fifth stick protrudes as this will make the spider's fang.



Repeat for the second set of legs going in the opposite direction.

When your two sets of spider legs have set, you can make the spider body by gluing 5 popsicle sticks across to span the gap between the two sets of legs.



Paint or color your spider any color you like. Remember to paint the fangs white too.



To make the climbing mechanism turn your spider over and glue on two small pieces of drinking straw from front to back.



Cut a length of yarn a few feet long and thread an end through each piece of drinking straw and tie the two ends together in a knot to create one big loop.



Decorate the front of your climbing spider with some wiggle eyes and a smile.



Now you can hang the spider thread over a door knob or hook. To make the spider climb, hold a thread in each hand to blow the spider. Pull the threads to the side and it will force your spider up. Bring your hands back together and gravity will pull the spider back down again.

# **HOKULELE / LEIALOHA**

# **Morning Meeting**

### **Praying Mantis Monday**

Journey with Coyote Peterson as he travels to Japan and sees his favorite insect, the praying mantis.



Click to watch and learn.



Snack

**Eat Your Greens!** 

Praying mantises are often referred to as a "gardener's best friend."



That's because they eat other insects and pests that gobble up a gardener's fruits and veggies!



So eat something fresh and green today, inspired by the colors of the praying mantis and to celebrate the "gardener's best friend!"

# Music

### **Praying Mantis Song**

Written and sung by Danny Pagan from his album "Train is Coming"



Click to listen to a song about this song writer's favorite insect.

To round out the world of insects, have fun with this song too! Brought to you by "Have Fun Teaching."



Click to watch and sing along.

# Storytime

My Awesome Summer By P. Mantis

Written by Paul Meisel



Get a bug's-eye-view on the life cycle of the praying mantis, in this hilarious, scientifically accurate Nature Diary following an insect through her whole summer.

Finalist for the AAAS/Subaru SB&F Prize for Excellence in Science Books

Click to watch and listen.



Praying Mantis Egg Case Nymphs

# Art

### How to Draw a Praying Mantis

Challenge your copying skills! Draw a praying mantis.



Click and carefully follow the directions to meet this drawing challenge.

# MORE

### **Making Binoculars**

You can view the instructional video for this activity on the Queen Emma Preschool Distance Learning webpage!



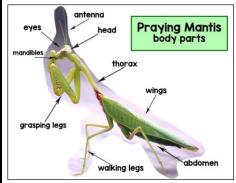
Materials:

- 2 empty toilet paper rolls
- 36" length of string, ribbon, or
- yarn
- Stapler
- Hole punch
- Tape preferably masking tape
- Markers
- Insect stickers (optional)

# Language

### **Praying Mantis Body Part Chart**

Copy and write the names of the praying mantis body parts.



# Click here to enlarge the image or download and print!

Instead of simply copying the words, use your drawing of a praying mantis and label its body parts.

You made your own "Praying Mantis Body Parts" chart!

|  | 13 |
|--|----|
| Directions:<br>Have your child color the 2 toilet<br>paper rolls with markers.                                 |    |
| Hold the 2 toilet paper rolls side-<br>by-side and tape one end together<br>securing it well.                  |    |
| Punch a hole on the outer side of the taped ends exactly across each other about $\frac{1}{2}$ " from the top. |    |
| Tie each end of the string, ribbon<br>or yarn to the side of the<br>binoculars.                                |    |
| Now you're ready for a bug hunt!!  |    |
|  |    |
|  |    |
|  |    |
|  |    |
|  |    |
|  |    |
|  |    |
|  |    |
|  |    |
|  |    |
|  |    |
|  |    |
|  |    |
|  |    |
|  |    |

# **Fine Motor**

### **Praying Mantis Hands**

Resistance Exercises for the Fingers



### Materials:

- 2 rubber bands
- Variety of small items to pick up
- Small container

Directions: Wind one rubber band around all of your child's fingers on one hand, clasping them together.

Repeat on the other hand.

Have your child exercise the small muscles in their fingers and palms by picking up the small items and placing them into the small container.



A praying mantis will use its front grasping legs to grab and hold down their prey!

# **Gross Motor**

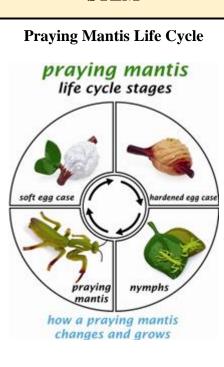
Yoga with Our Friend, Stella the Stick Insect

A Cosmic Kids Yoga Adventure



Click to watch and do! For your best experience, use your television as the monitor!

Yoga isn't just for adults! Grab your kiddo, get comfortable and immerse yourself in Jaime's storytelling skills that she combines with basic yoga moves your child will love!



STEM



# Click to watch the life cycle of the praying mantis.



Click to see more Ilse Knatz Ortabasi insect videos. 14

# ALOHA KAMALI'I

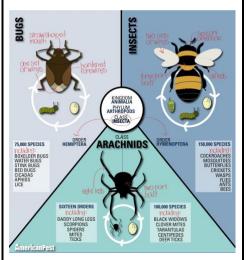
Snack

## **Morning Meeting**

# What is the Difference Between a Bug, Insect, and Spider?

We are going to have fun finding the differences and interesting facts about these 3 animals this week. Let's get started.

Click here to learn the differences between the bugs, insects, and spiders.

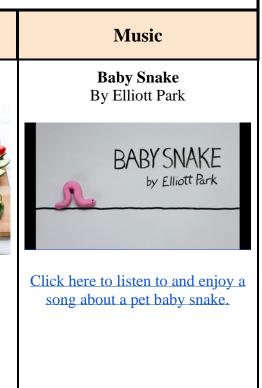


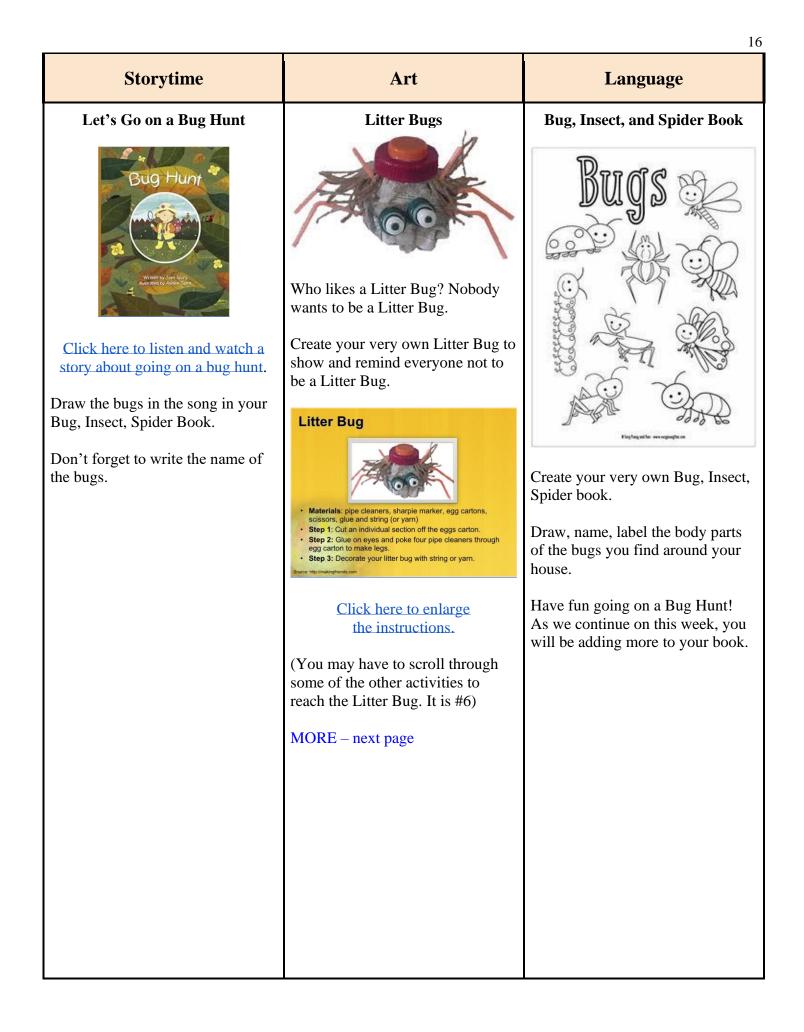


Go "bug" hunting in your refrigerator. Look for any vegetables you would like to eat.

