

THE NAZARETH

Leadership Team! by Colleen Flannery '21

The current global situation has made many things uncertain, but even in this unprecedented time our Nazareth family remains. If we were in school, last week would have been campaign week for the 2020-2021 Leadership Team Election. Posters would line the halls, and the candidates would greet students outside at the end of the day and try to win their votes. This year's leadership team election looked very different. Due to the current global pandemic and social distancing guidelines, this year's

campaign week and entire election process was online. Each of the



thirteen candidates submitted a commercial, using their own creativity. Some girls even used their musical talents and included

their pets in these commercials! Each girl also had an Instagram page to better introduce themselves and to share some ideas they had to make the next school year great. They also delivered a two-minute speech further explaining their ideas and why they would be the right person for the job. All of these ladies were very qualified and they all deserved the job. However, only four girls were elected.

Congratulations to our newly elected president Elizabeth Corbett, vice president Molly Taggart, secretary Tiffany Tang, and

Bored of Being Bored? by Maddy Beretzki '21

Bored of Being Bored? Are you tired of scrolling through Netflix just to find there's nothing good to watch? Have you watched so many Tik Toks you're starting to see the same ones again? You are not alone! Quarantine may seem boring, but some of these ideas may help your mundane day become a little more interesting.

Chalk: This simple yet fun idea is a great time consumer by yourself or with siblings of all ages. Some cute ideas are to try some of the triangle taped designs that can be found on Tik Tok or to write your name in fancy fonts with the chalk.

Bake New Recipes: One thing I've found most people have been doing a bit more of during quarantine is snacking, so why keep eating the same old boring pretzels and chocolate chip cookies

when there's so many different choices out there! Some of my favorite new recipes have been peanut butter brownies and oatmeal chocolate chip banana bread. Just a few clicks and taps on google can open your world to new and tasty treats.

Change Up Your Room: One super refreshing way to stay productive is to change the layout of your room. Simply repositioning your bed and shelves can keep you from being bored and can give you a new perspective of how to view your space. If you don't have the ability to change the layout, arranging your closet in a different way is a great tip to stay organized, productive, and give you a new sight to look at.

Get Fit! I've found that the best way to keep my mind, body, and spirit a bit more positive is to do

daily workouts! Although it may be hard to get motivated when you could just lie in bed, a good way to get inspired is to try daily challenges and set new goals for yourself. This is also the perfect opportunity to help you get that summer body you want, since the end of school is right around the corner.

Learn A Skill- Now that we have a little more free time on our hands, one awesome thing to do is to learn a skill you've always wanted to try. Some great examples can include sewing, photography, video editing, makeup, or even learning how to do new hairstyles such as French Braids and different methods for curling it. We have the time, so what's the risk?

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Teacher Feature by Maddie Scott '22

The subject of this quarter's Teacher Feature is the one and only Ms. Donnelly! Besides being an amazing campus minister, Ms. Donnelly is a theology teacher, the moderator of CSC, and a Kairos teacher leader. Keep reading to get to know her a little more!

Q. Why did you decide to become a campus minister/teacher?

A. When I was a sophomore in college I was asked to be my college's director for media. I was supposed to be the editor of the newspaper and the lead announcer for the school news show, but this gut feeling inside of me was so uneasy about it. Not because I was insecure about my talents, but because I knew God wanted me to "Broadcast" the Gospel. As hard as I tried, I could not run away from Him. He won, and thank goodness He did. God was kinda like, "No, I want you on MY team!" so I let Him draft me. There is so much beauty and love you feel when you are called, chosen, and loved by Him and it just compelled me to change my major to Religious Studies. I said, "Show me the way, Lord! I have no plan or agenda, but I am trusting you are going to get me where you want me!"

Q. How did you get to Nazareth?

A. What a great transition from the first question! So eventually, in junior/senior year of college, I started running youth ministry events and retreats for young girls my home

parish. I led classes and retreats with the young girls and knew I wanted to help young girls with my life. I loved it so much! I started asking God to help me find a job to do that full time. My college professor emailed me the Nazareth position and I applied that same night (no regrets)! When I drove up to Naz and saw the Holy Family Statue in the circle I knew this was "home".



Q. What's your favorite food?

A. How do you pick one?? I really do love burritos and could eat them everyday.

Q. Besides teaching, how have you been keeping busy during coronacation?

A. This is the first time I am hearing that word!!! Besides teaching, I am hosting online workouts for my friends gym, as well as my own dance/fitness classes! I am closer than ever to my family. We eat dinner together every night with rosary afterwards, and a board game for fun
□ Also, I am a bookie at heart. I could read all day long!

Q. Tell about a favorite Nazareth memory.

A. Honestly, my greatest Naz memories happen on Kairos.

Q. And finally, what's your go-to karaoke song?

A. I usually pick Karaoke songs based on the people I am with and the moods we are in haha. I love belting out Carrie Underwood or Beyonce... and of course, I will Survive, Gloria Gaynor.

