

High School Café Menu February 17th to 21st, 2020

		Monday	Tuesday	Wednesday	Thursday	Friday
Morning Break @ 9:50 am	Light Snacks	<ul style="list-style-type: none"> • Chicken and Cheese In Pita Bread • Samosa 	<ul style="list-style-type: none"> • Chicken Sheek Kabab Wrap • Mini Naan Pizza 	<ul style="list-style-type: none"> • Pancakes, Maple Syrup • Meat Wrap 	<ul style="list-style-type: none"> • Grilled Bacon & Cheese Sandwich • Samosa 	<ul style="list-style-type: none"> • French Toast • Bagel Pizza
	Egg	Spanish Omelette	Egg Muffin	Spanish Omelette	Egg Muffin	Spanish Omelette
Lunch Time @ 11:30 am	Soup	Veg Noodle	Sweet Pumpkin & Roast Garlic	Tomato Basil	Meat Broth	Indian Tamater Shorba
	Hot Choices	<ul style="list-style-type: none"> • Butter Chicken with Naan and Pulao Rice • Penne Carbonara 	<ul style="list-style-type: none"> • Shepard's Pie • Chicken Kathi Roll with Mint Sauce 	<ul style="list-style-type: none"> • Crispy Korean Chicken with Fried Rice • Mexican Meat Tacos 	<ul style="list-style-type: none"> • Chicken Khow Suey (Noodles , Coconut Milk) • Meat Quesadilla with Salad and Salsa 	<ul style="list-style-type: none"> • Chicken Shawarma • Meat Lasagna, Focaccia Bread
		Vegetarian Options	<ul style="list-style-type: none"> • Butter Paneer with Naan and Pulao Rice • Penne In Tomato Sauce 	<ul style="list-style-type: none"> • Veg Quiche • Paneer Kathi Roll with Mint Sauce 	<ul style="list-style-type: none"> • Korean Veg. Fried Rice • Mexican Bean Tacos 	<ul style="list-style-type: none"> • Chickpea Khow Suey (Noodles ,Coconut Milk) • Bean Quesadilla with Salad and Salsa
	A mini Indian meal comprising of Rice, Daal, Vegetable Curry is available also-please ask the counter-man for help.					
	Mini Meal	<ul style="list-style-type: none"> • Chicken Spring Roll • Veg. Spring Roll 	<ul style="list-style-type: none"> • Smoked Chicken Bruschetta • Tomato Basil Bruschetta 	<ul style="list-style-type: none"> • Chicken Puff • Vegetable Puff 	<ul style="list-style-type: none"> • Chilli Chicken • Chilli Paneer 	<ul style="list-style-type: none"> • Chicken Winglets • Corn on the Cob
	Pizza Choice	<ul style="list-style-type: none"> • Margarita • Bell Pepper • Pepperoni 	<ul style="list-style-type: none"> • Margarita • Basil • Chicken Tikka 	<ul style="list-style-type: none"> • Margarita • Mushroom • Pepperoni 	<ul style="list-style-type: none"> • Margarita • Roast Vegetable • Chicken 	<ul style="list-style-type: none"> • Margarita • Paneer • Pepperoni
	Sandwich Choice	<ul style="list-style-type: none"> • Chicken Tikka • BLT • Cheese 	<ul style="list-style-type: none"> • Ham and Cheese • Roast Chicken • Paneer Tikka 	<ul style="list-style-type: none"> • Chicken Salad • BLT • Cheese 	<ul style="list-style-type: none"> • Chicken Jalapeno • Club (Bacon& Chicken) • Tomato Mozzarella 	<ul style="list-style-type: none"> • Chicken Salad • Roast Meat • Cheese
	Salad Bar	Organic Salad Bar with a variety of Meats, Raw Vegetables, Lettuce, Condiments and Dressings are on offer.				
Available throughout the day (8 am to 4:30 pm)	Snacks	Burgers (Cheese, Chicken, Veg.), Sandwiches (Peanut Butter Jelly, Bagel Cream Cheese), Samosa, Nachos with Salsa, Vegetable Sticks, Cereals, Popcorn etc.				
	Beverages	Cold Coffee, Chocolate Milk and Tetra pack Juices . We also have Milk Shakes, Smoothies and Fresh Juices (Please check Flavor of the Day.)				
	Confectione	Croissant, Muffin, Doughnut, Pretzel, Pita Bread with Hummus, Quiche, Puff, Tart, Pastry etc.				
	Fruits	Apple, Kiwi, Orange, Pomegranate, Pear, Banana etc.				