Parents help your child to cut the "bug" body parts or allow your child to use a plastic knife or a butter knife.

Have fun putting the edible bugs together!





#### **Making Binoculars**

You can view the instructional video for this activity on the Queen Emma Preschool Distance Learning webpage!



#### Materials:

- 2 empty toilet paper rolls
- 36" length of string, ribbon, or

yarn

- Stapler
- Hole punch
- Tape preferably masking tape
- Markers
- Insect stickers (optional)

Directions:

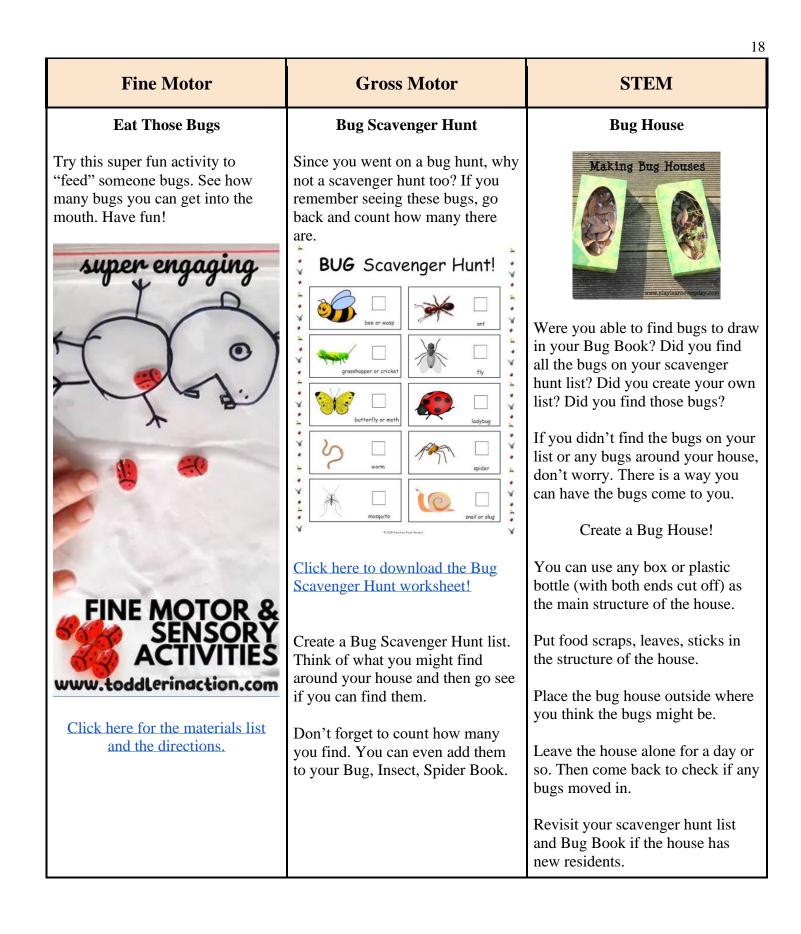
Have your child color the 2 toilet paper rolls with markers.

Hold the 2 toilet paper rolls sideby-side and tape one end together securing it well.

Punch a hole on the outer side of the taped ends exactly across each other about  $\frac{1}{2}$ " from the top.

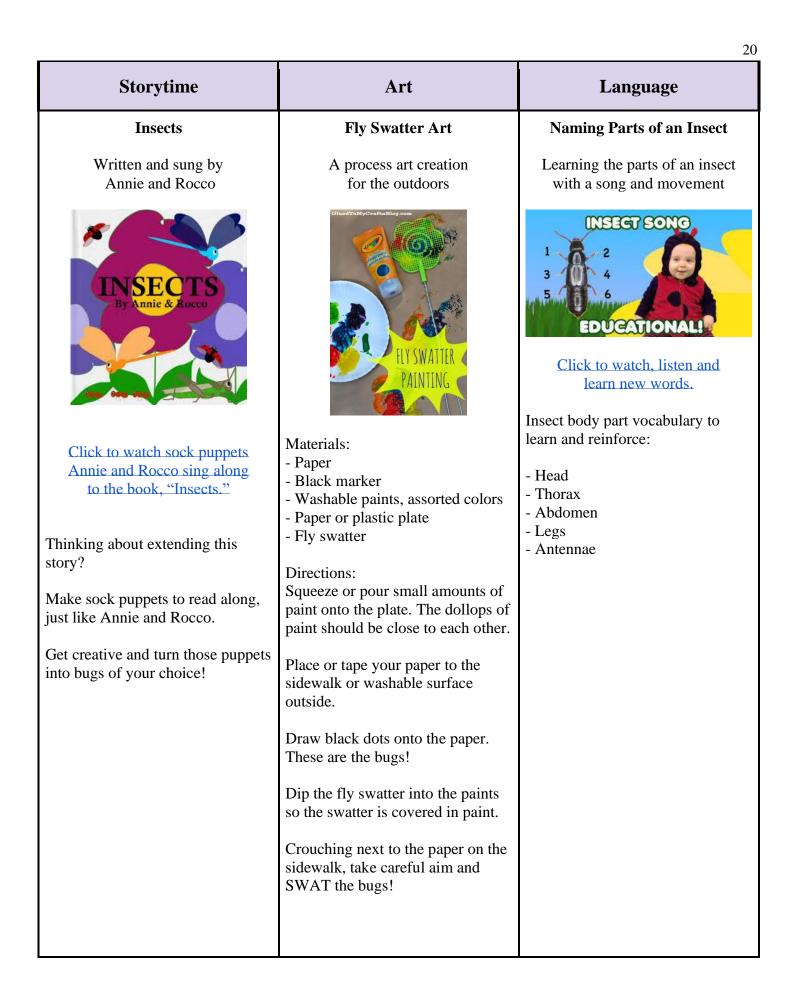
Tie each end of the string, ribbon or yarn to the side of the binoculars.

Now you are ready for a bug hunt!!



# TUESDAY

| KAPIOLANI  |  |  |
|--|--|--|
| Morning Meeting  | Snack  | Music  |
| Insects, Spiders and Bugs<br>CoComelon Kids Songs<br>The Bug Song  | Ants on a Log<br>Living Montessori Now<br>Click to watch a 2 year old make<br>Ants on a Log.   | Ants Go Marching<br>Super Simple Songs   |
| <b>Click to watch and listen to a song about a variety of insects and bugs.</b> What are some of the names of bugs that you know? Were they the same as the ones sung in the song? What new ones did you hear? | <ul> <li>Traditionally "Ants on a Log" was made using peanut butter. Since QEP is a peanut free school or you might have peanut allergies in your family, here are some other suggestions for filling your celery sticks.</li> <li>Cream cheese <ul> <li>Egg salad</li> <li>Tuna salad</li> <li>No Nutz (a seed spread)</li> </ul> </li> <li>Get creative with the filling and the fruit "ants".</li> <li>Focus on having fun with your child in the kitchen!</li> </ul> | Cick for a fun number song!<br>How many ants were in the song?<br>Can you march around your living<br>com like the ants in the song?<br>Clap your hands to the beat of the<br>song!<br>Gather your whole family and<br>make an ant parade as you all<br>march to the beat of the song! |





Materials:

- Cheerios or Cheerio-type cereal
- Pipe cleaners, string or yarn
- Tape, optional

Directions:

Using pipe cleaners is the easiest for inserting into the hole of a Cheerio because it doesn't flop around like string or yarn.

If using string or yarn, you might want to fortify the end by wrapping it with a tiny piece of tape.

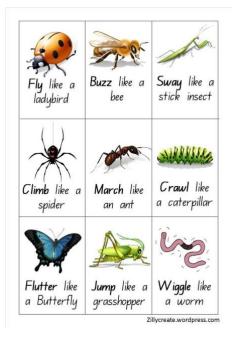
Have your child string as many Cheerios onto the "string" of your choice, depending on the length.

Twist the pipe cleaner or tie the string to complete the Caterpillar Bracelet.

