



# CHARTIERS VALLEY Strong

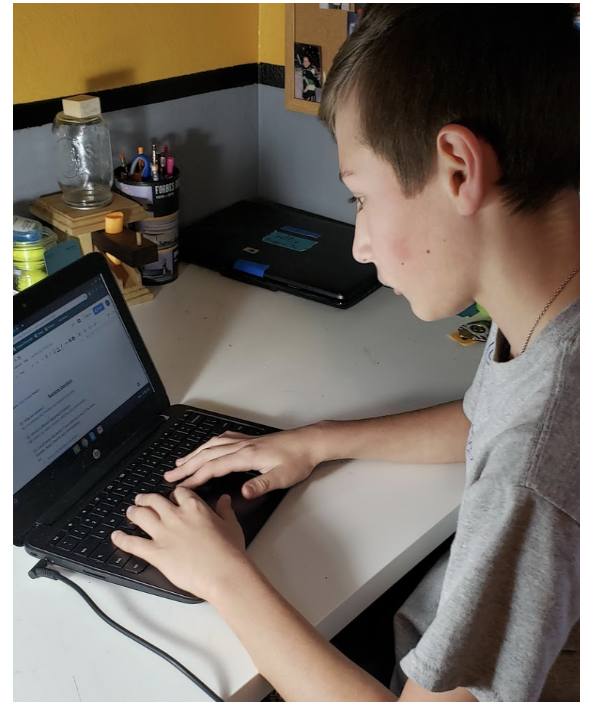
## SERVING & SUPPORTING FAMILIES THROUGH THE COVID-19 CRISIS

It is no secret that the people of Charters Valley School District and surrounding communities are known for their support and generosity, especially during times of adversity.

Amid the hardships caused by the novel coronavirus pandemic, many people are stepping up to do good in the Charters Valley community. Since March 13, 2020, students, teachers, staff, and members of the community have been working together to support each other and hold true to a deep-rooted tradition of compassion and service.

This brief newsletter highlights just a few examples of the inspiring and uplifting gestures that have come to our attention over the last several weeks. There are surely more examples, and we would love to hear about them.

Thank you once again to our community, students, and staff who are making this crisis a little more bearable each and every day.



## REMOTE LEARNING PHILOSOPHY

Amid the sudden shock and uncertainty surrounding the COVID-19 pandemic, many are experiencing overwhelming feelings of grief, stress, and anxiety. Consequently, CV educators are taking a trauma-informed approach to remote learning. This philosophy includes four core priorities:

- **Predictability.** Establish new routines and maintain clear communication.
- **Flexibility.** Accommodate for varying household responsibilities, learning environments, and access to resources
- **Connection.** Prioritize relationships and well-being over assignments and behavioral compliance.
- **Empowerment.** Relax rigid expectations and focus on empowering students through shared decision-making and opportunities for social interaction.



# WE'RE IN THIS TOGETHER, APART.

As the heart of the community, Chartiers Valley School District provides more than instruction and learning. Many of our families depend on CV for meals, technology, child health and wellness, guidance and counseling services, friendship, camaraderie, and so much more!

proactively by loaning devices to families without personal computers, tablets, etc.



While many of the end-of-the-year traditions have been thwarted by the current COVID-19 situation, CV faculty and staff have improvised to make it up to our students.



The Nutrition Group and cafeteria staff have been on site daily since mid-March. To date, they have provided over 2,400 meals to qualifying students!

Students, teachers, and administrators are working to create memorable and special ways to recognize our graduating seniors.



School counselors continue to support those affected by the COVID-19 pandemic and resulting social and emotional hardships by reaching out to individual families, sharing "Mindful Monday" videos, and providing resources.

CV staff, students, and families truly are in this together!



With instruction transitioning to an online environment so suddenly, some students found themselves without the technology needed to access learning opportunities.

While CV Middle and High Schools boast one-to-one student-to-device ratios, elementary students do not have individual District-issued devices. CV responded

High School counselors are remotely guiding our seniors through new college admissions and scholarship processes.







# " LOOK FOR THE HELPERS "

Mr. Rogers once recalled his mother's wisdom: "Look for the helpers. You will always find people who are helping." At Chartiers Valley, we don't have to look very far at all...

- Several CV teachers and families are sewing and 3-D printing masks, shields, and ear guards for essential workers and neighbors.
- One teacher is packing and delivering meals for Light of Life Rescue Mission, and others are gathering donations for the Bridgeville Food Bank.
- A CV mom created a Facebook group called "Adopt a Senior" where members commit to sending small gifts and cards to the Class of 2020 students.
- Elementary students and staff joined forces (from a distance) on Earth Day to plant trees

and clean up litter.

- Our local Fire and Police Departments loaned a trailer to help CV's food service department with meal distribution.
- One of our school nurses teamed up with her husband and his police officer friends to donate and distribute pizza to hungry families.
- The fifth grade team is planning a parade celebration to officially promote the fifth grade class to Middle School.
- The CV Athletics office delivered yard signs to all senior spring athletes who are missing out on their final season as Colts.
- The District donated over 300 masks to the region's medical workers.

## #CVSTRONG #CVSTRONG #CVSTRONG



Inspired by the strength of the people of Chartiers Valley, #CVstrong is a social media campaign initiated to bring to light the ways in which our community has come together to support one another.

Even when actually being together is not an option, students, teachers, SROs, and school leaders are "flexing" their muscles, staying strong, and empowering others to persist through this unprecedented crisis.

The Colt community is encouraged to use this hashtag on social media to share acts of kindness and strength, inspire hope, and tell the CV story!