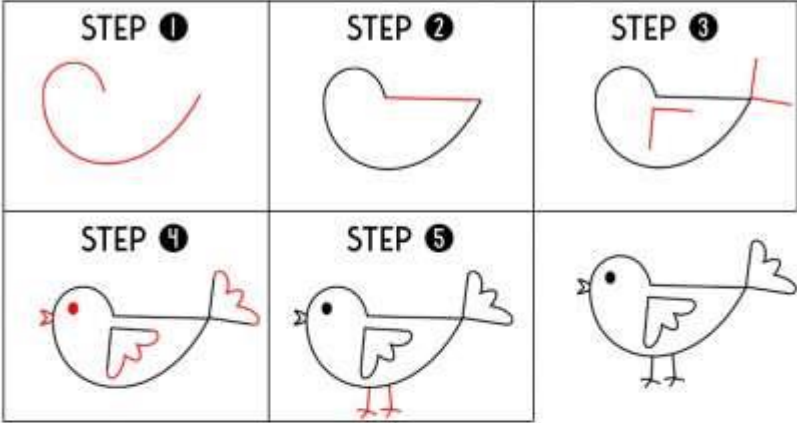






Activity	Learn to draw animals!
Materials	Computer or other electronic device with internet access to view step-by-step pictures, paper, and pencil. Optional: printer, crayons, colored pencils, markers, etc.
Skills Targeted	Eye-hand coordination, following multi-step directions, visual perception skills
Instructions:	<ol style="list-style-type: none"> 1. Click on the following link: Learn to Draw Animals 2. Pick an animal you want to draw (bird, cat, fish, pig, or mouse) 3. Follow the step-by-step directions to create your drawing! 4. Double check your work – did you miss anything? <p style="text-align: center;">LEARN TO DRAW A <i>bird</i></p>  
Modifications:	<ul style="list-style-type: none"> • Pick a drawing that has four steps for less of a challenge, or five steps for something more complex. • It may be helpful to cover some of the steps so your child is only focusing on one picture frame at a time.

Activity	Tic Tac Toe Rocks
Materials	<ul style="list-style-type: none"> Materials: collect 12+ small rocks from outside, 2 colors of paint, black paint or sharpie, paint brush, soap & water, newspaper or something to paint over
Skills Targeted	Fine motor grasp and control, letter size and copying shapes
Instructions:	<ol style="list-style-type: none"> 1. Collect the rocks from outside and wash them with the soap and water. You can do this in a bowl outside or in the sink. 2. Set up your painting station by putting down newspaper or some material to paint on for easy clean up. Get your two colors of paint and paint brush. 3. Dry off the rocks. Paint 6 on color and 6 the other color. 4. Let dry. Have a snack! 5. Once they are dry, use black paint or a black sharpie to draw O on one color and X on the other color of rocks. 6. Make a tic, tac, toe board on paper, outside with a chalk, or somewhere else 7. Play tic, tac, toe! 
Modifications:	<p>Instead of playing tic tac toe, collect and paint rocks then display them in your garden. If you don't have rocks, collect other objects to paint (such a toilet paper rolls or some other easy to find household recycling)</p>

Activity	Make your own stress balls
Materials	Materials: balloon, flour (or rice, beans, water beads), funnel
Skills Targeted	Sensory tool, sensory fun
Instructions:	<ul style="list-style-type: none"> • Put the funnel into the <u>not</u> blown up balloon, pour the flour (or whatever material you choose to use) into the funnel and shake it into the balloon. Fill until almost full with no extra air inside. • Ask an adult to help you tie off the balloon. Wipe away any excess flour. • Squeeze! • If a hole gets poked in the balloon or a little flour seems to be escaping, just put the ball inside another balloon and tie it off.  <p style="text-align: center;">THE BEST DIY STRESS BALLS</p> 
Modifications:	<ul style="list-style-type: none"> • No funnel? Try adding materials to a water bottle first, then placing balloon around mouth of bottle and pouring materials into balloon that way • Add a scent for extra calming (vanilla, essential oils)