From our counselor Maryann Holbrook:

I am here to support you during this uncertain time, and I will be working to make sure your student receives quality school counseling services such as offering academic resources, wellness tips, coping skills, and other helpful information for academic, career, and social/emotional wellness.

Let's stay connected. I encourage you to make an appointment by filling out this <u>Google Form</u> I will respond as soon as I am able with a confirmed time when we can connect via your preference – video conference, or voice call using Teams or by phone. You can also request an appointment by leaving a voice mail on my confidential school phone at 360-966-7561 ext. 7115, or email <u>maryann.holbrook@nv.k12.wa.us</u>. I check my messages and email often. Sincerely,

Maryann Holbrook Nooksack Valley Middle School Counselor