A big thanks to Ms. Donnelly for allowing me to interview her and for all that she does for the Nazareth family! I know I speak for the whole student body when I say we miss her and all of the faculty!

Summer Activites by Jessica Seeger '22

Summer Activities

Jessica Seeger

Here are some activities to do with your friends this summer!

- Go to the beach
- Go to a water park or an amusement park
- Have photoshoots
- Water balloon fights
- Roast marshmallows
- Tye dye clothes
- Stargaze
- Watch sunset/sunrise
- Camp outside
- Go out to eat
- Eat ice cream
- Summer clothes/ bathing suit shopping
- Color with chalk



Musician of the Quarter By: Elizabeth Corbett '21

Ciara Garvey is the Musician of the Quarter! She is a freshman who is heavily involved in the Nazareth music department. She is in the orchestra and the jazz band, and Ciara takes clarinet and saxophone lessons from Mr. Zagorski. Next year, she is hoping to join the chamber ensemble, the pit for the school's musical, and Tri-M.

Describing Ciara, Mr. Z says, "Most teachers are content if their students can perform just the basics by playing the correct pitches and rhythms. Ciara does not only practice the basics of what is assigned in her lessons and ensembles, she pushes herself to develop her technique and sound, plus a willingness to develop the understanding of interpreting various musical genres towards being a mature clarinetist/saxophonist."

Multitalented, Ciara plays both the clarinet and the saxophone! She

says, "My favorite is definitely the clarinet, but I have been enjoying the alto saxophone more this year than I have in past years." Ciara has been playing the clarinet for seven years and the saxophone for two years.

Describing her first experiences with music, Ciara says, "I have always loved music and going to live performances, but I first got involved in music in 3rd grade when I was eight years old. The band at my grade school had a demonstration at the beginning of the school year, and I thought it would be fun to join. When I got home that day and told my mom about it, she told me that she had played the clarinet when she was in school, so I decided to play the clarinet also."

She loves all of her music teachers at Naz but is especially thankful to Mr. Z for helping her

improve on both instruments. Ciara says, "On my clarinet, he has really helped me with my articulation and expression, and on the saxophone, he has helped me become more confident in my playing and improved many technical aspects of my playing."

With so many musical ensembles at Naz to participate, it's hard to pick just one, but Ciara says her favorite ensemble is the orchestra. "The songs are fun to learn, and they can be challenging at times, so it helps me improve my playing. I also like it because there is a wider variety of instruments than in the other ensembles that I get to play along with." Although she's sad she missed out on the rest of this year's concerts, Ciara is excited for the many more performances she will be a part of at Nazareth!

Player Interview By: Carly Krieger '21

As everyone is well aware, our spring has been cut short by quarantines and social distancing. This unfortunately includes school and sports. While staying home and healthy is saving lives, it also is hard to accept the fact that we are losing precious time from some of the best years of our lives. Athletes are some of the most dedicated people out there, and have had their season taken from them before they could even start. I talked to varsity lacrosse player Claire Phinn '21 (virtually of course, have to keep that distance) and asked her about the impact of Covid-19.

1. How did you react to the news that your season would be cut short by COVID-19?

I was shocked and confused at the same time. Now, I have a better understanding of everything that's happening, but I will definitely miss it.

2. What were you most looking forward to during your Junior year season?

Mostly just the games and getting to play with my friends.

3. Have you been doing anything to pass your free time? (training, practicing, staying in shape)

I've been trying to exercise by taking runs and going for walks.

4. Any advice for other spring athletes also affected?

I would say to not try to dwell on it. It was very unexpected, but try to use the time wisely by exercising and staying safe.

5. Any good memories from the short time you did have with your team this season?

Probably winning our first scrimmage against Neshaminy.

Bored of Being Bored (Continued from page 1)

Get Artsy!- Painting, sketching, or even using coloring books can keep you preoccupied for hours at a time. Using just paper and a pencil can set you up to make something really cool that you're proud of! Other artsy tips are to paint some old sea shells from down the shore or paint old metal water bottles that you don't use anymore due to the style.

Pull Out Some Childhood Memories: Anything that kept you preoccupied growing up probably has the same effect today! Fun items from deep in the memory log can include the Wii, Nintendo DS, Rainbow Looms, riding a scooter or bike, or playing classic board games you haven't thought about in quite a few years.

How to Remain Calm and Collected During Covid 19 by Keely Gallagher '21

"2020 will be my year!" "Good vibes only in 2020!" "Time for growth in 2020!" Five months into 2020, and these quotes have not aged well. We are currently six weeks into quarantine and social distancing due to the recent COVID-19 pandemic. This situation has caused many of us, myself included, to feel stressed, panicked, anxious, fearful, and hopeless; however, keeping up with our mental health is just as important as keeping up with our online schooling. To whoever is reading this, just remember that everything might seem uncertain, but once everything is calm, we will return to being surrounded by our friends at our favorite place. One thing that I found that helped me to remain calm was watching TikToks. This may seem silly, but watching TikToks really helped me get my mind off of what is going on in the real world.

Another thing that helps is being by yourself in your room, turning on some music, and just vibe out. I do this constantly, and it lifts my mood after listening to some of my favorite songs. With *Outer Banks* and *All-American* on my Netflix watch list, I shut myself out for a few hours and devote some time to binge-watching, giving me a chance to distract myself from the outside. Another hobby that I picked up on while on lockdown is journaling. Journaling can be a great way to release emotions and to get everything that's been pent up inside of you out of your system.

Along with physical ways to take care of your mental health, positive affirmations can also help. If you haven't heard any recently, reflect on these: You are strong, and you will get through this. Each and every one of you are loved, and you are surrounded

(virtually) by sisters and teachers who deeply care about you. For the seniors, you girls have worked so hard the past four years of high school, and every emotion you are feeling is valid! Your classmates look forward to when we can all be together and celebrate all your accomplishments. Each and every one of you are amazing, and words cannot describe how much you mean to the junior, sophomore, and freshman class.

In times like these, it can be so easy to listen to the worrying, sad news, rather than focusing on the positives. So, turn off the news and text or video call with someone who you miss and tell them about everything you want to do together when we're allowed to go outside. I miss everyone so dearly, and I can't wait to see you all again soon!

Learning from home By Maddie Scott '22

With the switch over to virtual learning, everyone is now trying to adjust to working from home. Here are a few tips to help you successfully navigate your school day from the comfort of your own room!

1. Keep a routine. With all the changes happening, it's pretty easy to fall out of your usual routine. While that's perfectly understandable, keeping a constant routine helps you focus and prioritize, especially in the morning. Even doing something as simple as waking up at the same time everyday and putting on a different pair of sweatpants than the ones you slept in can make a difference. Your brain hits the "reset" button and gets you ready for the new day.

2. Find a good working space. This is super important for your productivity. Find a space where you know that you'll be able to focus and won't get too distracted. If you have a regular study spot where you usually do homework, then that is perfect. And make sure you have an electrical outlet and charger close by!

3. Give your brain a break every so often! A good idea is to take 5-10 minutes after each class and relax or walk around. Don't forget to grab a snack during your break as well!

4. Set aside time to move around. As thrilled you might be to not have to climb all the flights of stairs each day, it's a good idea to set a time for exercise. Since you're not walking around to each

of your classes, maybe take a walk around your neighborhood. Plus, moving around will give your brain something else to focus on rather than schoolwork.

5. Check in with your friends! What would we do without FaceTime?! Make sure to keep in touch with your friends since you aren't seeing them at school each day.



Quarantine Cuisine by Jennifer Macchione '22

Chewy Cookie Cake

1 1/2 cups all purpose flour
1/2 teaspoon baking soda
1/2 teaspoon kosher salt
8 tablespoons unsalted butter, room temperature
1/4 cup granulated sugar
1/2 cup brown sugar, packed
1 tablespoon vanilla extract
1 tablespoon milk
1 large egg, room temperature
1/2 teaspoon orange zest
3/4 cup best quality dark chocolate chips

INSTRUCTIONS

Preheat the oven to 325 degrees Fahrenheit. Grease a 9-inch pie pan. Combine the flour, baking soda, and kosher salt in a bowl. Set aside. In the bowl of a stand mixer (or with an electric mixer), cream together the butter, granulated sugar, and brown sugar with paddle attachment for 2 to 3 minutes until fluffy. Add the vanilla, egg, milk, and orange zest and beat for 1 minute. With the mixer on low, add the flour mixture until just combined. Remove the bowl from the mixer and fold in 1/2 cup of the chocolate chips. Use a spatula to press down the dough into the pie pan. Top with the additional 1/4 cup chocolate chips. Bake 25 to 27 minutes, until the edges are starting to brown and the center has fully firmed up. Cool several hours at room temperature before serving (the cookie cake is much too gooey to cut when it's first baked, so the longer you can cool it the better!).



