



**VOCATIONAL AND CAREER EDUCATION**

**MAY 4<sup>TH</sup> - MAY 8<sup>TH</sup> 2020**

**This is a general Culinary Arts activity. Please make sure you are checking your BPS e-mail and Microsoft TEAMS for updates from your teachers. They will be sending you other activities that are specifically designed for your class.**

## **Culinary Arts Recipe Research Project**

For this assignment, we will be researching a recipe that you will get from a family member, neighbor or friend. The point of this project is to have a special recipe shared or handed down to you from someone important in your life. This will help you and this special person have some quality conversations while carefully practicing social distancing over the phone, through facetime/similar apps or through email/text. We strongly suggest reaching out to an elder in your family or community. Recipes are a great way to keep family traditions alive for many generations.

Assignment:

- Talk, email, facetime or text with a family member, friend or neighbor about a special recipe that you would like for them to share with you.
- Discuss in detail the recipe, include the ingredients needed, the steps necessary to produce this recipe, the equipment needed, cooking time and temperature and any other important details to properly produce this food product.
- After this conversation takes place, have the person send you the recipe (have them take a picture or e-mail it to you) or write down the recipe in your own words including ingredients and measurements.
- After writing down the recipe, answer the following questions:
  - Why did you/they choose this recipe?
  - Hints/tricks/suggestions to make this recipe better or more successful
  - Why is this recipe special to you or them (was it handed down from your great-grandmother, is it the birthday cake your dad makes every year for you and your brother or is it the meal your mom makes every Monday night?)
- After answering the questions, try cooking the recipe!
  - Then take a photo of the recipe.
- After cooking the recipe, write down your reaction as to how it compares to the original from your friend or family member!



*City of Brockton*

**BROCKTON PUBLIC SCHOOLS**

Michael P. Thomas ♦ Superintendent of Schools

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When you have completed the assignments, save the writing and photos your Office365 OneDrive and feel free to share it with your teacher. They will love to see what you made!