# **Gross Motor**

### Move Like an Insect

Using Motion Prompts



Using the above suggestions, play "Move Like an Insect" by repeating these prompts and see how your child responds.

Prompts combined with adult interaction/demonstration always lead to more laughter and fun!

Playing music will only add to their growing enthusiasm.

# Math

# Counting with Bugs

Counting From 1 - 10



Click to watch and pause to count the bugs.



# Click for another level of counting experience.

Watching these videos may be fun as long as we remember that counting experiences for preschool children should always start with manipulating real objects.

Use any manipulative, for instance, small blocks or cars or even crayons.

As your child picks one, say "one." As your child picks another, say "two." Continue this process until your child reaches 5 or even 10 or more!

The goal: To understand that the last object counted represents the amount of objects.

# **LEHUA / MENEHUNE**

### **Morning Meeting**

Snack

Ingredients:

- Strawberries

- Blueberries

Directions:

Cut 2 strawberry slices (cut the stem off in a "v" shape to give the

slice more of a wing shape).

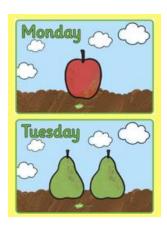
Place 2 strawberry slices as wings and 3 blueberries for the body.

#### Read: The Very Hungry Caterpillar

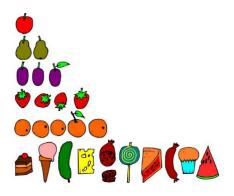
### Click here to listen to story

Review and discuss the days of the week from the story.

### Click here to listen to the song



Counting with the Hungry Caterpillar



Click here to listen and watch

**Comprehension and Sequencing** 

Where did it come from? What did it eat? What did it become?

## Music **Butterfly Fruit Pizza** The Fuzzy Caterpillar (Tune: Itsy Bitsy Spider) The fuzzy little caterpillar Curled up on a leaf Spun her little chrysalis And then fell fast asleep While she was sleeping She dreamed that - Premade frozen cookie dough (or she could fly, English muffin) And later when she woke up She was a butterfly. - Strawberry cream cheese Click here to listen Life Cycle of a Butterfly Bake premade frozen cookie dough according to directions. Set aside and let cool. (Or use an English muffin.) chrysalis Spread strawberry cream cheese. caterpillar



| Storytime   | Art  | Language   |
|---|--|--|
| <b>The Very Hungry Caterpillar</b><br>By Eric Carle | Paper Chain Caterpillar  | The Very Hungry Caterpillar<br>Alphabet Activity   |
| Click here to listen to story                       | PAPER CHAIN CATERPILLAR  |  |
|   | Materials:<br>- Cardstock (red, green, black) or<br>red and green construction paper<br>- Stapler<br>- Scissors<br>- Large wiggle eyes<br>- Glue                 | Materials:<br>- Red, green, and yellow<br>construction paper<br>- Black marker<br>- Black pipe cleaner<br>- The Very Hungry Caterpillar<br>book        |
|   | Directions:<br>Cut 4 long strips out of the green<br>cardstock and 1 long strip out of<br>the red cardstock.<br>One by one, staple and intertwine                | <ul> <li>Glue and scissors</li> <li>Sealable plastic bag</li> <li>Directions:<br/>Take green construction paper and<br/>cut out 26 circles.</li> </ul> |
|   | your cardstock "chain" together,<br>with the red (the caterpillar's head)<br>in the front and the green being the<br>body. Set aside.                            | Cut out one red circle for the head<br>and two small yellow circles for<br>the eyes.   |
|   | Using black cardstock, cut out a simple pair of antennas.  | Cut two small green circles to<br>place them on the yellow circles to<br>create eyes.  |
|   | To finish off the Paper Chain<br>Caterpillar, glue the black<br>cardstock antennas to the "head"<br>of the craft and glue on your<br>wiggle eyes (or draw eyes). | Assemble the head by gluing the 2 small yellow/green circles on the red circle to create the face of the caterpillar.                                  |
|   | Then display proudly!!!  | Glue black pipe cleaners to the back to create antennas.   |
|   |  | Have your child draw in the mout with a black marker.  |
|   |  |  |

|  | 24  |
|--|---|
|  | Once the 26 green circles have<br>been cut have your child write the<br>alphabets individually. |
|  | Then place in order from A - Z,<br>spell names, or write words over<br>and over again.          |
|  | Store in a sealable plastic bag to keep the pieces together.                                    |
|  |   |
|  |   |
|  |   |
|  |   |
|  |   |
|  |   |
|  |   |
|  |   |
|  |   |
|  |   |
|  |   |

# **Fine Motor**

### Cheerio Caterpillar





### Materials:

- Pipe cleaners
- Cheerios
- Glue
- Googly eyes

### Directions:

On one end of the pipe cleaner, create a small loop and twist the end to create the "head" of the caterpillar.

Glue the googly eyes on the head.

# **Gross Motor**

## Very Hungry Caterpillar Gross Motor Activity

Have your child pretend to be caterpillars and act out how they turn into butterflies by first curling up in a ball to represent the egg.



Next, have them crawl out of the egg as a caterpillar and look for food. (As an extension place food pictures that the hungry caterpillar ate in the story and have your child crawl around and look for them)



Then have them crawl under a big blanket or sheet and wrap them up like they are in a cocoon or chrysalis.

Pull the sheet or blanket off and have them fly out like a butterfly.

### Math

### Feed the Caterpillar



### Materials:

- Toilet paper roll
- Green construction paper
- Glue
- Scissors
- Pom poms or bits of leaves
- Dice
- Hole punch (optional)
- Chenille stem (optional)

### Directions:

Cut and glue green construction paper around the toilet paper roll. Set aside to dry.

Once it's dry, punch two small holes side by side on one end of the toilet paper roll.

Place the small piece of chenille stem into the 2 small holes and twist it to create an antenna on the caterpillar.

Before playing, practice counting the number of dots on the dice.

Now play and have fun...

Rolling the dice and watching it plop down can be entertaining.

| Count the number of dots on the<br>side facing up. Once the number is<br>identified, some great fine motor<br>skills are applied as small fingers<br>grasp the correct number of pom<br>poms to match the number of dots<br>on the dice. |
|--|
| Feeding the caterpillar provides<br>another opportunity to count. As<br>each pom pom snack is placed in<br>its mouth, you can count aloud.   |

# **HOKULELE / LEIALOHA**

# **Morning Meeting**

Snack

Yummy Spider Snack

Gather your ingredients and get set

for a snack that plays like an art

project!

### **Tarantula Tuesday**

Journey with Coyote Peterson as he travels to the Sonoran Desert in Arizona to observe a tarantula at night!



Click to watch and learn.

And now let's meet our favorite little tarantula, Lucas the Spider! Have fun watching these videos!



Click here to visit and view more Lucas the Spider episodes!

| 0  | 00         |
|----|------------|
| の談 | OW         |
| 派羽 | the second |

Click for the recipe.

Remember to substitute thin carrot or celery sticks for the pretzels to avoid choking for your preschoolers.

Serve with the beverage of our choice.



### Click here to watch Lucas the Spider: I'm Starving

# Music

### **Gentle Lullabies for Naptime**

Relax and enjoy a little nap with your child. Turn down the lights and get cozy with a little Eensy Weensy Spider.



