

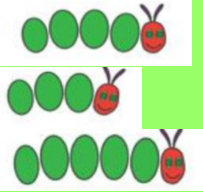




<p>Healthy Eating</p> <p>The caterpillar ate lots of fruit. What other food is a healthy choice? Can you choose some of these for lunch today or think about what you might put in a healthy lunchbox?</p>	<p><u>Butterflies</u></p> <p>Can you create your own at home, using pencils, paints or collage?</p> <p>Butterflies are symmetrical, the same on both sides. Can you make yours look symmetrical?</p> 	<p>Can you wiggle like a worm or arch your back like a caterpillar? How far can you go?</p>
<p><u>Words of the Week:</u></p> <p>Sing the words of the week song and talk about what they mean (Badgers should be able to do this with you, but you can use the link below the word of the week)</p>	<p><u>Getting Ready for School</u></p> <p>Practice opening food packets and pots. Can you peel lids off yoghurts and pull open bags? Can you hold a knife and fork and start to cut soft food on your own?</p> 	 <p>Which is the longest? Which is the shortest? Which has more ovals? Which has less? How do you know? Can you explain?</p>
<p><u>Top Tip</u></p> <p>When sharing favourite stories and rhymes stop and wait to see if your child knows what comes next.</p> <p><i>On Monday he ate though..... Twinkle Twinkle Little A-tishoo a-tishoo we all fall</i></p>	<p>Sing along with the Wiggly Woo rhyme, we have attached the symbols for you to follow too.</p>	<p>Caterpillar begins with the c sound. Can you find some things in your house that also start with this sound?</p>  

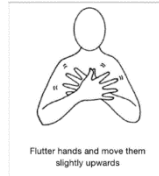
EYFS Activity Ideas – W/C 11.5.20
Please choose activities based on the stage of your child.



**A book we recommend...
The Very Hungry Caterpillar**

You can also join in with the repeated phrases at <https://literacytrust.org.uk/family-zone/birth-4/read-and-explore-very-hungry-caterpillar/>

Sign for butterfly



Words of the week.



Have you had a chance to look at the links below, great ideas for all ages including Hedgehogs?

<https://www.bbc.co.uk/tiny-happy-people>

<https://hungrylittleminds.campaign.gov.uk/>



https://www.youtube.com/watch?v=428I9PIED_I