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Quarantine Memes by Carly Krieger '21

I don't think it would be very healthy to stay locked in your house for days on end and not laugh. Unfortunately, we can't do anything about the whole "being locked in your house thing," but we sure can use some humor to get through these uncertain times. Remember "Ask not what staying on the couch can do for you, but what staying on the couch can do for your country."

everyone this summer

Zoom meeting,
audio only



Zoom meeting
with video



When you're laughing at
coronavirus memes and then you
cough



(Continued from page 5)

Chocolate Chip Cookies with Nutella, Brown Butter and Sea Salt

Chocolate hazelnut spread (such as Nutella), about ½ cup
1 cup (16 tbsp.) unsalted butter
2¼ cups all-purpose flour
1¼ tsp. baking soda
½ tsp. coarse sea salt, plus more sprinkling
1 cup light brown sugar
½ cup granulated sugar
1 large egg plus 1 egg yolk
2½ tsp. vanilla extract
1 tbsp. greek yogurt or sour cream
1 cup semisweet chocolate chips
¾ cup dark chocolate chips



DIRECTIONS

Line a baking sheet with wax or parchment paper. Place chocolate hazelnut spread in a plastic bag toward one corner of the bag. Twist so that it does not squeeze out of the top. Snip one corner off the end of the bag. Pipe small dollops of the spread onto the wax paper, about 1-1½ teaspoons each. You will need about 2 dozen. Transfer the baking sheet to the freezer and let sit until firm, about 2 hours.

Place the butter in a medium to large skillet over medium heat. Melt the butter completely. Continue to cook, whisking frequently, until the butter foams, bubbles slightly, and begins to brown. Continue whisking until the butter is evenly browned, being careful not to burn. Remove from the heat and let cool.

Line baking sheets with silicone baking mats or parchment paper. In a medium bowl, whisk together the flour, baking soda and salt. In the bowl of an electric mixer, combine the sugars and the brown butter. Mix on medium speed until well blended and smooth. Blend in the egg and egg yolk, scraping down the bowl as

Learning from home By Maddie Scott ‘22

needed. Blend in the vanilla and greek yogurt. With the mixer on low speed, blend in the dry ingredients just until incorporated. Fold in the chocolate chips. Chill the dough briefly, about 30 minutes.

Preheat the oven to 350° F. Use a medium dough scoop (about 2 tablespoons) to scoop a portion of cookie dough. Press an indentation into the center of the dough ball to create a bowl shape. Place a dollop of the frozen Nutella in the indentation and pinch together the edges of the cookie dough over the top to completely seal it in the center. (I then like to sort of “rough up” the surface of my cookies by making tiny pinches in the top part of the dough. It yields a more irregular, visually appealing finished product.)

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A Day in History By Paige Montijo ‘21

The world is constantly changing, and technology is the main factor in many of these changes. Currently, we are experiencing a global pandemic that has forced us to adjust how we live our everyday lives. Thanks to the advances in technology, we were able to transition much more smoothly than without. One particular invention that has been especially important to most people during this time is the cell phone.

On April 3, 1973, Motorola’s Martin Cooper produced the first cell phone followed by making the first working cell phone call in history. Though it was demonstrated in 1973, it would take an additional 10 years before the phone was on the market. Even then, the phone was priced at about \$4,000, so nobody really had them. As you can see, so much has changed over the last 40 years! Now, almost everybody has a smartphone and it is the main method of communication for most people. So while you’re self isolating, give your loved ones a call or send a text!

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Place the shaped cookies on the prepared baking sheets, 2-3 inches apart. Bake until the cookies are golden brown and set, rotating the pans halfway through, about 14 minutes total. When the cookies are finished baking, sprinkle lightly with additional sea salt. Let sit a few minutes, then transfer to a wire rack to cool. Repeat with the remaining dough as needed (if you can resist eating it.) Be sure to replace the remaining Nutella dollops in the freezer while waiting for cookies to bake. It softens fairly quickly otherwise.

Best Fudge Brownies

Ingredients:

½ cup butter

1 cup white sugar

2 eggs

1 teaspoon vanilla extract

⅓ cup unsweetened cocoa powder

½ cup all-purpose flour

¼ teaspoon salt

¼ teaspoon baking powder



Frosting:

3 tablespoons butter, softened

3 tablespoons unsweetened cocoa powder

1 tablespoon honey

1 teaspoon vanilla extract

1 cup confectioners' sugar

Directions:

Preheat the oven to 350 degrees F (175 degrees C). Grease and flour an 8-inch square pan.

In a large saucepan, melt 1/2 cup butter. Remove from heat, and stir in sugar, eggs, and 1 teaspoon vanilla. Beat in 1/3 cup cocoa, 1/2 cup flour, salt, and baking powder. Spread batter into prepared pan.

Bake in a preheated oven for 25 to 30 minutes. Do not overcook.

To Make Frosting: Combine 3 tablespoons softened butter, 3 tablespoons cocoa, honey, 1 teaspoon vanilla extract, and 1 cup confectioners' sugar. Stir until smooth. Frost brownies while they are still warm.





Student Council Class Representatives 2020-2021

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Danielle McFadden
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Gabrielle Tobler
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Congratulations to the Newly Selected National Honor Society Members!

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 Madalyn Beretzki
 Alexandra Braun
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 Caleigh Bristow
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