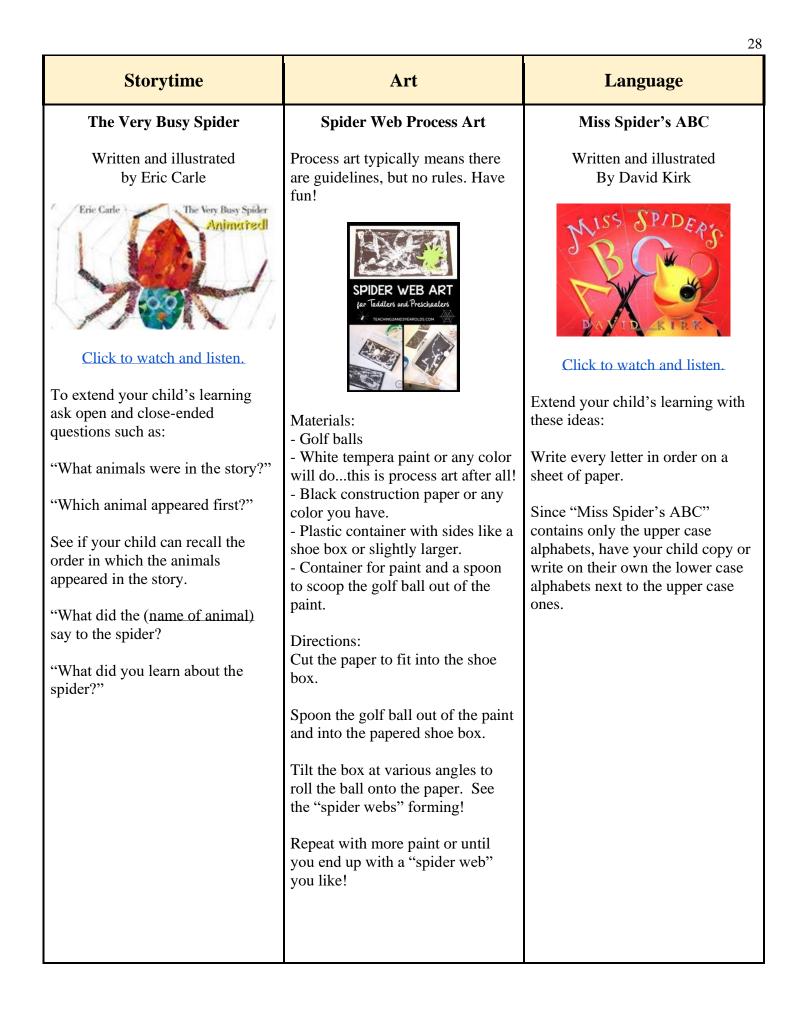
The ever changing graphics is as soothing to watch as it is to listen to the accompanying lullabies.

Click to watch and listen.

Good night...



Click here to watch Lucas the Spider: Naptime



# **Fine Motor**

### Spider Web Lacing

We're combining your fine motor and math skills to complete this task of weaving your own spider web.



Click to download the pattern.

Feel free to draw your own spider to add to your spider's web!



Click here to watch Lucas the Spider: Spinning Webs

# **Gross Motor**

### Yoga Pose Universe

Cosmic Kids Yoga



Click and do the Spider Pose!

Now that you've warmed up with the spider pose, try using your Spidey Superpowers!



Click for Spidey Superpowers!

# Math

### Units of Measurement and Size Comparison

Tarantulas come in all sizes! Small, medium, and large ...REALLY LARGE!

Depending on the species, the leg span of these spiders can measure anywhere between 3 to 12 inches long!



Help your child use a ruler or measuring tape to measure the length of 3 inches and 12 inches.

Compare the lengths to determine which is shorter and which is longer.

Together with your child, measure items throughout your home!

What is 3 inches long? What is 12 inches long?

Do this activity with your child to develop number recognition, introduce units of measurement, and to compare and contrast!



Click here to watch Lucas the Spider: Jumping Spider

**ALOHA KAMALI'I Morning Meeting** Snack Music What is a Pond Skater? Have You Ever Eaten a Bug? Going on a Bug Hunt **Bugs For Kids** Click here to watch the video! Click here to listen and watch the song. Click on either picture to discover If you haven't eaten a bug before, some interesting facts about these Draw these bugs with their names now is your chance to try a Fruit amazing bugs. in your Bug, Insect, Spider Book Bug. from Monday's Language section. Again, go into your refrigerator, this time you're going to hunt for fruit. Parents, please cut out bug body parts from the fruit or allow your child to use a plastic knife. Have fun making your own Fruit Bug to eat. Click here to learn more!

|   |  | 31   |
|---|--|--|
| Storytime   | Art  | Language   |
| The Bugliest Bug  | Oil Slick Art  | Water Strider or Pond Skater   |
| Image: Additional and the second se | We've heard of oil slicks being a bad thing. But beautiful? Not really.<br>Here is a cool way to make a beautiful oil slick.<br>San Diego Zoo Too Too Too Too Too Too Too Too To | Water Strider or Pond Skater         Short front legs used         for getting prev         Middle legs         used like         paddles         Here is another bug to add to your         Bug, Insect, Spider Book. Don't         forget to copy the body parts and         labels too.         Click here for a larger image         and more interesting facts. |

|  |  | 32   |
|--|--|--|
| Fine Motor   | Gross Motor  | Math   |
| Make Your Own Water Strider  | Bug Yoga   | Build a Bug  |
| Water Strider<br>Steen ActivityWater Strider<br>Steen ActivityWiter Strider<br>Steen ActivityWiter StriderWiter StriderStak here for the list of materials<br>and directions to make<br>the Water Strider.Use some of your origami folding<br>skills to help you make this Pond<br>Skater. | Can you pose like a bug?<br>Can you relax and be still like a bug?<br><b>Solution Control Cont</b> | <ul> <li>Try building a bug slowly, one part at a time.</li> <li>But what if you can't choose the parts? What if it is the luck of the dice?</li> <li>Here is a game that has rules just like that, one part at a time.</li> </ul> |
| <ul><li>Parents can make one too and have a race.</li><li>Each person blows on their Pond Skater to make it go.</li><li>Find out who has more blowing strength like the Big Bad Wolf.</li></ul>  |  | Materials:<br>- Playdough<br>- Loose items (found around your<br>house) that you think would make<br>for a good bug body part.<br>- Die (dice, if two or more people<br>are playing)<br>- Paper<br>- Marker                        |

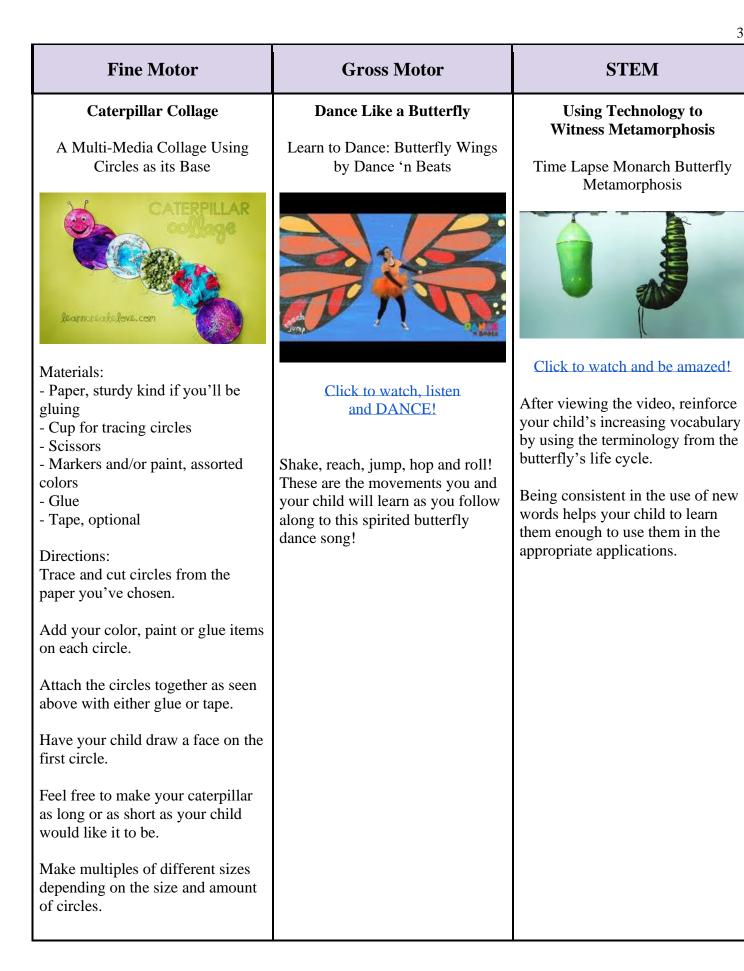
|  | Let the game begin!  |
|--|--|
|  | On the piece of paper, decide what<br>number will be assigned to what<br>body part.  |
|  | For example:<br>1 - head<br>2 - body<br>3 - leg<br>4 - eye<br>5 - wing<br>6 - antenna  |
|  | Each person (if playing with more than 1) takes a turn rolling a die.  |
|  | The next person may have the<br>body part that matches the number<br>on the die.   |
|  | Keep rolling the die until you have<br>completed your bug. If there are<br>multiple people playing, the person<br>who finishes their bug first wins. |

