



## Perspective and Differences

- Check out this video- [Service Dog to “Surf-ice” Dog](#) (Perspective)
- Summary- Ricochet, a Golden Retriever begins her training as a service dog from the moment she is born; only to realize that her habit for chasing birds cannot be broken. Ricochet’s owner decides to honor the will of the pup, knowing that she may not keep her clients safe. Much to her surprise, Ricochet likes to surf and befriends a paraplegic surfer, using her skills to help her new friend surf again.
- Debrief-
  - What does this story say about different people’s talents and why we should pay attention to them?
  - How do our choices affect us, our community, and the world?
  - What was selfless about the dog’s trainer?
  - What was the last selfless thing you did?
- Check out this video- [Be my Brother](#) (Differences)
- Summary- Armed with nothing but charm and a dictaphone, a young man with Down syndrome changes the perspective of two people at a bus stop. Light-hearted and silly conversations help to break the barrier of his disability. Though the man seems to be communicating with the lady at the bus stop, the end reveals the other boy at the bus stop is the young man’s brother, and is the true audience for his conversation.
- Debrief-
  - How does our pride affect our (ability to build) relationships?
  - What changed the women’s attitude toward the young man?
  - How can you recognize when someone needs you to “be a brother”?

## Student Character Workouts

**Mad Respect, Yo**

**Think about the person or people that you most look up to and make a list of characteristics that this person (or these people) have.**

Why do you respect them? What can you learn from them? As you make your list, write down what you think their definition of respect is and how it’s different from your own.

*Respect*

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## Mad Respect, Yo

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Reflect:

- What did you notice about the characteristics of the person you chose?
- Does this person know how much you respect them? Maybe take a moment to call, text or write a letter letting them know what a positive influence they have been in your life.

**Accountabilibuddies**

**Set a personal goal and tell 5 people about it to keep yourself accountable.**

The more people who know about your goals, the more likely you are to be reminded of them. Intentionally ask people that will challenge you to accomplish this goal. If you ask 5 people to hold you accountable to run a marathon in 6 months, odds are good that at least one of them will bug you about it. In order to maximize our dreams, we need people nudging us along the way.

*Commitment*

Icons: dumbbells, alarm clock, hearts, and a person with a heart.

## Accountabilibuddies

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Reflect:

- Why did you choose your specific goal?
- Did your accountability partners help you accomplish your goal? Why or why not?

**Family Character Workouts-** Tools to connect and build character while at home.

**SWEET NEIGHBORS**

**FAMILY (C.A.R.E.)**

Bake something sweet and share the goods with a neighbor or friend nearby.

If you have a special recipe, teach your student how to make it! If not, look something up together and see if you can make something delicious. If it doesn't turn out the way you want, you can always eat it yourself and try again next week!

Icons: dumbbells and a person with a heart.

*Character Strong*

## Sweet Neighbors

Bake something sweet and share the goods with a neighbor or friend nearby. If you have a special recipe, teach your student how to make it! If not, look something up together and see if you can make something delicious. If it doesn't turn out the way you want, you can always eat it yourself and try again next week!

The graphic features the title 'GRATITUDE GRAMS' in large, bold, black letters. Below it, the text 'FAMILY (C.A.R.E.)' is written in a smaller font. To the right, there are two paragraphs of text: 'Create a card with a note about a favorite memory or moment that you've shared with a neighbor or someone that lives nearby. Sign it as a family and drop it off in their mailbox or at their door.' and 'Want to take it to the next level? Offer a date and time to connect for a neighbor hangout for food or games!'. At the bottom, there are two icons: a dumbbell and a speech bubble, and the 'Character Strong' logo in a cursive font.

### Gratitude Grams

Create a card with a note about a favorite memory or moment that you've shared with a neighbor or someone that lives nearby. Sign it as a family and drop it off in their mailbox or at their door. Want to take it to the next level? Offer a date and time to connect for neighbor hangout for food or games! (With appropriate social distancing)

*\*Please note: Character Strong has graciously provided these materials to all schools at no charge for use during this time. Character Strong has given permission to the Spring Branch Independent School District to share these resources with SBISD families. For more information about Character Strong, go to <https://characterstrong.com/>.*