

## **BASKETBALL I -1503310**

Grade 9-12, Credit .50

Basketball I is a high school PE elective. Students will learn the fundamentals of the game to include; shooting, passing and dribbling. They will learn the history of the game and be introduced to the rules and regulations needed to play. We will touch upon defensive strategies that include man to man as well as various zone defenses. By the end of the semester, students will be playing 5 on 5 full court games.