# WEDNESDAY

| KAPIOLANI  |   |  |  |
|--|---|--|--|
| Morning Meeting  | Snack   | Music  |  |
| We're Going on a Bug Hunt  | Butterfly Snack   | 10 Little Butterflies  |  |
| "Bug Hunt" is written by Tom<br>Story and illustrated by Ashlee<br>Spink.                                  | Here's another snack that your child can help create!   | EduBuzz Kids   |  |
| Click to watch and listen.   | Butterfly-Snack Bags  | 1 2 3 4 5<br>6 7 8 9 weatblackboor   |  |
|  | make a butterfly snack bag.<br>Materials:<br>- Snack bags<br>- Clothespins  | and sing along.<br>Use your fingers to count along<br>forward from 1 to 10 and<br>backward from 10 to 1! |  |
| There are many more bugs introduced in this morning's story.   | <ul> <li>Markers, any color</li> <li>Snacks of your choice</li> </ul>   |  |  |
| Add these bugs to your mental list.<br>Were there any new ones? Were<br>there any bugs that were the same? | Directions:<br>Watch the video as this little boy<br>takes you through the easy steps of<br>making a Butterfly Snack Bag. |  |  |
|  |   |  |  |
|  |   |  |  |
|  |   |  |  |
|  |   |  |  |

### **Storytime** Art Language **Butterfly Art Ten Magic Butterflies Butterfly Life Cycle** Written by Danica McKellar and Easy Coffee Filter Butterflies Learning the Butterfly's illustrated by Jennifer Bricking Life Cycle Terminology DANICA MCKELLAR Butterfly Life Cycle caterpillar eggs Magic utterflies chrysalis adult butterfly Materials: - Coffee filters - Watercolor markers, assorted colors - Pipe cleaners, yarn or ribbon Using the chart above, encourage Click to watch and listen. using these words when discussing Directions: the life cycle of a butterfly. Listening to this story teaches us that "being ourselves is best of Point to each picture, say the word all!" and have your child repeat the word back to you. Learning new vocabulary helps children to communicate in ways they never were able to before! Flatten the coffee filters and have your child color all over the filter. The more color, the better. Pinch the center and tie using either the pipe cleaner, yarn or ribbon. Make more than one and hang them in front of your window.

Beautiful!



| LEHUA / MENEHUNE   |   |  |
|--|---|--|
| Morning Meeting  | Snack   | Music  |
| Good Bugs vs. Bad Bugs   | Centipede Snack   | I Caught Myself a<br>Baby Bumblebee  |
| Did you know that some bugs are<br>good and some bugs are bad?<br>How many different bugs can you<br>name?<br>Would you think of them as being<br>good or being bad?<br>Which bugs are nice to look at?<br>Which bugs are nelpers?<br>Which bugs are not so friendly?<br>There are some bugs that do help<br>us to take care of our gardens and<br>plants.<br>There are some bugs that aren't so<br>safe to be around. | Ingredients: <ul> <li>1 banana</li> <li>Almond butter</li> <li>Pretzel sticks</li> <li>Craisins</li> </ul> Directions: <ul> <li>Slice the banana and arrange on a plate in a snake-like way.</li> </ul> Put almond butter between each slice. Place 2 pretzels on the "head" and a pretzel in between each slice for legs. Add craisins for decoration. Recipe taken from this website. | Image: the second sec |

| 38  |
|---|
| baby bumble bee ( <i>continue to</i><br><i>smash the bee</i> )<br>EWWW! How yucky! ( <i>make a</i><br><i>face and yucky sticky fingers</i> )  |
| (Spoken) Hmm, what do we need<br>to do? We need to wash our hands!<br>Turn on the water (turn on faucet),<br>remember we need to wet our<br>hands to be able to make bubbles,<br>get 1 squirt of soap (get 1 squirt of<br>soap), and let's start.   |
| I'm washing off that baby<br>bumblebee ( <i>rub hands together</i> ,<br><i>tops and bottoms</i> ), won't my<br>mommy be so proud of me! I'm<br>washing off that baby bumblebee<br>( <i>rub hands together</i> , <i>fingers and in</i><br><i>between</i> )Now what?                                      |
| <ul><li>(Spoken) Shake your hands nicely over the sink (shake hands off).</li><li>Get just 1 paper towel (get a paper towel) and it's time to dry off!</li></ul>  |
| I'm drying off that baby bumble<br>bee ( <i>dry hands with paper towel</i> ),<br>won't my mommy be so proud of<br>me! I'm drying off that baby<br>bumblebee ( <i>continue to dry</i><br><i>hands</i> )<br>Hands are dry, what's next?   |
| (Spoken) We need to turn off the<br>water with your paper towel so we<br>don't get any germs ( <i>turn off the</i><br><i>faucet</i> ), and what's next? We need<br>to throw away the paper towel,<br>now where's that trash can?<br>( <i>pretend to look for a trash can</i> )                          |
| I'm throwing away that baby<br>bumblebee ( <i>throw away paper</i><br><i>towel towards the pretend trash</i><br><i>can</i> ), won't my mommy be so<br>proud of me! I'm throwing away<br>that baby bumblebee ( <i>continue to</i><br><i>throw away trash</i> )<br>All clean! ( <i>show clean hands</i> ) |

#### 39 **Storytime** Art Language **Bumble Bee Art Centipede's 100 Shoes Insect ABCs** Written by Tony Ross Centipede's A phid Click here and sing along with this Materials: video clip naming an insect for - Plastic spoon every letter of our alphabet. Wow! Click here and enjoy the story. - Yellow paint (for body) That's a lot of insects! - White paper (for wings) Then see the Centipede Art - Black paint w/ small brush (or activity below to make your very Watch her hands make the sign for use a black sharpie to draw stripes, own centipede. each letter of the alphabet. Help or cut thin strips out of black your child to make the letters of paper, for black stripes) his/her name in sign language. Will your centipede have 100 feet - 2 googly eyes to need 100 shoes like the - Black pipe cleaner (or use black centipede in this story? paper strips, for antenna) - Black pom pom (or cut out a black circle, for head) - Glue Directions: Talk about how the different materials will be used to make different parts of the bee. First, have your child paint the spoon yellow for the bee body. Have your child prepare the other parts: cut out a pair of wings, cut thin black stripes and the antenna. When dry, glue on the wings, add the stripes, head, eyes and antenna. Allow it to dry. **Buzzzz!**

| Fine Motor   | Gross Motor   | STEM   |
|--|---|--|
| Centipede Art  | Spider Webs   | Bees Help with Pollination   |
| A centipede is a multi-legged<br>insect made up of many body<br>segments, with 2 legs per segment.<br>They have a round head and a pair<br>of antennae at the front. |   | You can pretend to be a busy bee<br>visiting a flower needing to drink<br>some sweet nectar.<br>Materials:                             |
| They are carnivores, which means<br>they eat other insects. Some<br>centipedes grow as large as 12   |   | <ul> <li>Plastic cup</li> <li>Paper, cut into a flower- shape</li> <li>Ingredients:</li> </ul>   |
| inches and can eat frogs, spiders<br>and even mice!  | Materials:<br>- Yarn or some type of string<br>- An open area   | <ul> <li>Fresh blueberries (patted dry) or raisins</li> <li>Cheesy snacks/chips</li> </ul>   |
|  | <ul> <li>2 inch pieces of paper (to be the bugs or spider food) for Game #1</li> <li>Furniture, pillows for Game #2</li> </ul>                    | Directions:<br>Turn a cup into a flower by adding<br>paper flower petals on top of the   |
| What a real centipede  | Game #1 Directions:<br>Using your yarn, create a spider's<br>web. Make a web design on the<br>floor with angles and shapes, as<br>big as you can. | cup.   |
| looks like.<br>Materials:<br>- Paint<br>- Paper  | Next, place your "spider food" all<br>along the web. Now have your<br>child, turn into a spider and<br>balance on the web, slowly                 |  |
| - Marker<br>- A finger   | walking all along the web and picking up the spider food.   | Inside the cup, add some<br>blueberries/raisins. On top of<br>those, add the cheesy snacks   |
| Directions:<br>Start by drawing a curved line (a<br>big letter C). This will be the start<br>of your centipede.  |   | almost to the top.<br>Bees like to eat the sweet nectar<br>inside flowers. But when they do  |
| Next have your child dip their<br>finger into the paint and press their<br>finger on the line.   |   | so, their bodies get covered with pollen.  |
| Their fingerprints will be the body segments of the centipede.   | Game #2 Directions:<br>Using the yarn, create a 3D spider<br>web.   | Let your child reach into the<br>"flower" cup to get at the sweet<br>snack at the bottom of the cup.<br>Bring out a sweet snack, NOT a |
| Have your child go all the way<br>down the 'C' line you made.<br>Allow to dry.   | Drape the yarn on and over items<br>in your home (a chair, pillow,<br>couch, etc.)  | cheesy snack!  |

Last, have your child draw a head, antennae and legs!



The picture below shows this being an outdoors activity.

Try to make different levels of yarn so your child can crawl under and jump over.

Now, have your child turn into an insect (fly, cockroach, ant) to become spider food.

Now the roles have changed! Have your child watch and NOT touch the yarn as they crawl through the web *without* getting caught!





Let your child eat the sweet snack, but ask your child, what happened to your hand? What is it covered with?

Those cheesy bits stuck to your hand/fingers are like the pollen that gets stuck to a bee's body and legs! When bees visit lots of flowers, it helps the flowers to begin making seeds and fruits by spreading the pollen to different flowers. Bees also bring the nectar and pollen back to their beehives to help make honey and food for baby bees.

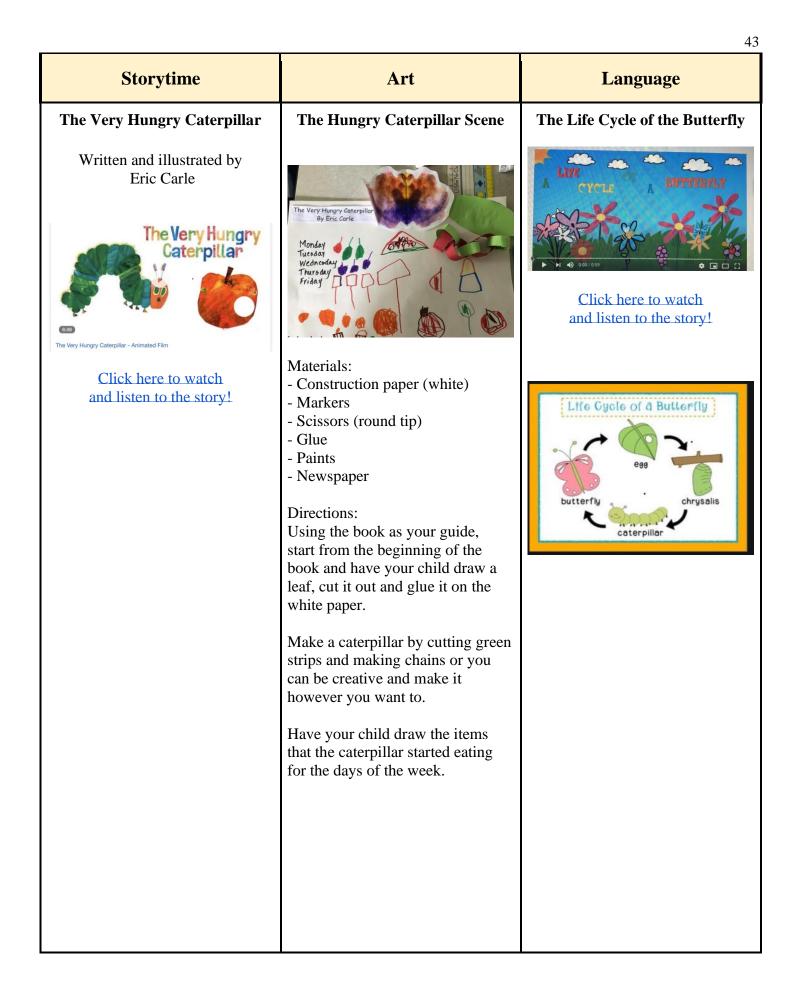


Click here to learn more about bees and pollination.

Pollination activity above adapted from this website.

## **HOKULELE / LEIALOHA**

## **Morning Meeting** Snack Music How to Care for a Caterpillar **Green Caterpillar Fuzzy Little Caterpillar** Finger Play NATION/ Amazing Anima Click here to learn about monarch butterflies! Ingredients: - 3 kiwifruit Fuzzy little caterpillar crawling And if you find a caterpillar and - 1 strawberry crawling by. want to help it become a butterfly, (Fingers crawling up your arm.) - 2 raisins here's how! - Carrot or celery sticks Don't you know that someday Directions: you'll be a butterfly? Wash and peel the kiwifruit. (To make a butterfly open hands and cross them in front of you to Cut 3 kiwis in slices. make a butterfly). Place kiwi slices in a row to form an "s". Click for step by step directions on Cut a strawberry in half for the how to raise a Monarch butterfly head and place it on the last slice on your own! of kiwi. Place 2 raisins on the strawberry for the eyes. Remember to add antennas using carrot or celery sticks.



| Fine Motor   | Gross Motor  | STEM  |
|--|--|---|
| Play Dough Play  | Pretend to Be a Caterpillar                          | Color Mixing  |
| Materials:<br>- Play dough (any color)<br>- Plastic knife<br>- Child size rolling pin<br>Directions:<br>Use your hands to roll and squeeze the play dough to make a caterpillar, butterfly and all the items he ate. | The Very Hungry   Caterpillar Gross   Motor Activity | To add to the hungry caterpillar<br>scene, the children can have a<br>STEM activity by mixing colors to<br>make a butterfly.<br>Materials:<br>- 8½ x 11 white paper, preferably<br>construction paper<br>- Tempera paints, assorted colors<br>- Plastic containers for paint<br>- 1 spoon for each container of<br>paint<br>Directions:<br>Fold the 8½ x 11 paper in half.<br>Open it up and have your child put<br>a spoonful of paint (any color) on<br>the right half of the fold.<br>Continue to put paint onto the right<br>side of the fold until your child<br>feels they are done.<br>Fold the paper at the crease and<br>gently rub your hands over the<br>paper, preferably from the fold<br>moving outward.<br>Open the paper and talk to your<br>child about all the different colors<br>they see and how the colors mixed<br>together to create new colors.<br>Also talk about how each side is a<br>mirror image of the other just like<br>the butterfly wings.<br>Once the paint is dry, cut out a<br>butterfly. |

|   | ALOHA KAMALI'I  |  |
|---|---|--|
| Morning Meeting                         | Snack   | Music  |
| Can Roaches be Beautiful?               | Eat More Bugs   | Bug Parade   |
| <text><text><text></text></text></text> | Image: Second | Click here to listen to the music<br>and look at all the amazing bugs in<br>the Bug Parade.<br>Challenge:<br>If you can remember the name of<br>the bugs in the song, draw it and<br>write its name in your Bug, Insect,<br>Spider Book. |

#### Storytime

#### Martina the Beautiful Cockroach



I guess cockroaches can be beautiful!

Click here to watch and listen to this story about a beautiful cockroach named Martina.

## Art

#### **Nature Roach**



Create your own Nature Cockroach by using what you find outside.

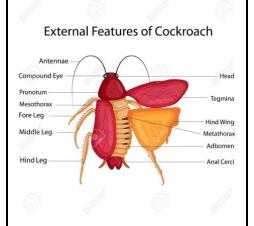
Collect anything from nature that you think would make a good body part for your cockroach.

Bring it home and assemble your cockroach using glue. When you are finished, leave it outside to dry. (Make sure it is weighted down so it doesn't fly away.)

You can add your Nature Cockroach to your Insect, Bug, Spider Book, too. Don't forget to give it a name.

## Language

#### Parts of a Cockroach



#### Click here for a larger image.

Here is yet another insect body parts picture for you to copy into your Bug, Insect, Spider Book (from Monday's Language section).

