

Hi Everyone!

This will be our last week for turning in Activity Logs! I'm very proud of all of you that have been staying active to remain happy and healthy during this Pandemic. Those of you who still wish to turn in new scores for fitness awards or need to contact me to be retested have until May 18th.

The winners of the drawing last week are: Seth Mendenhall, Audrey Howell and Cole Mendenhall.

Prizes are coming your way!

I miss you all,

Mrs. Smith

Name: \_\_\_\_\_

Grade: \_\_\_\_\_

Date: \_\_\_\_\_

### PE Activity Log Sheet

You will use this log to keep track of your physical activity. Each day must have a minimum of 20 minutes of activity. You can do more if you'd like!

<u>Daily Activity</u>	<u>Day 1</u>	<u>Day 2</u>	<u>Day 3</u>	<u>Day 4</u>	<u>Day</u>
<u>5</u> Activity type					

Start Time

Stop Time

Location

Notes: