

**Wyandotte Public Schools  
Reproductive Health Advisory Committee**

**Roosevelt High School Parent Letter**

Dear Parents/Guardians:

Your son/daughter will be involved in a program called *Safer Choices*. The 10 lessons teach ways to prevent HIV infection, other sexually transmitted disease (STD), and pregnancy. Students will learn how HIV and other STDs are transmitted and how teens can best protect themselves. Abstinence – choosing not to have sex – will be given as the SAFEST choice for students. However, accurate information about other protection methods also will be provided.

Students will learn and practice ways to resist pressure to have sex. Communication and decision-making skills will be taught throughout the lessons.

The *Safer Choices* program includes homework activities for parents and teens to help them talk about preventing HIV, other STDs and pregnancy. We hope you will do these assignments with your child, and share your knowledge and values. This homework is voluntary, and students will not share their parents' responses in class.

You are welcome to preview the *Safer Choices* program materials. Please contact Assistant Principal DeSana's office at 734-759-5026 to arrange for a preview time and to answer any questions you may have about the program.

A complete list of topics that will be included in these lessons is enclosed.

If you want your son/daughter excused from these lessons, please return the enclosed Exclusion Request by September 9, 2019. Please understand that if your child is excused from these lessons, he/she will still be required to do a report on a selected health related topic.

Sincerely,

Roosevelt High School Physical Education Teachers

**Wyandotte Public Schools**  
**Reproductive Health Advisory Committee**  
**Curriculum Outline**

1. Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.
2. Include a discussion of the possible emotional, economic and legal consequences of sex.
3. Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence
4. Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.
5. Ensure that pupils are not taught in a way that condones the violation of the laws of this state pertaining to sexual activity.
6. Teach pupils how to say “no” to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.
7. Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.
8. Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.
9. Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.
10. Provide information for pupils about how young parents can learn more about adoption services and about the provisions of the safe delivery of newborns law.
11. Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that 1 of the other results of being convicted of this crime is to be listed on the sex offender’s registry on the internet for up to 25 years.

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**Wyandotte Public Schools**  
**Reproductive Health Curriculum**  
**Parent Exclusion Request**

If you **do not** want your son/daughter to participate in the RHS Reproductive Health Curriculum Unit – *Safer Choices* please return this form to his/her Physical Education Teacher by September 19..

Student Name: \_\_\_\_\_

I want my son/daughter to be excused from all Reproductive Health Curriculum lessons. I understand that he/she will be required to write a report on a selected health related topic.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_