#### 47 **Gross Motor Fine Motor** STEM **Bug Spray The Twisting Roach** The Floating Cockroach Your child is going to pretend to Here is a fun game to play right outside your house. All you need is be a cockroach on a Twister Mat! sidewalk chalk and a spray bottle How fun is that?! full of water. (If you don't have a Twister Mat you can use an old shower curtain and Sharpies.) Click here for the materials list and directions. Here is how to play: Parents, using the sidewalk chalk, Draw a cockroach on the "boat" either write the names of the bugs, Parents, on each dot (or a post-it if to have your cockroach float. insects, spiders from your child's you want to preserve the mat) Bug, Insect, Spider Book write or draw the bugs, insects, (Monday's Language section) or spiders from your child's Bug, draw the picture from the book. Insect, Spider Book (from Or have your child draw or write Monday's Language section). the ones they choose. Do the same on separate small Parents, as you are writing or pieces of paper. When you are drawing, say the name of the bug, done, fold the paper. Put the folded insect, spider you are writing or pieces of paper in a pile. Click here to watch the video! drawing. That way, your child will know the name of each one. Let the roaches loose! Ask your child to choose one of the folded Once you are done, identify each papers and open it up. one by saying the name loud enough for your child to hear. Assist your child (if needed) to find the matching bug, insect, Your child will then "spray" the spider. Your child can use either bug, insect, spider away. his/her hand or foot to cover the bug, insect, spider. Continue until your child has

Your child can keep going until all the dots have been covered or until they lose their balance.

sprayed them all away.

It is fun for the whole family to play together.





## THURSDAY

| KAPIOLANI  |  |   |
|--|--|---|
| Morning Meeting  | Snack  | Music                                       |
| Are You a Grasshopper?<br>Written by Judy Allen                      | Butterfly Fruit Cracker  | Five Hungry Ants                            |
| Backyard Books<br>Are you a<br>Grasshopper?                          |  | 5 HUNGRY<br>5 APIS<br>5 C C C C             |
| Read the book here!  | Ingredients:<br>- Any shape cracker, or bread<br>- Cream cheese or yogurt<br>- 3 blueberries       | Click here to sing along<br>and count ants! |
| After you have read the book, have your child answer questions about | <ul> <li>- 2 orange wedges</li> <li>- <sup>1</sup>/<sub>2</sub> green apple or cucumber</li> </ul> |   |
| the story:<br>Have ever seen a grasshopper?                          | Directions:<br>Spread the cream cheese on the cracker.   |   |
| Where do grasshoppers live?  | Place the 3 blueberries, all in a row, in the middle of the cracker                                |   |
| Where are the grasshopper's antennae and other body parts?           | Place an orange wedge or cutie on<br>both sides of the row of<br>blueberries.                      |   |
|  | Cut the apple into two thin strips for the antennae.   |   |
|  | (To make an ant cracker, follow<br>the recipe, but omit the orange<br>wedges)                      |   |
|  | Yum!   |   |
|  |  |   |



# Art

## **Cricket Headband**



- Construction paper
- 2 pipe cleaners

Cut a one inch band that will fit around your child's head and staple it together. You may have to use more than one piece to make sure that you have enough to complete the band.

Cover the staple prongs with tape so that they don't stick into your

Wrap the pipe cleaner around the pencil to give it a curl.

Staple the pipe cleaners to the headband and cover the staples

## Language

## **Bug Sounds**

After reading The Very Quiet Cricket, practice making sounds like the insects in the story....

Chirp like a cricket Wizz like a locust Whisper like a praying mantis Crunch like a worm Bubble like a spittlebug Screech like a cicada Humm like a bumblebee Whirr like a dragonfly Buzz like a mosquito Be quiet like a luna moth

#### **Fine Motor**

## **Gross Motor**

### **Grasshopper Clothespin**



#### Materials:

- Scissors
- Clothespin
- Glue
- Small craft eyes
- 3 green pipe cleaners
- Green paint or a green marker

Instructions: Have your child paint or color the clothespin green, and let it dry.

Cut the pipe cleaners so you have: (2) 4" long (hind legs) (6) 2" long (front legs and antennae)

Once the clothespin is dry, glue on the pipe cleaners legs and antennae.

Glue the craft eyes on his body.

**Insect Yoga** 

#### Cricket pose



Praying Mantis pose



#### Locust pose



#### Luna Moth Pose



## Math

#### **Counting Ants on an Ant Hill**



#### Materials:

- 1 brown construction paper
- 1 white construction paper
- Black marker or crayon
- Black paint
- 1 paper plate
- Fingers

Directions:

Cut a semicircle from the brown paper (ant hill) and glue it to the white paper.

On the paper plate, pour a little black paint and help your child make fingerprints on the hill.

Count as you go.

After the paint dries, draw the ant's legs and antennae.

Count the ants as you sing this song!

| Yoga has so many benefits:<br>- Relaxes and alleviates stress<br>- Builds self-confidence and self-<br>esteem<br>- Increases physical activity<br>- Builds strength, balance, and<br>coordination<br>- Increases ability to focus<br>- Increases body awareness and |  |
|---|--|
| overall muscle tone   |  |

## **LEHUA / MENEHUNE**

Snack

## **Morning Meeting**

#### Creative Movement: This is the Butterfly Dance

4 stages of the butterfly:

- 1) Egg
- 2) Larva-Caterpillar
- 3) Pupa-Chrysalis
- 4) Butterfly

Click here to watch the video!



#### Ants on a Log Variations

The *"traditional way"* to make Ants on a Log is to fill celery stalks with peanut butter or cream cheese and add raisins as the ants.

However, you can make various versions depending on what you have available and if your child has food allergies.

Below is a list of ideas for the log, filling, and ants. Hopefully, there is a variation included that would suit even the fussiest of kids.

#### Log Ideas:

Carrots, cucumber (slice in half, lengthways and scrape out seeds), banana (slice in half, lengthways), apple, pear, peach and nectarine (cut into wedges)

## Incy Wincy Spider

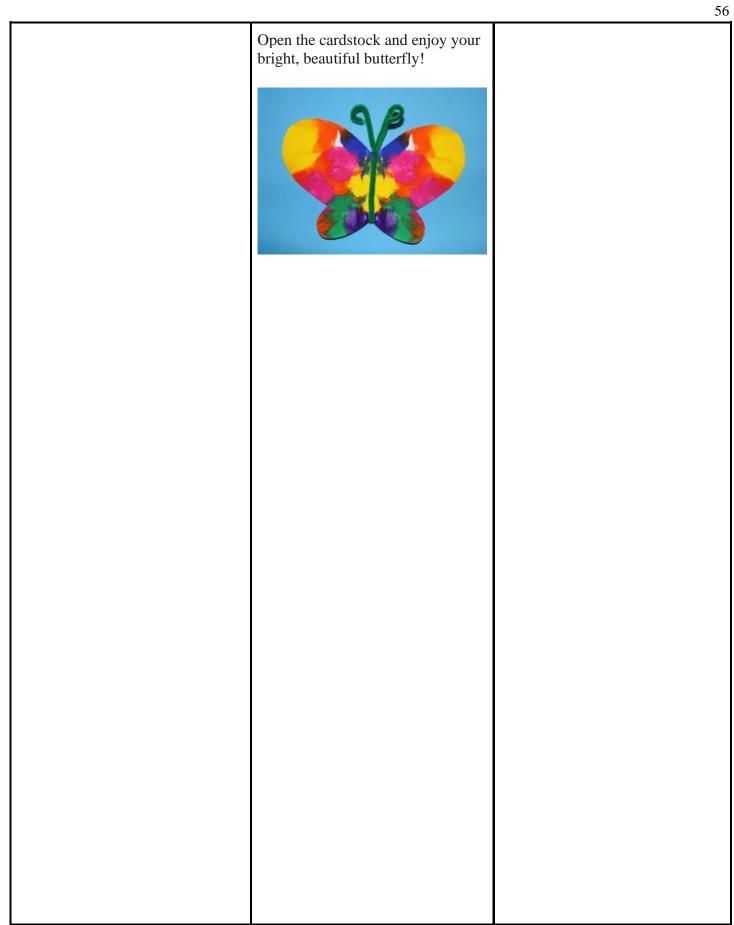
Music



#### Click here to watch the video

Incy, wincy spider Went up the water spout Down came the rain and washed the spider out Out came the sun and dried up all the rain So, incy wincy spider went up the spout again (Repeat)

