

March 20, 2020

First Positive COVID-19 Case Confirmed

Today, the Connecticut Department of Public Health has confirmed the first positive case of COVID-19 within the jurisdiction of Ledge Light Health District. The individual, an East Lyme resident, is a 44-year-old female.

“Positive cases of COVID-19 within our jurisdiction have been expected, as community transmission of the virus continues to occur in Connecticut. LLHD staff will assure that all appropriate CDC protocols regarding positive cases and potential contacts are followed.” said Stephen Mansfield, Ledge Light Health District’s Director of Health.

Ledge Light Health District’s main objective is to slow the spread of the virus. “The single best way to slow the spread is to practice social distancing. LLHD recommends that all individuals limit any unnecessary person-to-person contact until further notice.” said Mansfield. Social distancing is crucial in helping to reduce the spread of the virus and limit the number of people who are infected.

Ledge Light Health District continues to work with local and state partners to prepare for widespread community transmission of COVID-19. Residents and businesses are urged to access up-to-date information regarding the pandemic from reputable sources including the Ledge Light Health District website (www.llhd.org), Facebook (@LedgeLightHD), Twitter (@LedgeLightHD), and Instagram (@LedgeLightHD).

Ledge Light Health District – LLHD – serves as the local health department for East Lyme, Groton, Ledyard, Lyme, New London, North Stonington, Old Lyme, Stonington and Waterford, Connecticut. As a health district, formed under Connecticut General Statutes Section 19a-241, LLHD is a special unit of government, allowing member municipalities to provide comprehensive public health services to residents in a more efficient manner by consolidating the services within one organization.