|   | 54 |
|---|----|
| Filling Ideas:<br>Any nut butter, cream cheese,<br>cottage cheese, hummus,<br>mashed avocado, Greek yogurt,<br>dips and spreads (beetroot dip,<br>carrot hummus, bean dip).         |    |
| Ant Ideas:<br>Raisins, other dried fruit (apricot,<br>dates, pineapple) cut into raisin-<br>sized pieces, peas,<br>sweet corn, olives, cherry<br>tomatoes, grapes, and blueberries. |    |
| Some other variations and fun names for this snack:   |    |
| Ants on Vacation – where there are no ants on the log!  |    |
| Ants on a Slide, Slip and Slide,<br>Slippery Dip – a layer of honey on<br>top of the peanut butter!   |    |
|   |    |
|   |    |
|   |    |
|   |    |
|   |    |
|   |    |
|   |    |
|   |    |



| Fine Motor   | Gross Motor   | Math   |
|--|---|--|
| Spider Web Number Lacing   | Bug Dice Movements  | One Less Activity  |
| <b>P</b>   | Here is a look at the 5 different<br>movements. Each of them is<br>slightly different in what they do.<br>We always review the movements<br>first before we do the dice. This<br>allows them to make sure they<br>know what they are going to do. | Learning about the concept of one<br>more and one less can be a bit<br>tricky for some children, so<br>practicing this concept often and<br>with concrete materials can be<br>very beneficial. |
| Materials:<br>- Paper plate<br>- Hole punch<br>- Lacing cord or string<br>- Marker<br>- Scissors   | Check to be sure they have enough<br>space around them for the<br>movements. Call it my "space<br>check." If space is an issue they<br>might do a movement one at a<br>time.  | Ore Less   |
| <ul><li>Glue/glue dots</li><li>Pom poms</li><li>Pipe cleaner</li></ul>                             | Ant: You march around the room.<br>You could sing the song "The Ants<br>Go Marching" as well!   |  |
| Directions:<br>Cut about a 1 inch slit in the side<br>of a paper plate.                            | Bee: You flap your arms as fast as you can and make a buzzing sound.  | Use red and black mini pom poms<br>to represent ladybugs.<br>On a piece of paper draw three  |
| Cut the center out and then tape<br>the slit back together.  | Butterfly: You gently make your<br>arms be the wings of the butterfly<br>and flutter around the room.   | leaves.<br>Label the leaf on the left "One   |
| Use a hole punch to make holes<br>around the rim. Have your child<br>write numbers in random order | Grasshopper: You jump around the room. You can do standing jumps  | Less," the leaf in the middle "My<br>Number," and the one on the right<br>"One More."  |
| next to or above the holes you punched.  | or jumps from the ground.<br>Spider: You get up on your toes  | Roll a die and have your child add the correct number of pom poms  |
| Start by tying one end of the lacing cord by hole number.  | and tip toe around the room like<br>you are on a spider's web.  | to the middle leaf, "My Number."   |
| Have your child look for<br>number 2 and lace the cord/string<br>through the hole.                 | Fast  | Then have your child fill the<br>correct number of pom poms on<br>the remaining leaves.  |
| Repeat until all the numbers are done.   |   |  |
| Leave a somewhat long part of the string hanging down to tie a spider on.                          |   |  |

|   | HOKULELE / LEIALOHA  |                      |
|---|--|----------------------|
| Morning Meeting   | Snack  | Music                |
| Is an Ant an Insect?  | Bugs on a Log  | The Ants Go Marching |
| Is an Ant an Insect?<br>Is an Ant an Insect?<br>An insect has three parts to their<br>body:<br>1) Thorax<br>2) Abdomen<br>3) Head<br>Insects have two antennas and<br>three pairs of legs they use to walk<br>around and explore. | Bugs on a Log         Image: Second |                      |
|   |  |                      |



| Fine Motor   | Gross Motor  | Math  |
|--|--|---|
| <section-header></section-header>  | Gross Motor<br>Nature Walk<br>Image: Second | Math         Numbers Hop         Materials:         - Markers         - Tape         - Paper         Directions:         Write numbers 1-20.         In a small area, but big enough for the child to safely hop to the numbers, call out a number and the child will hop to that number. |
| Materials:<br>Two shallow containers or bowls<br>Pom poms any size (you can also<br>use cotton balls as well)<br>Chopsticks or child size tweezers<br>Directions:<br>Children can use the chopsticks to<br>bick up the pom poms and put<br>hem into the other bowl.<br>Yellow - bees<br>Red - ladybugs<br>Black - ants<br>Green - grasshoppers<br>Children can count as they go<br>long.<br>When they're done they can<br>ransfer it back to the other bowl.<br>Enjoy! | neighborhood to see the different<br>insects or bugs you can find.<br>MORE<br>Take your binoculars on the walk.<br>(See Art on page 17 for<br>instructions on making your own<br>binoculars.)  | Continue calling out numbers until<br>all of the numbers are called or<br>your child loses interest.<br>Remember: Safety first!   |

|   |  | ALOHA KAMALI'I  |  |  |
|---|--|---|--|--|
| Morning Meeting   | Snack  | Music   |  |  |
| Spider Artists  | Spiderwich   | Hey Mrs. Spider   |  |  |
| For thought of spiders as artists?       Some have beautiful artwork in their webs.         Click here to see some of their fascinating webs. | <ul> <li>Have you ever eaten anything that looks back at you? Here is your chance to eat a spider that is peeking at you as you eat it.</li> <li>Ingredients:         <ul> <li>2 slices of bread</li> <li>Cucumber or pickle</li> <li>1 slice of cheese</li> <li>1 olive</li> <li>1 lettuce leaf</li> </ul> </li> <li>Directions:         <ul> <li>Cut out an "L" in the corner of 1 slice of bread.</li> <li>Use a vegetable peeler on a cucumber or a pickle to make the legs.</li> <li>Cut out 2 circles in a slice of cheese and cut an olive in half for the eyes.</li> <li>Make a ham and cheese sandwich with lettuce.</li> <li>Assemble your peeking spider using all the parts you prepared and enjoy!</li> </ul> </li> </ul> | Click here to watch and listen to a spider counting song. |  |  |

## 62 **Storytime** Language Art **Create a Climbing Spider Spider Diagram Dear Diary** Ever wondered how the Itsy Bitsy Here is a spider for you to copy By Doreen Cronin · Pictures by Harry Bliss spider climbed up? Here is your and add to your Bug, Insect, Spider chance to find out.. Book (from the Monday Language section). W.KidZone. Ho Cephalothorax-Holds the brain, stom & poison glands Pedipalps Eves Click here for a very easy dairs - pick up vibrations and vibrat instructional video. lle fr THE +1 NEW YORK TIMES BESTSELLING TEAM heart & reproductive Click here to watch and listen to a diary written by a spider. Silk Pedipalps are the two appendages on the front of a spider's head. Some spiders seem to have ten legs and not eight, because these pedipalps look like an extra pair of legs. The pedipalps are used rather like arms. Spiders often use them to hold insects (for example, crickets) for them to eat.

| Fine Motor   | Gross Motor  | Math   |
|--|--|--|
| Popsicle Stick Spider Web  | Dancing Spiders Race   | Spider Number Web  |
| POPSICLE STICK         Spider Web         Web         Web         Here is your chance to create your very own beautiful spider web.         Have fun and be creative to make a work of art.         Click here for a list of the things you need and directions to create a wonderful web. | Ever wondered how to race         spiders? Here is your chance to try         unique and fun way to race your         very own spiders.         Click here to watch         a demonstration video         on racing spiders. | Create a spider web by matching numbers using this creative craft.<br>Challenge:<br>Match the amount to the number symbol to the word. (one)<br>Match the amount to the word.<br>Match the amount to the word. |

## FRIDAY

## TEACHER PROFESSIONAL DAY